

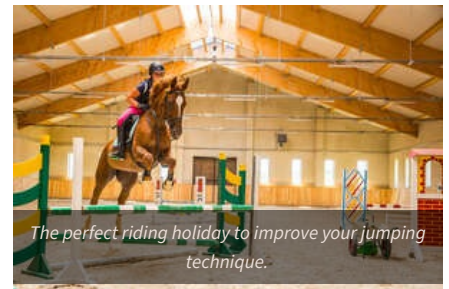


Jumping holiday at Galiny Palace

POLAND

This is the perfect **riding holiday** for those who wish to improve their jumping technique whilst enjoying luxury accommodation. This jumping programme is suitable for **intermediate and experienced riders** wanting to either learn how to jump, gain confidence over fences, or improve existing skills. Based out of Galiny Palace, a beautifully renovated country estate, this **riding holiday** combines quality tuition and excellent standards of accommodation in the heart of Poland. You can choose classes to suit your riding ability (up to 60 cm or up to 100 cm) and really focus on your **jumping skills**, with the possibility to go cross-country jumping in good weather.

Centre based holidays	7 days (5 riding)	From £695		Family holidays from 8 y.o	Open to non-riders
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ITINERARY

Highlights

- All levels are welcome and riders will ride in groups of similar ability – small groups of up to 5 riders only.
- You stay in a beautiful 16th century country estate with comfortable rooms and a gorgeous 250 ha private park including forests, meadows, and their very own pond!
- Indoor facilities mean that your riding lessons can still go ahead in the event of inclement weather.
- A fantastic selection of on-site and off-site non-riding activities makes this the ideal family riding holiday, even when everyone's not keen to ride! There is also a mini farm with miniature horses, donkeys, goats, rabbits and poultry for the children to enjoy.

Day 1 — 1 : ARRIVAL AT GALINY

Galiny Palace

Fly to Poland. The nearest airport is Olsztyn-Mazury but you can also fly to Gdansk Lech Walesa Airport, Warsaw Modlin Airport, or Warsaw Chopin Airport – see dates and prices for transfer rates. Alternatively you may prefer to make your own way to Galiny by hire car.

Please note that flights are not included but can be booked for you upon request.

Day 2 — 2 : GALINY PALACE - 2 hours riding

Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included,

whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 3 — 3 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 4 — 4 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 5 — 5 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 6 — 6 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 7 — 7 : GALINY - HOME

Departure after breakfast and transfer to the airport for those who require it.

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
04/06/2023	10/06/2023	£915		Full
11/06/2023	17/06/2023	£915		Full
18/06/2023	24/06/2023	£915		Full
25/06/2023	01/07/2023	£915		Full
02/07/2023	08/07/2023	£1,060		Full

09/07/2023	15/07/2023	£1,060	Open
16/07/2023	22/07/2023	£1,060	Open
23/07/2023	29/07/2023	£1,060	Open
30/07/2023	05/08/2023	£1,060	Full
06/08/2023	12/08/2023	£1,060	Full
13/08/2023	19/08/2023	£1,060	Open
20/08/2023	26/08/2023	£1,060	Full
27/08/2023	02/09/2023	£1,060	Full
03/09/2023	09/09/2023	£915	Full
10/09/2023	16/09/2023	£915	Open
17/09/2023	23/09/2023	£915	Open
24/09/2023	30/09/2023	£915	Open
01/10/2023	07/10/2023	£915	Full
08/10/2023	14/10/2023	£915	Full
15/10/2023	21/10/2023	£915	Full
22/10/2023	28/10/2023	£915	Open
29/10/2023	04/11/2023	£915	Full
05/11/2023	11/11/2023	£695	Open
12/11/2023	18/11/2023	£695	Open
19/11/2023	25/11/2023	£695	Open
26/11/2023	02/12/2023	£695	Open
03/12/2023	09/12/2023	£695	Open
10/12/2023	16/12/2023	£695	Open
17/12/2023	23/12/2023	£695	Full
24/12/2023	30/12/2023	£695	Full

