




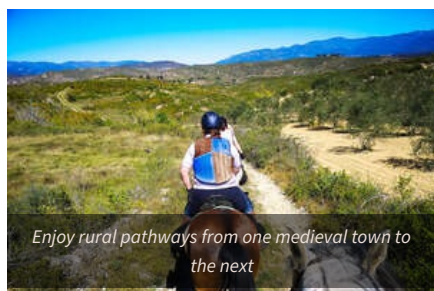


Costa Brava short break

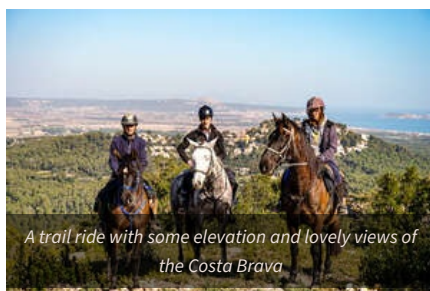
SPAIN

Perfect for those short on time! This **equestrian break** offers all the fun of a riding holiday over an extended weekend. On horseback, discover the **Costa Brava** and its beautiful, quaint countryside dotted with small medieval villages and colourful orchards. This is a **centre-based holiday**, meaning you will stay at the same farmhouse for the duration of your stay: Els Masos d'En Coll, a beautifully restored farmhouse, will be your Catalonian home away from home.

Centre based holidays	 5 days / 3 days riding	 From £605	
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Enjoy rural pathways from one medieval town to the next



A trail ride with some elevation and lovely views of the Costa Brava



Centre-based riding holiday in Spain

ITINERARY

Highlights

- This is a flexible programme for those who may not have the time to join a 7-day riding holiday: choose your ideal duration from 3 to 8 nights.
- Stay in a lovely farmhouse located in a quiet area. Well furnished and complete with a pool.
- Enjoy the Catalonian countryside and discover a part of Spain that has remained delightfully rural
- Shorter or longer stays can be arranged. Please contact us and we will custom-make an itinerary that works well for you.

Day 1 — 1: EUROPE – BARCELONA OR GIRONA


 Masos d'en Coll

Fly to Barcelona or Girona (flight not included). Transfers can be organised from both airports at set times - please see "dates and prices" for details. If landing in Barcelona, please keep in mind you will need to get to Terminal 1 (free shuttles connect both terminals) on time for your pick up at 6:00 pm.

The farm is located in the heart of Baix Empordà, in the beautiful countryside. Before dinner, your guide will review the programme for the week. They will tell you about their Spanish and Arab horses, match you with the most suitable horse and tell you about what's on the cards for the next few days. Then it is time to relax and enjoy your first Spanish dinner!

Please note: the following itinerary is an indication of what is possible. There are several routes available from the farm and we will tailor-make a programme according to your preferences and the duration of your stay. Stays of 3 to 8 nights can be arranged, Please contact us for more routes.

Day 2 — 2: MONTGRI MOUNTAIN - 4-6 hours riding

 Masos d'en Coll


Your first day in the saddle in Spain. You will leave Llabià and ride to the medieval town of Torroella de Montgrí, which currently maintains a balance between modernity and traditional country life. You will then reach the Montgrí Natural Park, and its famous fortress built in the 13th century, 322 meters above sea level. From the top of the massif, you can enjoy magnificent views over the Mediterranean Sea: the beaches, the national park, and the surrounding fields. On foot, you will reach Cala Pedrosa where you can stop for a break and a swim. At lunchtime, you will stop for a sit-down picnic lunch in a shaded spot. In the afternoon, your ride back takes you through the countryside where you will be able to spot "masies", watchtowers previously used as protection against pirates. Continue to Els Masos d'en Coll where dinner awaits.

Day 3 — 3: L'EMPORDANET - 4-6 hours riding

 Masos d'en Coll

After a full breakfast, it's time to hop in the saddle and enjoy a ride to the Empordanet – the name given by the locals to the area of small towns dotting the interior of the Costa Brava. Enjoy the freedom of trotting and cantering on flat trails with beautiful views, fresh air and undeniable sense of tranquillity. You will pass by small villages and stone houses, until you reach the well-preserved village of Monells – your lunch spot for the day. Continue your trail ride through Mediterranean pine forests, vineyards, fields and farmhouses. Before you get home, you will find the "pearl of the region", the Iberian ruins of Ullastret, the most important and largest ruins in all of Catalonia.

