



## Mallorca - Tramontana Ride

### SPAIN

**Tramontana** means “the north on the compass rose” in Catalan. This not only relates to the location of the mountain range in the northwest of Mallorca, but also to the cool north wind that blows over the mountains. On this **trail riding holiday**, you will discover a more secluded and wild side of the Mallorca Island, far from the hustle and bustle of the coastal and touristic areas. Explore the old town of Pollença, **ride along white sand beaches**, and through ancient forests. At the end of a fun day in the saddle, enjoy traditional food while contemplating the stars by the open fire. This is a camping trail, ideally suited to riders looking to ride off the beaten path and enjoy a **semi-adventurous riding holiday in Spain**.

Trail Riding	 4 days - 4 days riding	 From £725	
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### ITINERARY

## Highlights

- Explore the Serra de Tramontana and its beautiful, rugged mountainous scenery, a World Heritage site since 2011;
- Visit the Santuari de Santa Maria de Lluc and the Monastery, the spiritual centre of the Island;
- Discover the local Mediterranean cuisine and wine.

## Day 1 — 1: Home - Mancor de la Valle - Approx. 3 hours riding

### Mallorca Camp

You are expected at the stables in Manacor in the late morning. You can take a taxi or self drive. Meet the horses and the team while enjoying a cool drink and home-made paella. In the afternoon, start your adventure riding through ancient farmland and rural country lanes to the Finca Sa Murtera.

Finish the day off with a simple dinner prepared out on an open fire under the stars. Overnight in the cozy Tipi or in individual tents.

Note: Sa Murtera has dry toilets and basic water facilities.

## Day 2 — 2: Sa Vall to Puerto Alcundia - Approx. 5 hours riding

### Mallorca Camp

After a hearty breakfast at the camp, your riding holiday on Mallorca continues through beautiful remote pastures and forest paths known as Sa Vall towards the Rancho Grande where you will stop for lunch.

In the afternoon, ride through the forests along the white sand beaches from Son Real to Puerto Alcundia passing a pre-historic cemetery along the way. This stretch of wild coast is beautiful and remote.

Overnight camped out at a local ranch, with access to hot showers and toilet facilities.

## Day 3 — 3: Old town of Pollença & Lluc Monastery - Approx. 5 hours riding

 Mallorca Camp

Today, ride to the old town of Pollença. Stop for lunch at a local restaurant and enjoy some of the historical sights in the area. Continue your trail, ride towards Lluc Monastery through ancient forests and up in the mountains. Enjoy exploring the surrounding area before dinner.

Overnight in tents at the monastery campsite. (It is possible to stay in a dormitory room in the monastery for an extra fee – check dates and prices).

## Day 4 — 4: Mancor de la Valle – Home - Approx. 3 hours riding

After a good night's rest, you will follow the path from Lluc Monastery to Mancor de la Valle, where you will enjoy a picnic lunch. In the afternoon you will be driven back to Sa Cova Vella. Before saying our goodbyes, enjoy some wine and tapas before you depart.

### DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
19/01/2023	22/01/2023	£830		Open
16/02/2023	19/02/2023	£830		Open
09/11/2023	12/11/2023	£830		Open

## Price details

- Flights or transportation to your destination are not included, but can be booked on request - please contact us for rates.
  - Airport transfers are not included and we recommend booking a car to self-drive to Manacor, where the stables are located, or take a taxi.
  - Rates are per person, based on two riders sharing a tent - single tents can also be arranged at no extra cost.
  - Groups are composed of a minimum of 5 riders and a maximum of 8 international riders, plus guides.
  - On day 4, there is the possibility to spend the night in the monastery for \$45/€40/£35, per person.
  - IMPORTANT : Riders weighing more than 95 kg please indicate this at time of booking so we ensure suitable horses are available.
- Please Note
- The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.
- The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

## Price includes

### SUPPORT TEAM

1 English-speaking horse guide

### LOGISTICS

1 cook

### ACCOMMODATION

Accommodation in shared or single tents  
Sleeping bag

## MEALS

Full board from lunch on day 1 to lunch on day 4

## Price doesn't include

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### MEALS

Beverages and personal extras

### TRANSPORT

Transfers to the stables  
International flights

### EXTRAS

Tips to the local team

### INSURANCE

Visas and personal purchase

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

## Optional

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### ACCOMMODATION

Hotel in Palma

## EQUESTRIAN INFO

## Horses

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On this riding holiday, you will have the opportunity to ride horses of various breeds. Most of them were rescued so they have different backgrounds, from former polo starts, to race horses but the one thing that they all share is the love for their new life!

