Equus Journeys
HORSEBACK TRAVEL & EQUESTRIAN TRADITIONS SINCE 1972

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Exploring Romo island

DENMARK

On this riding holiday, you will discover the beauty of **Denmark's island of Rømø**. Perfect for intermediate riders and above, this programme combines lovely trails that will introduce you to the island's countryside and coastline. Each night you will spend in a comfortable hotel that offers varied activities, **including spa amenities**. With the combination between trail rides and leisure time, this holiday provides an **ideal mix of adventure and relaxation**

Beach Ride	**8 days (5 days riding) -**	**From £0**		Open to non-riders





ITINERARY

Highlights

- Discover the breathtaking landscapes of Rømø island
- Enjoy lovely gallops on the beach (advanced riders only)
- Experience the tölt – a special gate of the Icelandic horses

Day 1 — 1: Home – Billund Airport - No riding

Hôtel Kommandorgarden

Fly to Billund airport. Flights are not included but can be arranged upon request. Please make sure to book a flight landing between 1-pm and 4pm. Upon arrival, you will be transferred from the airport to the accommodation (approx. a 1.5h drive).

Please note that transfers may also be arranged from the Havneby ferry or from Niebüll train station in Germany.

Enjoy your first dinner at the hotel, followed by a welcome cocktail where you can meet the local team and the other riders.

On the day of arrival, you will receive your personalised itinerary detailing your daily activities and schedule. The programme includes:

• One 2-hour trail on Havsand Beach
• One 3-hour trail in the Sonderstrand and Havsand beaches
• One 2-hour forest trail in the Kirkeby plantation
• One 5-hour excursion on the island of Rømø
• One 4-hour trail to the "Slagterbanken" beach

• A free day
• Departure day (with the option to add additional rides or book a massage at an extra cost)

The order of these activities may vary. The daily schedule on our website is provided as an example.

Day 2 — 2: Kirkeby Plantation - 2h riding

Hôtel Kommandorgarden

Today, you will set off on your first ride to explore one of Denmark's largest plantations, Kirkeby.

Lunch is not included. All rooms come equipped with a small kitchen so you can prepare your food, or you may opt for a hearty meal at the hotel's restaurant. Plan to spend between €25-€50 per person for lunch at the restaurant. Alternatively, there is a supermarket available 200m away from the hotel.

Aside from horse riding, you can enjoy the pleasant surroundings of the equestrian farm. The amenities include an outdoor pool, indoor pool, sauna and a gym, all of which you are welcome to use at no extra cost.
You may also treat yourself to a massage at the wellness centre, a carriage ride, a canoe outing or fishing (some of these activities are not included in the price).

Dinner and overnight at Hotel Kommandorgarden.

Day 3 — 3: Slagterbanken - 4h riding

Hôtel Kommandorgarden

This morning, set off on a 4-hour trek towards Slagterbanken Beach, a vast white sand beach where you'll have the chance to enjoy beautiful, long gallops along the ocean or on Sonderstrand.

Lunch is not included.

Beyond horse riding, you can enjoy the pleasant surroundings of the equestrian farm. The amenities include an outdoor pool, indoor pool, sauna and a gym, all of which you are welcome to use at no extra cost.
You may also treat yourself to a massage at the wellness centre, a carriage ride, a canoe outing or fishing (some of these activities are not included in the price).

Dinner and overnight at Hotel Kommandorgarden.

Day 4 — 4: Sonderstrand and Bananklitten beach - 3h riding

Hôtel Kommandorgarden

Today, each group will set off on a separate trail to explore the Sonderstrand beach, which stretches as far as the eye can see. This beach is popular for numerous activities including sand yachting or kite buggying – a three-wheeled buggy pulled by a kite. If the weather allows, experienced riders will be welcome to swim with the horses.
You will return to the hotel in time for lunch (not included).

Beyond horse riding, you can enjoy the pleasant surroundings of the equestrian farm. The amenities include an outdoor pool, indoor pool, sauna and a gym, all of which you are welcome to use at no extra cost.
You may also treat yourself to a massage at the wellness centre, a carriage ride, a canoe outing or fishing (some of these activities are not included in the price).

