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# Taste of Trail

#### **ITALY**

Enjoy this holiday in **Tuscany** that will gently **ease into trail riding**. Whether you are a novice or an experienced rider, this week offers the perfect opportunity to relax in the serene surroundings of a traditional agriturismo. Nestled on the edge of the forest, with nature all around, your horse will be your companion as you explore Tuscany's rolling landscapes and ancient **Etruscan heritage** 

Centre based holidays \angle 8 days / 6 days riding \begin{array}{c} \mathbb{E} \text{ From £1,096} \\ \mathbb{O} \mathbb







#### **ITINERARY**

## Highlights

- An ideal holiday to get you back in the saddle smoothly!
- Experience western riding in the Tuscan countryside
- Enjoy traditional home cooked meals a feast every night!

## Day 1 - 1 : Home - Rome - Agriturismo

(zzz Agriturismo Il Cornacchino

On your arrival at Rome Fiumicino airport, you will be met by one of the local team and driven to your guest house (approx. 2h 30 mins).

Flights are not included but can be booked on request. Transfers are also not included and will be invoiced at the time of booking – alternative transfer options are available, please see "dates and prices".

## Day 2 - 2: Agriturismo - 2 hours riding

( Zzz Agriturismo Il Cornacchino

During the first three days, you will ride for 2 hours each morning. This allows you to ease gently into the saddle and get to know the horse with which you'll set off on your trek at the end of your stay.

Enjoy a lovely breakfast in the common room. Today, you will ride in the woods, through forests and valleys. Breakfast, lunch and dinner at the farm.

## Day 3 - 3: Agriturismo - 2 hours riding

This morning, you will once again spend two hours riding, after which you have the rest of the day free!

You can take time to enjoy the surrounding nature, observe the instructors working with the horses, and relax at the small bar where riders gather after their activities.

Dinner and overnight stay at the agriturismo.

## Day 4 - 4: Agriturismo - 2 hours riding

( Zzz Agrituris mo Il Cornacchino

This morning, you will once again spend two hours riding, after which you have the rest of the day free!

You can take time to enjoy the surrounding nature, observe the instructors working with the horses, and relax at the small bar where riders gather after their activities.

Dinner and overnight stay at the agriturismo.

## Day 5-5: Tuscan countryside - Approx. 5h riding

(zzz Agriturismo Il Cornacchino

Today you will set off on your first full day trail!

You will travel through the typical landscapes of Tuscany: rolling meadows, beech forests, villages and Etruscan roads carved into the rock. Picnics are made up of local Italian produce.

In the late afternoon, once the horses have been cared for, you will be taken back to the agriturismo for dinner and overnight.

## Day 6 - 6: Tuscan countryside - Approx 5h riding

( Zzz Agrituris mo Il Cornacchino

Today you will be transferred back to the horses and continue your journey through the Tuscan countryside.

After a full day in the saddle, you will be transferred back to the agriturismo for dinner and overnight.

## Day 7 - 7: Agriturismo - Approx. 5h riding

( Zzz Agriturismo Il Cornacchino

This morning, you are driven to the spot where the horses were left the previous evening, and from there you set out on your final ride back towards the agriturismo.

In the evening, a special farewell dinner awaits.

## Day 8 — 8 : Agriturismo - Rome - Home

After a final breakfast at the guest house, you will be driven to the airport in Rome for your flight back home.

