Equus Journeys
HORSEBACK TRAVEL & EQUESTRIAN TRADITIONS SINCE 1972

+44 (0) 1905 388977 info@equus-journeys.com

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Summer Expedition in Swedish Lapland

SWEDEN

Embark on a unique horseback **adventure** through the untamed landscapes of **Swedish Lapland.** This **authentic trail** invites you to disconnect from the modern world and embrace the rhythm of the wilderness - cooking over open fires, camping beneath wide Nordic skies and sharing simple, hearty meals with fellow riders. Your nights alternate between rustic cabins and traditional Sámi tipi tents, offering a genuine taste of life in the far north. This **expedition** is better suited for strong intermediate riders looking for an adventure.

Pack Trip	**7 days (6 days riding)**	**From £1,628**	


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ITINERARY

Highlights

- Ride through the pristine wilderness of Swedish Lapland, from mountain plateaus to wide open valleys

- Discover Sámi culture and enjoy nights sleeping in traditional tipis or rustic mountain cabins

- Embrace the chance to spot reindeer, moose, and native bird species in their natural habitat

- Cook and share meals over a wood fire, featuring local specialties such as reindeer and fish

Day 1 — 1: Home – Kiruna Airport - No riding

Farm stay

Fly to Kiruna airport. Flights are not included but can be arranged upon request. Please make sure to book a flight landing before 3pm.

Upon arrival, you will be transferred from the airport to the farm (around 30min) - please note that you may need to wait for other participants to arrive.

Dinner with fellow riders and guides. Overnight at the farm.

Note: Depending on flight schedules, it may be necessary to stay overnight in Stockholm before travelling on to Kiruna.

Day 2 — 2: Kalix River & Mountains - Approx. 4h riding

Sami Tipi

After breakfast, you will set off by car to reach the starting point of the trail.

Throughout the ride, one horse will carry the food supplies. Each rider will be given saddle bags to carry their personal belongings.

Today, you will follow the south bank of the Kalix River and take in the first mountainous landscapes of your trip.

Dinner will be around a campfire, and you'll spend the night in a traditional Sámi tipi tent, sleeping on reindeer hides around a warm stove. Everyone is expected to take part in setting up the camp, preparing meals, and performing various tasks.

Note: Depending on the departure, this trail can also be done in reverse order.

Day 3 — 3: Mountain trails - Approx. 4h riding

Mountain Cabin

Today you will set off through the mountains. You'll enjoy magnificent landscapes, and you may catch sight of reindeer, elk, or wild birds.
Tonight, you'll sleep in a rustic cabin in the village of Ratekjokk. There is a sauna for all guests to enjoy.

Day 4 — 4: Ratekjokk loop - Approx. 4h riding

Mountain Cabin

After breakfast you will prepare the horses and set off towards the mountains for a loop trail around Ratekjokk.
From the summits, you'll have splendid views of the valley.

Return to the cabin in the late afternoon. Overnight at the cabin.

Day 5 — 5: Highlands - Approx. 4h riding

Sami Tipi

Today's trail will take you through the mountain and its moorlands. From this open, untouched terrain, the view of the valley below is extraordinary. With some luck, you may spot wildlife moving through the landscape.

In the evening, you'll gather for a hearty dinner and spend the night in a traditional tipi.

Day 6 — 6: Puoltsa Valley - Approx. 4h riding

Farm stay

On your final day of riding, you'll traverse wide, open landscapes, enjoying the authenticity and calm of the natural surroundings. The ride takes you down into the Puoltsa Valley, where the farm awaits.

After the ride, there's time to freshen up with a shower before gathering together for your last meal, sharing memories from the journey.

Overnight at the farm.

Day 7 — 7: Kiruna - Home

After breakfast, you will be transferred to Kiruna airport. Please book a flight departing after 11am.

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS
27/06/2027	03/07/2027	£1,628	Open
11/07/2027	17/07/2027	£1,628	Open
25/07/2027	31/07/2027	£1,628	Open

01/08/2027	07/08/2027	£1,628	Guaranteed departure
08/08/2027	14/08/2027	£1,628	Open
22/08/2027	28/08/2027	£1,628	Guaranteed departure

Price details

- Flights or transportation to your destination (international/domestic) are not included but can be booked on request - please contact us for rates.

- Rates are per person, based on riders sharing accommodation during the ride.

- Groups are composed of a minimum of 3 riders and a maximum of 10 international riders, plus guides.

- There is no single supplement on this ride, and you must be willing to share.

- Scheduled transfers from Kiruna airport are included.
Flights should land before 3pm. On the last day, your flight should depart after 11am.

- Accompanied minors are welcome from 12 yo, provided they match the riding requirements.
Please Note
The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.
The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English-speaking guide

INLAND TRANSPORT

Airport transfers (within the schedule)

ACCOMMODATION

Shared accommodation throughout the trail
Sleeping bag

MEALS

Full board from dinner on day 1 to breakfast on day 7

ADDITIONAL EQUIPMENT

Saddle bags

Price doesn't include

MEALS

Beverages and personal extras

TRANSPORT

International flights

EXTRAS

Tips to the local team

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

EQUESTRIAN INFO

Horses

The herd consists of 20-30 Icelandic horses. They are used both for trail rides and for riding lessons. Icelandic horses are small, hardy, and versatile – known for being tough yet good-natured, with plenty of energy. They are between 12,7hh to 14,7hh.