Price details

- Flights or transportation to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.
- Rates are per person, based on two riders sharing a twin or double room during your holiday.
- Dates are flexible and you can arrive/depart on any day and stay for as long as you like. This holiday will confirm for one person and all departures are guaranteed. We recommend a stay of 7 nights, but it is possible to stay for 4 nights only starting from €390/£340/\$460 per person (low season/60 cm programme). Please contact us for a personalised quote over your preferred dates.
- The listed rates are for the jumping programme up to 60 cm with 10 jumping sessions (1h each). It is possible to choose a more advanced option, opting for the 100 cm programme instead at a rate of:
€970/£845/\$1000 in January, February, March, April, November & December,
€1150/£1000/\$1190 in May, June, September & October
€1300/£1135/\$1350 in July and August
- Groups are composed of a minimum of 1 rider and a maximum of 5 international riders, plus instructors

- If you sign up to the ride as a solo rider and there are no other riders likely to share your room, you will be charged a single room supplement of approx. €160/£140/\$165. You will then be reimbursed if a sharer is found for you at a later date. Not applicable outside of the high season (1 May - 30 September), in which case solo riders are automatically given a single room.

- Transfers are not included in the price but can be arranged from the following locations. All rates are one way.

Payable in cash or card to Galiny:

GDANSK – GALINY – €221 / 1-3 PEOPLE / 1 WAY

GDANSK – GALINY – €260 / BUS 4-8 PEOPLE / 1 WAY

Payable in cash (Euro only) to your driver:

WARSAW – GALINY: €220 / 1-3 PEOPLE / 1 WAY

OLSZTYN – GALINY – €100 / 1-3 PEOPLE / 1 WAY

SZYMAN AIRPORT – GALINY – €120 / 1-3 PEOPLE / 1 WAY

KORSZE – GALINY – €70 / 1-3 PEOPLE / 1 WAY

WARSAW – GALINY – €360 / BUS 8 PEOPLE / 1 WAY

OLSZTYN – GALINY – €130 / BUS 8 PEOPLE / 1 WAY

Alternatively you could make your own way by hire car – there is free parking on the premises.

- Rider weight limit: 90 kilos / 14,1 st / 198 lbs

- Minimum age on the jumping programme: 13 years old.

- Non riders are welcome to join and the non-riding rate is €570/£500/\$670 in January, February, March, April, November & December, €660/£575/\$680 in May, June, September & October and €720/£630/\$750 in July and August (full-board accommodation). Non-riding activities: bicycle hire, walks in the park, swimming in the lakes, fishing, wellness zone (with sauna), tennis courts, table tennis, football/volleyball/basketball courts. In the winter, cross-country skiing equipment is available. Some of those are at an additional cost and payable locally.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English-speaking horse guide and/or instructor

ACCOMMODATION

Double or twin room at the Grange at Galiny

MEALS

Full board from dinner on arrival to breakfast on departure

Price doesn't include

TRANSPORT

Return airport transfers

International flights

EXTRAS

Tips to the local team

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

Visas and personal purchase

Optional

ACCOMMODATION

Single room supplement if applicable

EXTRAS

Supplement for 100cm programme (see above)

EQUESTRIAN INFO

Horses

The herd consists of nearly 70 horses. The horses are mostly warmblood types (Holstein, Westphalian) and Polish crosses, but ponies are also available to children. Some are suitable to experienced riders, and others are perfect for more novice or nervous riders. They breed some of their own horses, others they brought from friendly stud farms in Poland. You will ride different horses throughout your holiday.

Minimum riding ability

MINIMUM RIDING ABILITY

All riding abilities are welcome at Galiny. You will ride in groups of similar ability.

The listed price includes jumping up to 60 cm, those who want to jump higher can be booked the 100 cm programme (see dates and prices).

Rider weight limit: 90 kilos / 14,1 st / 198 lbs

PACE

Lessons will be tailored to your ability.

