

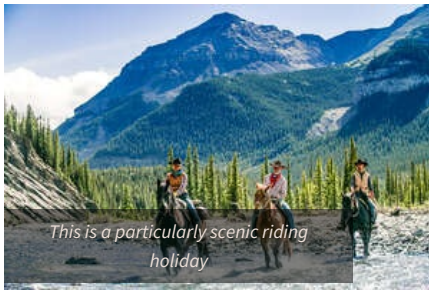


Fall colours ride

CANADA / CANADA

Embark on an **incredible Autumn horseback adventure** and discover the magnificent fall colours in the **heart of the Indian summer**. Ride between spectacular mountains, valleys and rivers whilst you let yourself fall into the peace and tranquillity of the **Canadian nature**. Embrace the Canadian lifestyle as you are welcomed into a **family ranch** where you will enjoy wonderful hospitality and hearty home cooked meals.

Centre based holidays	7 days/5 days riding	From £2,200	
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ITINERARY

Highlights

- Discover the breathtaking panoramas of the Rockies and the vibrant colours of the Indian summer
- Uncover the beauty of this incredible region and enjoy the idyllic setting of the Canadian countryside
- If lucky, you may encounter a variety of local wildlife including elk, white-tailed deer, beavers, mountain goats and maybe even a bear!

Day 1 — 1 : ARRIVE IN CALGARY - M&M Ranch

Kananaskis Ranch

Fly to Calgary (flights not included). Our guide will welcome you at the airport at 4:00 pm and transfer you to the ranch (approximately 1 hour drive). You will have a little time to relax before meeting the team and your fellow riders. Enjoy your first night at the ranch with a delicious welcome dinner.

Day 2 — 2 : WHISKEY RIDGE - 4 hours riding

Kananaskis Ranch

After a hearty breakfast, you will be introduced and paired with your horse. You will have a brief introduction to western tack and given some good tips on Western riding. Once you are ready, you will set off on your first ride to Whiskey Ridge, where you will experience your first panorama of the Rockies! A picnic lunch before returning to the ranch in the afternoon. Time for some relaxation or a walk through the aspen forests that border the ranch. End your day with a delicious home cooked dinner.


Day 3 — 3 : BRAGG CREEK - 4 hours riding

Kananaskis Ranch

Start your morning with a ride along the foothills of the Rockies, west of the charming village of Bragg Creek. As you ride along the spectacular landscape,


you may have the opportunity to see mountain goats, elk or deer that have taken up residence in these majestic forests. A picnic stop in the heart of the wilderness as you let the horses enjoy a graze of the lush grass. After a well deserved rest, continue your ride between the hills and undergrowth before arriving at the village of Bragg Creek where you will have time to visit the charming hamlet, retaining all of the quaint character of the past. Dinner and overnight at the ranch.

Day 4 — 4 : NORTH FORK - 4 to 5 hours riding

 Kananaskis Ranch

A delicious Canadian breakfast to prepare you for a morning in the saddle. Today, you will set off into the aspen forest and begin your 23km ride. In the heart of the Indian summer, enjoy the breathtaking views of the Rocky Mountains- an idyllic backdrop as you pass through the beautiful scenery rich with autumn colours. Continue along the route that leads you southwest of the ranch, and uncover the magic of this region during this delightful season. Dinner and overnight at the ranch.

Day 5 — 5 : ELBOW VALLEY - 5 hours riding

 Kananaskis Ranch

After breakfast, get your horses ready and drive further up into the mountains to the starting point of today's trail ride in the Rocky Mountains. Uncover the hidden beauty of Elbow valley and ride across peaks that are situated 3,000m above sea level. Ride through icy streams before stopping for a panoramic picnic. As you look out across the magnificent landscape, you may get a sense of familiarity as this has been used as a setting for recent films like The Revenant and Broke Back Mountain. Return to the ranch in the afternoon before a hearty dinner to end your evening on a high.

Day 6 — 6 : POWDERFACE RIDGE - 5 hours riding

 Kananaskis Ranch

Today, you will set out on your final exploration ride in the Rockies. In typical Canadian style, our guides have certainly saved the best until last- the discovery of Powderface Ridge. At the highest point in the region, end your trip on a literal high as you look out over the valleys, and enjoy the panoramic view of the surrounding mountains and landscapes, extending across hundreds of miles of this magnificent region. Enjoy one last Canadian night at the ranch, with a delicious farewell dinner.