DATES & PRICES				
RETURN	PRICE WITHOUT FLIGHTS	STATUS		
28/03/2026	£1,096	Open		
04/04/2026	£1,096	Guaranteed departure		
11/04/2026	£1,096	Open		
18/04/2026	£1,096	Open		
25/04/2026	£1,096	Full		
02/05/2026	£1,096	Open		
	28/03/2026 04/04/2026 11/04/2026 18/04/2026 25/04/2026	RETURN     PRICE WITHOUT FLIGHTS       28/03/2026     £1,096       04/04/2026     £1,096       11/04/2026     £1,096       18/04/2026     £1,096       25/04/2026     £1,096		

02/05/2026	09/05/2026	£1,096	Open
23/05/2026	30/05/2026	£1,096	Open
20/06/2026	27/06/2026	£1,096	Guaranteed departure
18/07/2026	25/07/2026	£1,096	Open
25/07/2026	01/08/2026	£1,096	Open
01/08/2026	08/08/2026	£1,096	Open
08/08/2026	15/08/2026	£1,096	Open
15/08/2026	22/08/2026	£1,096	Open
22/08/2026	29/08/2026	£1,096	Open
05/09/2026	12/09/2026	£1,096	Open
17/10/2026	24/10/2026	£1,096	Guaranteed departure
24/10/2026	31/10/2026	£1,096	Open

### Price details

- Flights to your destination (international/domestic) are not included, but can be booked on request please contact us for rates.
- Rates are per person, based on two riders sharing a twin or double room.
- Groups are made up of 3 to 8 riders of varying nationalities. Your guide will speak Italian and English
- There is no single supplement if you are willing to share a room with another guest of the same sex. To guarantee your own room there is a single supplement of €190/£165/\$225. Please note that private ensuite bedrooms are not always available.
- The transfers to and from Rome airport to the guesthouse are not included in the price €260/£225/\$305 per person, return rate. This amount can be invoiced or paid locally.

#### Transfer schedule:

- > Saturday pick-up in Rome Ciampino: 3pm. or Rome Fiumicino: 4pm.
- > Saturday departure from the centre at 9:30am, arrival in Rome between 12:00 and 1pm
- It is also possible to take the train from Fiumicino airport to Chiusi Chianciano tickets found here. Return tickets cost around €50-€60 and the trip takes around 2h40min to 3 hours. The return transfer from Chiusi Chianciano to the guesthouse is €40/£35 (1 hour drive). Transfers to and from Chiusi Chianciano train station are on Saturday between 9 am and 10 am and between 5:30 pm and 6:30 pm. Private transfers can be organised outside of these hours but at an extra cost of €60/£55, per way, per person.
- Young riders from the age of 14 yo are welcome provided they are accompanied by an adult.
- Rider weight limit:  $100 \, \text{kg} / 15 \frac{1}{2} \, \text{st} / 220 \, \text{lbs}$

#### Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

### Price includes

### **SUPPORT TEAM**

1 English speaking horse guide

#### **ACCOMMODATION**

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Double/twin room in a guesthouse

#### **MEALS**

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Full board from dinner on day 1 to breakfast on the final day (day 8). Water included at meal times.

### Price doesn't include

#### **MEALS**

Beverages and personal extras

#### **TRANSPORT**

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International flights that we can book for you upon request

#### **EXTRAS**

Tips to the local team

#### **INSURANCE**

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

### **Optional**

#### **ACCOMODATION**

Single room supplement

#### **TRANSPORT**

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Airport transfers

#### **EQUESTRIAN INFO**

### Horses

A herd of 60 horses: Halfingers, Appaloosas, Pintos, Maremmano and Arabs. They have all been trained for outdoor western riding and trekking in particular. They are all very well trained, docile and reliable. They live year-round outdoors in small herds.

#### Guide & local team

Fabio has been raising, breaking in and training horses for over 30 years. He has made a reputation for himself through his skills starting young horses as well as reeducating, so-called, problem horses. Specialised in outdoor western riding; it is Fabio who supervises the horses' care and acts as blacksmith, as well as teaching horse riding and the taking care of the general management of the farm.

The team are all English speakers.

## Minimum riding ability

#### **MINIMUM RIDING ABILITY**

To take part in this riding holiday, you must be an intermediate rider or above. Riders should be at ease at all 3 paces across uneven terrain.

Rider weight limit: 100 kg/151/2 st/220 lbs

#### **PACE**

You will ride over sometimes rocky terrain. There will be occasional trots and canters but this is not a fast paced holiday.