In Sweden, Icelandic horses live both outdoors and in stables.

Guide & local team

The guides are all locals, and their knowledge of Lapland allows them to adapt the itinerary to environmental and weather conditions, ensuring you have a smooth experience.

Minimum riding ability

MINIMUM RIDING ABILITY

This ride is open to strong intermediate riders and above. All riders must be independent, balanced in the saddle and comfortable at all paces.

A good fitness level is required for this trip.

Rider weight limit: 85 kilos / 187 lbs / 13.3 st.

PACE

The main pace is walk, but there are several sections where tölt - a fast and exceptionally comfortable gait - is possible.
While there are sections that allow for canters, the mountainous terrain means this is generally a moderate-paced trail focused on enjoying the scenery and connection with nature.

TACKING ABILITY AND PARTICIPATION

On the trail, all riders are responsible for helping groom, tack or untack their horses.
At camp, everyone is expected to help with setting up tents, preparing meals, and other shared duties.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

The riding is not overly technical, but riders need to be physically fit and used to riding outdoors for several hours over varying terrain.

This ride is designed for those seeking adventure – you should be comfortable spending long periods outside in a remote area. Guests need to be happy to help look after the horses and to assist with camp tasks. We recommend that you already have some experience of wild camping before booking this trip.

EQUESTRIAN EQUIPMENT

Icelandic trail riding saddles.

Helmets are mandatory and are available to borrow locally, but we highly recommend you take your own to ensure the correct fit.

The team also has the following items available locally to borrow: winter shoes, overalls, hats, gloves and scarfs.

TRAVEL INFO

COMFORT

On this trail you will share rooms or tents with other riders. Please note that accommodation may be mixed between male and female guests.

Your first and last nights are spent at the farm, where there are twin/double rooms. Bathrooms are available but are shared.

During the trail, you will experience two very different types of accommodation:
• Two nights in traditional Sami tipis. Each tent accommodates 5-6 people sleeping together around the central fireplace.
• Two nights in a rustic mountain cabin, offering basic comfort. A traditional wood-fired sauna is available.

Bathroom facilities along the trail are limited - there may be a long-drop toilet but no running water. A nearby river often provides water for washing.

Please note: You will need to bring your own sleeping bag liner. Sleeping bags are provided locally.

MEALS

Meals feature local produce, including reindeer and fish. Some lunches will be enjoyed outdoors in the wilderness. Dinner is usually served at the farm.

Vegetarian and other special dietary requests can usually be accommodated if mentioned in advance - please inform your travel advisor upon booking.

Alcoholic drinks are not available on site, but you are welcome to bring your own.

CLIMATE

During summer, temperatures in northern Sweden are generally mild, ranging from 15-22°C (59-72°F), though nights can be cooler. Rain is possible but usually light, and humidity is low.
It's important to keep in mind that you may experience the Midnight Sun: above the Arctic Circle, the sun remains above the horizon for several weeks from late May to late July.

TIPS

Tips are left at your own discretion (cash only).

PACKING LIST

Please pack carefully and sensibly: the following guide is here to give you an idea of what to bring. This list must be adapted depending on the season and individual needs.

Each person will be given a set of saddle bags to carry their belongings, so please be mindful when packing. We recommend that guests bring dry bags.
Although this trip is scheduled for the summer months, please keep in mind that the weather can still be cold.

Head
- Riding helmet
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana
- Warm hat for cold nights

Upper body
- Thermals (long or short-sleeved)
- Long-sleeved shirts provide protection from the sun and are an extra layer
- T-shirts
- Lightweight fleece or jumper
- Warm fleece or jumper (and a spare in case one gets wet)
- Warm and waterproof jacket - it can rain at any time of year, and the evenings can be particularly cold. No ponchos or anything that can flap around!
- Swimwear

Legs
- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Thermals
- Casual trousers for the evenings, such as jeans or tracksuit bottoms
- Waterproof over trousers

Hands and Feet
- Wellies or similar. You may also opt for hiking boots with half chaps. We don't recommend taking your favourite long leather boots in case they get damaged.
- Trainers or equivalent light shoes for moving around in the evenings

- Several pairs of warm, thick socks
- Gloves. Waterproof gloves can be particularly useful

Nightwear

- Sleeping bag liner - silk, cotton, or fleece - adds an extra layer
- Camping pillow (not essential but very useful)
- Pyjamas or tracksuits, or thermals for sleeping in

Other useful items
- Toiletries
- Bumbag for carrying items whilst riding
- Water bottle
- Swiss army knife (or equivalent)
- Ear plugs (for light sleepers)
- Eye mask

Medical kit
- Any medication you regularly take
- Sunscreen and lip balm - should be high factor
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Antiseptic wipes
- Handwash gel

Our Recommendations
- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day.
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- You should also bring a copy of your passport/insurance in case you lose your documents. You can also save a copy into your mobile phone.

SUSTAINABLE TOURISM

1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
2. **Reduce plastic waste.** Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
4. **Choose your experiences carefully.** Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
6. **Share!** Raise awareness among your family and friends about sustainable tourism.

For more information please see this page .