Day 7 — 7 : CALGARY - EUROPE

One last hearty cowboy breakfast before saying goodbye to the team and horses. Transfer to Calgary airport at around 9:30am. Return flight to Europe must be departing after 12:30pm. Transfer to other locations in Calgary possible.

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
24/09/2023	30/09/2023	£2,200		Full

Price details

- Flights to your destination are not included, but can be booked on request - please contact us for rates.
- Rates are per person, based on two riders sharing a twin or double room during the ride.
- Groups are composed of a minimum of 4 international riders and a maximum of 8 riders, plus guides.
- If you sign up to the ride as a solo rider and there are no other riders likely to share your room, you will be charged a single room supplement of approx. US\$270/£200/€230. You will then be reimbursed if a sharer is found for you at a later date.
- At the ranch, your hosts are usually tipped around CAD\$100-150 per rider. This is not included.
- Accompanied minors are welcome from 10 yo, provided they match the riding requirements.
- Rider weight limit: 100 kg/15 st/220lbs. Heavier riders may be accepted with advance notice but you must match the riding requirements and be able to mount and dismount unassisted.

- There is a supplement for riders requesting a dairy or gluten-free menu at CAD 10 per person per day (around GBP 5 per person)

- Riders flying into Canada are required to sign up for an electronic travel authorization. The ETA is a document that allows you to travel in Canada by plane and to travel freely inside the country. It is an entry requirement for visa-exempt foreign nationals travelling to or transiting through Canada by air: <https://www.canada.ca/en/immigration-refugees-citizenship/services/visit-canada/eta.html>. This is not included and yours to organise.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

STAFF AND GUIDES

English-speaking guides and wranglers

LOGISTICS

1 horse fully equipped with Western tack

DOMESTIC TRANSPORTATION

Return transfers from Calgary airport at set times

ACCOMMODATION

Twin or Double room at the Ranch

MEALS

Full board accommodation from dinner on D1 to breakfast on D7

Price doesn't include

MEALS

Alcohol is not included (payable locally by cash in CAD or credit card).

TRANSPORTS

Transfers outside normal hours
International flights

EXTRAS

Tips to the local team

INSURANCE

Visas and personal purchase

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

Optional

ACCOMMODATION

Single room supplement

EQUESTRIAN INFO

Horses

A team of 37 beautifully bred horses, well adapted to the demanding terrain of the region. You will find that there is a horse for everyone, with a variety of breeds including Percheron and Paint crusaders, Welsh Pony, quarter horses, as well as Arabian and Canadian bred horses. The horses are working horses- robust, tough and sure footed.

Minimum riding ability

MINIMUM RIDING ABILITY

You must be comfortable riding in all three paces, in outdoor space and across rough terrain. Although you do not have to be an advanced rider, you must be able to control your horse.

Children accompanied by adults and can ride at a very good level are accepted from 10 years. Unaccompanied minors are accepted from 16 or 17 years old.

Rider weight limit: 100 kg/15 st/220lbs. Heavier riders may be accepted with advance notice but you must match the riding requirements and be able to mount and dismount unassisted.

PACE

The main pace of the ride is walk, with opportunities for trots and canters where the terrain allows it. About 80% of the ride is at a walk.

TACKING ABILITY AND PARTICIPATION

You will be asked to tack and untack your horse. From the outset, your guide will ensure that you know how to do this with Western tack and will be happy to answer any of your questions and alleviate any concerns.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

You need to be riding fit, with good levels of endurance. The terrain can be uneven at times with significant differences in level. There may be times in the ride where you will need to dismount from your horse and walk. The ranch is located at 130m above sea level, with the altitudes encountered on the rides varying up to 2000m.

EQUESTRIAN EQUIPMENT

Western saddles.

Saddlebags and water bottles provided.

Helmets are strongly recommended. We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

TRAVEL INFO

COMFORT

The guesthouse at the ranch is an ideal place to get together, enjoy the autumn scenery of the foothills and experience western hospitality. Set on 522 acres in the foothills, the ranch is a beautiful place to enjoy the true colours of Autumn in the Rockies. "The Barn" equally reflects the atmosphere of the foothills with a cozy and unique space to relax in at the end of the day.. The guesthouse offers room for a total of 8 guests in 5 bedrooms with all the comforts.