#### TACKING ABILITY AND PARTICIPATION

Each person is responsible for grooming their horses. Horses will be tacked and untacked for you. You also have the option to assist with feeding and

watering.

### TRIP CONDITIONS AND REQUESTED EXPERIENCE

Previous experience of Western riding is a plus, but is not necessary.

#### **EQUESTRIAN EQUIPMENT**

Western saddles and saddle bags

Helmets are mandatory for minors. We recommend all our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

#### **TRAVEL INFO**

#### **COMFORT**

You will be staying in a comfortable and welcoming guest house in the grounds of a horse farm. You will be staying in double rooms with either a private or shared bathroom.

#### **MEALS**

The chefs always search out fresh and healthy products for their traditional Tuscan cuisine. The day's menu is never the same twice and each day there are delicious meat and vegetarian options. The dining room is also open to people who aren't staying at the guest house, giving you the chance to get to know the locals!

During the full day rides, the lunches are picnic-style.

Water is included at meal times and wine can be paid for locally.

#### **CLIMATE**

Tuscany has a Mediterranean climate with hot summers, cold winters and a rainy season from the start of autumn to the beginning of winter. The months that are the most humid are October and December - often seeing heavy rain that can last for several days.

However, autumn and in spring, it is still likely that it will be hot during the day, with a lot of sunny days. July and August are the hottest and driest months.

#### **TIPS**

Tipping is not obligatory, however one can be made to the local team at your discretion.

#### **PACKING LIST**

Head

- A riding helmet is strongly recommended, and mandatory for minors. Helmet makers (GPA, HKM, LAS Helmets, Lamicell, Troxel, Equithème) now offer horse-riding helmets that are ventilated, strong, light and comfortable.
- Sunhat: cap for when not riding
- Sunglasses with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the sun and dust

#### Upper Body

- Thermals in case of cold weather (long or short-sleeved T-shirts)
- Short or long-sleeved cotton shirts (to provide protection from the sun) or T-shirt in a quick-drying material
- Lightweight fleece or jumper
- Warm polar fleece or equivalent (plus a spare in case one gets wet)
- Warm Goretex-style jacket (water-proof and breathable)

### Legs

- 2 pairs of jodhpurs or long leather trousers
- 1 change of trousers (riding trousers or jeans)
- 1 pair of waterproof over trousers
- A swim suit may be useful

- Cotton or synthetic underwear (non-irritant)

#### Hands and feet

- 1 pair Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps or long boots.
- 1 pair of sandals
- Lightweight shoes or trainers for the evenings
- Several pairs of socks
- Gloves your hands are particularly exposed to the sun, wind or rain whilst riding

#### Night gear

- Pyjamas, tracksuits or thermals for sleeping in

#### Other useful items

- Small bumbag to be worn whilst riding
- A soothing cream may be useful to treat areas irritated by long hours in the saddle
- Backpacks are not to be worn whilst riding. Everything should be kept either in pockets or in a bumbag: lip balm, sun screen, small camera, glasses, rope etc.
- Water bottle (1.5 litres or 2 equivalent)
- Toiletries
- Toilet paper and a lighter to burn it after use
- Swiss army knife or equivalent (in checking-in luggage!!)
- Small plastic bags for you rubbish
- Ear plugs (may be useful)
- Camera and high capacity memory card. Spare battery
- A pair of binoculars

#### Medical kit

- Sunscreen and lip balm should be high factor
- Insect repellent
- Any medication you regularly take
- Vitamin C tablets
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..
- 10cm wide bandage
- Painkillers
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

#### General information

- Any liquids, such as shampoo, moisturiser, deodorant over 100 ml and all bottles can be decanted into small, clear, plastic ziplock bags. We recommend biodegradable washing products where possible.
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- In your hand luggage carry any valuables, such as your camera, ipod, ipad etc.
- Travelling in your riding boots and carrying your hat and some riding clothes is highly recommended then if your luggage goes astray you are still able to ride!