Dinner and overnight at Hotel Kommandorgarden.

Day 5 — 5: Free day - No riding

Hôtel Kommandorgarden

Today is a rest day for you and the horses. You can try one of the many activities offered by the equestrian centre, go on a walk along the Warren seashore or choose to relax at the hotel.

Lunch is not included.

There is an option to add a trail ride for an additional fee.

Dinner and overnight at Hotel Kommandorgarden.

Day 6 — 6: Romo Tour - 5h riding

Hôtel Kommandorgarden

After breakfast, experienced riders set off for a half-day horse trail across the island of Rømø. You will ride through the Varby plantation and countryside trails that lead you to Sonderstrand beach. Here, you will enjoy long and exhilarating canters along the beach.
After passing Lakolk beach, one of the largest beaches in Europe, you will arrive at Lakolk, where a light picnic lunch awaits you (included).

In the afternoon, you will ride towards the Kirkeby plantation and enjoy the forest trails, before returning to the equestrian farm.
Less confident riders will have a shorter ride in the countryside.

Dinner and overnight stay at the hotel.

Day 7 — 7: Havsand - 2h riding

Hôtel Kommandorgarden

Today, each group sets off separately on a ride to Havsand beach, a fine sandy beach, stretching as far as the eye can see along the Danish coast. You will enjoy long canters on the sand and ride up over the dunes to take in the stunning views over the beaches of the island of Rømø (less confident riders will enjoy slower paces).

Return to the equestrian farm at a tölt pace after a lovely seaside outing. Lunch is not included.

Day 8 — 8: Billund Airport - Home

After breakfast, you will be transferred to the airport. Please book a flight departing after 12pm (midday) to allow time for your transfer.

DATES & PRICES

We are currently updating our dates and prices they will be online soon. If you want details of this holiday, please do not hesitate to contact us.

Price details

No departure for this destination. Please contact our travel advisers for more information.
- Flights or transportation to your destination (international/domestic) are not included but can be booked on request - please contact us for rates.

- Rates are per person, based on two riders sharing a twin or double room during the ride (half board, excluding drinks).

- Groups are composed of a minimum of 1 rider and a maximum of 20 international riders, plus guides (per riding group).

- If you sign up to the ride as a solo rider, you will be charged a single room supplement of approx. €285/£255/$330.

- Transfers to/from Billund airport are not included. They are payable locally and the rates are as follows (per person, per way):

1 person - DKK 1500 (~€200)
2 people – DKK 955 (~€135)
3-4 people – DKK 695 (~€95)

Arrival flights should be land between 1pm and 4pm. Departure flights should be scheduled after 12pm (midday).
It is possible to arrange transfers from Skærbæk or Niebüll train station in Germany, please enquire for further details.

- Discounts:
- Accompanied minors are welcome from 4 yo, provided they match the riding requirements. Children aged 11 or under will receive a 20% discount
- Non-riders will benefit from a discount, please contact us for a detailed quote.

- Rider weight limit: 95kg / 210 lbs / 15 st. It is possible to accommodate one heavier rider (up to 110kgs) per group, please contact us for further

details.
Please Note
The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.
The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English-speaking horse guide

LOGISTICS

1 horse equipped with saddle and bridle per rider

ACCOMMODATION

Double/twin room at the hotel

MEALS

Half board from dinner on day 1 to breakfast on day 8
Picnic lunch on day 6

EXTRAS

25 minute massage

Price doesn't include

MEALS

Lunches (expect on day 6), beverages and personal extras
Beverages and personal extras

TRANSPORT

International flights
Return airport transfers

EXTRAS

Tips to the local team

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

EQUESTRIAN INFO

Horses

The herd consists of 70 Icelandic horses, one Shire and one Shetland pony.

The Icelandic horse is a small, powerful horse with a calm and steady temperament. It is used in many disciplines due to its great versatility. It is a very popular horse, valued for its pleasant nature and genuine willingness to cooperate.
The Shire is one of the oldest horse breeds. Used today for carriage driving or agricultural work, it is a brave, patient and gentle horse, often nicknamed the "gentle giant."

Please note you will change horses regularly throughout your stay.