## Minimum riding ability

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### MINIMUM RIDING ABILITY

This ride is best suitable for experienced riders. You should be comfortable at all three paces and able to keep your balance over varied and uneven ground. The terrain is mountainous and can be tricky to navigate.

### PACE

This is a multi-base riding holiday during which you will be spending an average of 5 hours in the saddle daily, enjoying a relatively active pace, keeping in mind that the terrain does not allow for flat out canters!

### TACKING ABILITY AND PARTICIPATION

Each rider is responsible for grooming, tacking and untacking their horse. You also have the option to assist with feeding and watering.

### TRIP CONDITIONS AND REQUESTED EXPERIENCE

You must be physically fit, so you get on and off the horse easily and be able to walk your horse through steep terrain up and down. This is camping riding holiday during which you will be spending several hours in the saddle each day. The terrain is rocky and steep in places: please note that you may be requested to dismount and lead your horse on foot throughout the ride.

There is a back-up vehicle on this ride ensuring that your luggage is transported from place to place.

### EQUESTRIAN EQUIPMENT

English saddles.

We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

## TRAVEL INFO

### COMFORT

The Tipi and the tents are equipped with comfortable foam mattresses and cushions – sleeping bags with liners will be provided, but you are welcome to bring your own bag or liner if preferred. Riders who do not wish to share will be given their individual tent. Please make sure to bring a headtorch and your own toiletries/towels.

Dry toilets and solar showers are available on the nights when there is no access to facilities.

### MEALS

Meals are varied and consist of local produce.

Dietary restrictions can be accommodated but make sure to let us know in advance.

### CLIMATE

The average annual temperature in Palma de Mallorca is 17.7 °C

August is the warmest month of the year with the an average temperature of 25.9 °C

The lowest average temperature is usually recorded in February, and is 10.8 °C.

This trail ride runs in the shoulder and winter months when the daytime and night-time temperatures are cooler, but still pleasant.

### GUIDE AND LOCAL TEAM

Your guides are Lizzie or Xavier. Lizzie is a British lady who fell in love with the island of Mallorca many years ago and is very knowledgeable about the area. She is outgoing and friendly, and puts the welfare of her horses first. Xavier is local to the area and an extremely knowledgeable and professional guide.

### TIPS

Tips are welcome but not expected. You should tip what you feel the service is worth and what you feel comfortable with.

### PACKING LIST

#### Head

- Riding helmets are mandatory and we recommend that you take your own to ensure a correct fit.
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the sun and dust

#### Upper body

- Long sleeved shirts to provide protection from the sun
- T-shirts
- Lightweight fleece or jumper
- Warm polar fleece or equivalent
- Waterproof jacket - rain can be difficult to predict, even in Mallorca, and it's better to be prepared.

#### Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Waterproof over trousers
- Casual clothes for the evenings

#### Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps
- Lightweight shoes for the evenings
- Several pairs of socks
- Gloves - your hands are particularly exposed to the sun, wind or rain whilst riding

#### Nightwear

- Pyjamas etc

- Sleeping bags and liners are provided but you can bring your own if you prefer.

#### Other useful items

- Swimsuit - there are pools on some nights
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding
- Water bottle (2 litres or 2 x 1 litre)
- Ear plugs (for light sleepers)
- Towels
- Baby wipes for when showers are not available

#### Medical kit

- Sunscreen and lip balm - should be high factor
- Insect repellent
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

#### Our Recommendations

- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day (passport, camera, sunscreen, lipbalm etc)
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- Any liquids in your hold luggage, such as shampoo, moisturiser, over 100ml should be decanted into small, clear, plastic ziplock bag. We recommend biodegradable washing products where possible.
- In your hand luggage take any valuables, such as your camera, ipod, ipad etc.