Please note: there is limited telephone network at the ranch. Free Wi-Fi (satellite) is available.

Laundry service is available at the Ranch at an extra cost.

MEALS

All meals are homemade, using fresh and local ingredients. Meals are served communally, with everyone sharing the same large table.

If you have a special diet or food allergies, please specify when booking as menus can be adapted to: vegetarian, lactose-free and gluten-free menus (supplement of \$ 10 per day for a gluten-free menu)

We feature local wine and beer from chosen distributors if you would like a beverage to accompany your dinner. Any alcohol purchases can be added to your stay.

CLIMATE

Autumn is the driest period. The averages for this period are around 20 ° C. Night temperatures; however, frequently drop below 0 ° C.

GUIDE AND LOCAL TEAM

Our guide Neil first founded the ranch in 1991, where he combined adventure and nature, with his love for history and horses. He is passionate about his region, and takes pride in showing riders the beautiful country and horses. His philosophy? Respect the magnificent nature that surrounds the region and the fantastic team of horses that will take you there. His wife Undine is also part of the team and looks after the guesthouse and helps train the horses.

TIPS

In Canada, it is customary to leave a tip - primarily in restaurants and other service-based establishments. Expect to leave around 10-15% of the bill. At the ranch, your hosts are usually tipped around 100- 150CA\$ per rider for the week.

PACKING LIST

Head

- Helmet - strongly recommended.
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana

Upper body

- Long sleeved shirts provide protection from the sun and keep you cooler
- T-shirts
- Lightweight fleece or jumper
- Warm fleece or jumper
- Waterproof jacket - it can rain and there are frequent thunderstorms

Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Casual trousers for the evenings, such as jeans

Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps as an extra layer against inclement weather. We don't recommend taking your favourite long leather boots in case they get damaged
- Trainers or equivalent light shoes for moving around the ranch in the evenings
- Several pairs of socks
- Gloves - your hands are particularly exposed to the sun.

Evening wear

- Casual clothes for the evening

Nightwear

- Pyjamas or nightdress

Our Recommendations

- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day (passport, camera, sunscreen, lip balm etc)
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!

Other useful items

- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding you can put them in your saddlebag
- Ear plugs (for light sleepers)

In your hold luggage

- Any liquids, such as shampoo, moisturiser, deodorant unless they are less than 100ml and all bottles can fit in a small, clear, plastic ziplock bag.

In your hand luggage

- Any valuables, such as your camera, ipod, ipad etc.
- Travelling in your riding boots and carrying your hat and some riding clothes is highly recommended - then if your luggage goes astray you are still able to ride!

Medical kit

- Any medication you regularly take

- Sunscreen and lip balm - should be high factor
- Insect repellent, preferably containing deet
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Rehydration sachets

Miscellaneous

- We recommend taking a copy of your passport and insurance documents with you just in case.

VISA & HEALTH

Formalities

To find out if you need a visa and check formalities required, visit the official Canadian government website: <https://www.canada.ca/en/immigration-refugees-citizenship/services/visit-canada.html>

VISA AND ENTRY FORMALITIES

To enter Canada, a valid passport is required by all Australian, British and US nationals. All other nationalities should check with the local embassy. If you are travelling with children and only one parent is present, you should carry a letter of consent from the non-travelling parent.

UK Emergency Travel Documents (ETDs) are accepted for entry, airside transit and exit from Canada. You can apply for an Electronic Travel Authorisation using an ETD.

Visa-exempt foreign nationals, such as British nationals, are now required to have an Electronic Travel Authorization (eTA) to fly to or transit through Canada.

Applying for an eTA is a simple online process that takes just a few minutes. To apply, you must have a valid passport or acceptable travel document, a credit card, and an email address. You need to apply for an eTA before you book your flight to Canada. Most applications are approved quickly, even within minutes. However, some applications can take several days to process so don't wait until the last minute.

You can find more information about eTAs and travel to Canada by following the link below: <https://www.canada.ca/en/immigration-refugees-citizenship/services/visit-canada.html>

In any case please check online the official government website for any updating or modification in the entry procedures.