Guide & local team

You will be accompanied by an English-speaking guide

Minimum riding ability

MINIMUM RIDING ABILITY

To participate in this holiday, you should be comfortable at all paces in outdoor settings.

Rider weight limit: 95kg / 210 lbs / 15 st. It is possible to accommodate one heavier rider (up to 110kgs) per group, please contact us for further details.

PACE

There will be long periods of tolt along the sandy tracks. On more challenging terrain, the horses revert to a trot or walk.
Longer canters are possible when the terrain allows.

TACKING ABILITY AND PARTICIPATION

You will be responsible for grooming, tacking and untacking your horse. You are welcome to help with feeding.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

The ride is not technically challenging, but you must always remain in control of your horse and be comfortable riding in the outdoors.

EQUESTRIAN EQUIPMENT

Comfortable Icelandic saddles.

Helmets are mandatory and are available locally. We recommend you take your own helmet to ensure the correct fit.

TRAVEL INFO

COMFORT

The hotel is located next to the equestrian centre.
You will stay in simple, rustic rooms with a small bathroom. All rooms come equipped with a small kitchen.
The hotel's restaurant serves à la carte meals. Wi-Fi is available.

Riders have free access to the pools. Massages are available on-site at an additional cost. The hotel also provides canoes and bicycles to rent (not included).

MEALS

Half-board (breakfast & dinner, excluding drinks).

Breakfast buffets include coffee, milk, bread, cereals, eggs, cold meats, cheese, croissants and yoghurt.
Lunches are at your leisure. The hotel has a restaurant and there are a few other options nearby (accessible by car).
The rooms are equipped with a small kitchen where riders can prepare their own meals.
Dinners are served as a buffet or a three-course meal at a restaurant located just a short walk from the equestrian centre.

Please note that drinks (including water) are not included in the rate.

Diatery requirements can be accommodated, please let us know at the time of booking.

CLIMATE

Although it is a Scandinavian country, Denmark has a rather mild climate. In winter, temperatures hover at around 0°C, and in summer, they can reach up to 25°C.
Rainfall is light but frequent and evenly distributed throughout the year. In winter, the days are very short (in December, the sun sets at 4pm).

TIPS

Tips are appreciated but not expected. If you are happy with the services provided to you, we encourage leaving a tip.

PACKING LIST

Please pack carefully and sensibly: the following guide is here to give you an idea of what to bring.

Head
- Helmet
- Sunhat
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana

Upper Body
- Thermals in case of cold weather (long or short-sleeved T-shirts)
- Short or long-sleeved cotton shirts (to provide protection from the sun) or T-shirts in a quick-drying material
- Lightweight fleece or jumper
- Warm polar fleece or equivalent (plus a spare in case one gets wet)
- Warm Goretex-style jacket (waterproof and breathable)
- Swimming costume

Legs
- 2 pairs of jodhpurs or long leather trousers
- 1 change of trousers (riding trousers or jeans)
- 1 pair of waterproof over trousers
- 1 pair of tracksuit bottoms or comfortable walking trousers for optional hikes
- Cotton or synthetic underwear (non-irritant)

Hands and feet
- 1 pair of comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps or long boots.
- 1 pair of hiking boots
- Lightweight shoes or trainers for the evenings
- Flip flops for the pool/spa areas
- Several pairs of socks
- Gloves

Other useful items
- Water bottle
- Toiletries
- Ear plugs (may be useful)

Medical kit
- Please include a list of any allergies in your medical kit
- Sunscreen and lip balm - should be high factor
- Any medication you regularly take
- Vitamin C tablets
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..
- 10cm wide bandage
- Painkillers
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Antibacterial gel

Our Recommendations
- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day (passport, camera, sunscreen, lipbalm etc)
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- You should also bring a copy of your passport/insurance in case you lose your documents. You can also save a copy into your mobile phone.

SUSTAINABLE TOURISM

1. Travel light. It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
2. Reduce plastic waste. Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
3. Preserve nature. Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
4. Choose your experiences carefully. Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
5. Support local populations. Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
6. Share! Raise awareness among your family and friends about sustainable tourism.

For more information please see this page .