TACKING ABILITY AND PARTICIPATION

You are welcome to groom and tack/untack your horse, although this is not mandatory.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

From intermediate to experienced riders. Riders can be new to jumping but must be confident on the flat already (competent at all three paces).

Advanced riders can opt for the programme including jumping up to 100 cm.

There are three outdoor all-weather arenas, plus indoor arenas, one of which is heated up to 8°C during the winter months.

EQUESTRIAN EQUIPMENT

The horses are ridden in English tack. Snaffle bits, some hackamores.

Helmets are mandatory and we recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit. A small selection is available to borrow.

TRAVEL INFO

COMFORT

Built for the Baron Botho zu Eulenburg in 1589, the Palace today remains a rare example of Renaissance architecture, one of the best-preserved in the area of old Prussia. Each of the 36 rooms in the Grange and Palace is different. The accommodation is normally in the Grange, which is closer to the stables, but Palace rooms can be requested.

Free WiFi is available.

Free parking on-site.

MEALS

The food at Galiny Palace focuses on the freshness and quality of its ingredient, whilst celebrating the culinary traditions of the local Warmia and Masuria

region. Ingredients are locally-sources or grown in their own garden.

Specialities include cabbage rolls stuffed with buckwheat, lamb dumplings, Ukrainian borscht, lamb confit in a wine-thyme sauce, potato dumplings, roast duck, and more.

Non-alcoholic drinks are included at meal times, and can be ordered at an extra charge during the day (coffee, tea, juice and beer).

Vegetarian meals and allergies can be accommodated, please contact us with your requirements.

CLIMATE

The climate in Poland is continental, with very cold winters, often below freezing, and warm summers. June, July and August can be quite hot, September and October being dry and cooler. Galiny is located along the northern coast, where the climate is milder, but you should expect snow from December to February (thankfully, one of the indoor schools is heated!).

GUIDE AND LOCAL TEAM

The instructors at Galiny are Patrycja (lead instructor), Maja and Anita. They have all been instructing for a number of year and are experienced teaching all sorts of riders. Patrycja and Maja speak good English and are used to instructing international riders.

TIPS

Tips are not mandatory but very welcome if you are pleased with the service provided.

PACKING LIST

Head

- A riding helmet is mandatory and we recommend that you take your own to ensure a correct fit. Helmet makers (GPA, HKM, LAS Helmets, Lamicell, Troxel, Equithème) now offer horse-riding helmets that are ventilated, strong, light and comfortable.
- Sunglasses - with a cord attached so they don't fly off when riding

Upper body

- Long sleeved shirts provide protection from the sun or extra warmth
- T-shirts
- Lightweight fleece or jumper
- Rain jacket

Lower body

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Casual clothes for the evenings (jeans or walking trousers)
- Non-irritant cotton or synthetic underwear

Hands and Feet

- Comfortable riding boots.
- Lightweight shoes for the evenings
- Several pairs of warm socks
- Gloves - your hands are particularly exposed to the sun, wind or rain whilst riding

Other useful items

- Water bottle (1.5 litres or 2 equivalent)
- Toiletries
- Ear plugs (may be useful)
- Camera and high capacity memory card. Spare battery

Medical kit

Make sure any allergies (to medication or otherwise) and clearly stated in your medical kit

- Any medication you regularly take
- Painkillers
- Imodium or similar anti-diarrhea medication
- Sunscreen and lip balm - should be high factor
- Eye drops
- Hydrating/soothing cream
- Plasters
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..

- 10cm wide bandage
- Spare prescription glasses/contact lenses
- Handwash gel

Our Recommendations

- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day (camera, sunscreen, lip balm etc)
- A soothing cream may be useful to treat areas irritated by long hours in the saddle
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- Keep a copy of your passport and insurance details with you.

In your hold luggage

- Any liquids, such as shampoo, moisturiser, deodorant over 100 ml and all bottles can be decanted into small, clear, plastic Ziplock bags. We recommend biodegradable washing products where possible.
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- In your hand luggage carry any valuables, such as your camera, ipod, ipad etc.