TRAVELLING WITH CHILDREN

If you are travelling with children, and only one parent is present, you should carry a letter of consent from the non-travelling parent. Immigration officers have the right to question children using simple and appropriate language to establish whether there are any concerns about child abduction. A letter of consent may help to dispel potential concerns. For further information check with the Canadian High Commission or the Canada Border Services Agency.

TRAVELLING VIA THE USA

If you are planning on flying to Canada via the USA, You should complete an online pre-registration form on the Electronic System for Travel Authorisation (ESTA) website, before you travel. The US Customs and Border Patrol recommends that you do this at least 72 hours before departure. Applying for and securing an ESTA is a separate process to your Canadian eTA.

ADDRESSES OF CONSULATES

- Ambassade du Canada
35, avenue Montaigne
75008 Paris
Tél. : 01.44.43.29.02
Fax : 01.44.43.29.86
- Consulat du Canada à Lyon
21, rue Bourgelat
69002 Lyon
Tél. : 04.72.77.64.07
Fax : 04.72.77.65.09
consulatcanadalyon@wanadoo.fr
- Canadian High Commission in the UK
Canada House, trafilgar Sq
Trafalgar Square,
London

SW1Y 5BJ
SW1Y5BJ London
Tél. : (020) 7258 6600

Fax :

- British High Commission in Canada

80 Elgin Street
Ottawa Ontario K1P 5K7
K1P5K7 Ottawa Ontario
Tél. : +1 613 237 1530

Fax :

ukincanada@fco.gov.uk

- Ambassade du Canada

Avenue de Tervuren 2
1040 Bruxelles

Tél. : +32 (0) 2 741 06 11

Fax : +32 (0) 2 741 06 43

bru@international.gc.ca

- Ambassade de France au Canada

42, Promenade Sussex

Ottawa

K1M 2C9 Ontario

Tél. : +1 (613) 789 1795

Fax : +1 (613) 562 3735

politique@ambafrance-ca.org

Health

There are no health requirements to enter Canada as a short-stay tourist. Visitors intending to stay in Canada for more than six months, either as tourists, students or employees, may be required to take a medical examination. Visitors working in an occupation in which protection of public health is essential may be required to undergo a medical examination even if employment is only temporary. Check with the Canadian Consulate or High Commission for further information.

Insurance

It is a condition of your booking with Equus Journeys that you have travel insurance which covers you for the riding activities to be undertaken. Your travel insurance should cover you for medical expenses and repatriation. Your guides will require your travel insurance details before they allow you to ride and may refuse to let you ride if you cannot provide them. You should take your insurance documents with you.

Our recommendation:

Cancellation and travel insurances are not included. Please note that insurance is mandatory. We recommend to take out an insurance policy as soon as your travel is booked in case of cancellation.

Voltage

110-120 volts AC, 60Hz. American-style flat two-pin and three-pin (grounded) plugs are standard

Budget and money

Canadian Dollar (CAD; symbol C\$) = 100 cents. Notes are in denominations of C\$100, 50, 20, 10 and 5. Coins are in denominations of C\$2 and 1, and 25, 10, 5 cents. Although the 1c coin (or penny) remains legal tender, as of 2013 it is being phased out of circulation.

Major credit cards are widely accepted. Use of debit cards is widespread, although many stores impose a C\$5 to C\$20 minimum per debit card purchase, and service charges may apply.

ATMs are easy to find in populated areas but are less common in remote regions such as rural parts of the Northwest Territories, Nunuvut and Labrador.

Use a machine affiliated with a major bank to reduce service charges; independent machines in locations such as casinos and convenience stores may carry high charges and do not always accept international cards.

Telephone and jetlag

Mountain Daylight Time (MDT) -0600 UTC

To call Canada, the following dial code is required.

+1 to dial Canada its 001 from UK

The populous areas of Canada along the border with the USA have excellent cellular and wired telecommunications, meaning that travellers are never far from an international phone call home, a WIFI connection or an internet cafe. Turn yourself and start heading north, and it's not long until the traveller will find themselves in the vast and sparsely populated lands that make up the majority of Canada. With no phones and no cellular coverage, and probably pretty sparse on power, it provides a great opportunity to unplug and get away from it all. In the northern reaches of Canada, above the arctic circle, you may even find that satellite devices might not work without a clear view of the sky over the equator.