## VISA & HEALTH

### Formalities

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British citizens: other nationalities, please contact us.

Visas - The rules for travelling or working in European countries changed on 1 January 2021:

- you can travel to countries in the Schengen area for up to 90 days in any 180-day period without a visa. This applies if you travel as a tourist, to visit family or friends, to attend business meetings, cultural or sports events, or for short-term studies or training
- if you are travelling to Spain and other Schengen countries without a visa, make sure your whole visit is within the 90-day limit. Visits to Schengen countries within the previous 180 days before you travel count towards your 90 days

At Spanish border control, it is likely you will need to use separate lanes from EU, EEA and Swiss citizens when queueing. Your passport may be stamped on entry and exit unless you can demonstrate that you are resident of Spain and are returning to your place of residence.

#### Passport validity

From 1 January 2021, you must have at least 6 months left on an adult or child passport to travel to most countries in Europe (not including Ireland).

If you renewed your current passport before the previous one expired, extra months may have been added to its expiry date. Any extra months on your passport over 10 years may not count towards the 6 months needed.

Check your passport is valid for travel before you book your trip. You will need to renew your passport before travelling if you do not have enough time left on your passport.

Please visit for the FCO website for up-to-date information - <https://www.gov.uk/foreign-travel-advice/spain/entry-requirements>

#### ADDRESSES OF CONSULATES

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- Paris | Ambassade d'Espagne

22, avenue Marceau  
75381 Paris Cédex 08  
Tél. : 01.44.43.18.00

Fax :  
emb.paris@maec.es

- Ambassade de France en Espagne

Calle Salustiano Olozaga 9  
28001 Madrid  
Tél. : +34 91 423 89 00

Fax :  
presse.madrid-amba@diplomatie.gouv.fr

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## Health

UK Citizens: A UK Global Health Insurance Card (GHIC) gives you the right to access state-provided healthcare during a temporary stay in the European Union (EU).

<https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>

It's important to take out appropriate travel insurance for your needs. A GHIC is not an alternative to travel insurance and you should have both before you travel. It does not cover all health-related costs, for example, medical repatriation, ongoing medical treatment and non-urgent treatment.

There are no vaccinations legally required to travel to Spain.

The health system in Spain is good. It's not exceptional, but certainly not bad. People who work in Spain are insured through a social security plan, which covers most of their needs. The only thing that is not included are dental treatments. There is also the possibility for a private insurance.

Pharmacies can be found in every town, and in bigger cities almost every street has one. Even at night it should not take you a long time to find a pharmacy that is open. Remember that more drugs are prescribed in Spain than any other country.

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## Insurance

It is a condition of your booking with Equus Journeys that you have travel insurance which covers you for the riding activities to be undertaken. Your travel insurance should cover you for medical expenses and repatriation. Your guides will require your travel insurance details before they allow you to ride and may refuse to let you ride if you cannot provide them. You should take your insurance documents with you.

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## Voltage

230 volts AC, 50Hz. Round two-pin plugs are in use.

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## Budget and money

Spain has adopted the Euro (EUR, symbol: €) as its official currency. One Euro is divided into 100 (euro)cents, which are sometimes referred to as eurocents, especially when distinguishing them from the US cents.

Euro banknotes come in denominations of €5, €10, €20, €50, €100, €200 and €500. The highest three denominations are rarely used in everyday transactions. All Euro banknotes have a common design for each denomination on both sides throughout the Eurozone. The Euro coins are 1 cent, 2 cents, 5 cents, 10 cents, 20 cents, 50 cents, €1 and €2. Some countries in the Eurozone have laws which require cash transactions to be rounded to the nearest 5 cents. All Euro coins have a common design on the denomination (value) side, while the opposite side may have a different image from one country to another. Although the image side may be different, all Euro coins remain legal tender throughout the Eurozone.

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## Telephone and jetlag

The international access code for Spain is +34. The emergency number for police, ambulance and the fire brigade is 112.