Day 4 — 4: TER RIVER - 4-6 hours riding

 Masos d'en Coll

Another day on horseback in Catalonia. You ride through Fontanilles and Palau-Sator, two small villages of ancient Roman origin. Your next stop is at Peratallada, one of the most important and best-preserved medieval architecture centres in Catalonia, dating back to the 9th- 13th century. The time there seems to have stopped. You ride on to Els Clots de Sant Julià, where you will rest and have lunch. On the ride home, you will make a stop in Canapost to see the Necropolis. Back to Els Masos for dinner.

Day 5 — 5: BARCELONA OR GIRONA – EUROPE - No riding

You will depart after breakfast. Leaving from Barcelona, you should try to book a flight no earlier than 1:30 pm, and from Girona no earlier and 12:00 noon.

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
03/03/2021	07/03/2021	£605		Open
14/04/2021	18/04/2021	£605		Open
05/05/2021	09/05/2021	£605		Open
13/06/2021	17/06/2021	£660		Open
22/09/2021	26/09/2021	£660		Open
27/10/2021	31/10/2021	£660		Open
17/11/2021	21/11/2021	£660		Open

Price details

- International flights are not included, but can be booked upon request.

- Rates are per person and based on two riders sharing a twin or double room.

- The group is made of 2-8 riders maximum plus guides.

- Transfers from/to the farm and Girona or Barcelona are possible:

Group transfer from Barcelona airport: €150/£130 per person (round trip)

Group transfer from Girona airport: included at set times.

Pick up in Barcelona is 6:00pm, Girona 7:30 pm. Please book flights departing Barcelona after 1:30 pm and Girona 12:30 noon.

Note: There is a connection to Girona with bus or train from Barcelona. The train company is Renfe, www.renfe.com and the bus company is Segales www.segales.com

Private transfers: Up to 4 people. Anytime
One car to/from Barcelona €220/£190 (one way)
One car to/from Girona €75/£65 (one way)

- If you sign up to the ride as a solo rider and there are no other riders likely to share your room, you will be charged a single room supplement of approx. €120/£105 for 4 nights. You will then be reimbursed if a sharer is found for you at a later date.

- Non riders are welcome and the cost is €95/£80 per night on a half-board basis (sharing).

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English speaking horse guide

LOGISTICS

1 horse equipped with saddle and bridle per rider

1 support vehicle

INLAND TRANSPORT

Airport transfers from Girona at set times

ACCOMMODATION

Accommodation in a double or twin room at Els Masos d'En Coll

MEALS

Full board during the ride

ADDITIONAL EQUIPMENT

First aid kit

Price doesn't include

MEALS

Beverages and personal extras

TRANSPORT

International flights

EXTRAS

Tips to the local team

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

Optional

ACCOMMODATION

Single room supplement

TRANSPORT

Airport transfers from Barcelona

EXTRAS

Trip extensions or additional activities

EQUESTRIAN INFO

Horses

At El Masos d'En Coll you will find Spanish horses (pure and cross-bred) and Arabian horses. They are all reliable and very suitable for trail riding.

Minimum riding ability

MINIMUM RIDING ABILITY

Riders should be able to walk, trot and canter in open spaces while keeping their distance from other horses. For those of you who decide to add more days to this riding holiday, please make sure you are sufficiently experienced to cope with many days in the saddle.

There is a rider weight limit of 90kg /198lb/14st.

PACE

You will be riding at all three paces with some great opportunities for longer canters and even some gallops when the terrain allows. When riding in the more mountainous areas the pace will be slower for obvious safety reasons, and you may have to dismount and lead your horse on foot.

TACKING ABILITY AND PARTICIPATION

All riders are responsible for grooming and tacking their own horse. You are also expected to help the team to feed and water the horses when required.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

Good levels of fitness and endurance are needed since you will spend long hours in the saddle every day. The trip does not offer many technical difficulties but you must remain in control of your horse at all times and be comfortable riding in the outdoors.

EQUESTRIAN EQUIPMENT

English tack.

Small saddlebags are provided.

Helmets are mandatory. We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

TRAVEL INFO

COMFORT

You will be spending your nights at El Masos d'Encoll. This is a former farm beautifully renovated to provide all the modern comforts. You will sleep in either one of the 2-bed apartments in one of the cottages. All rooms have a private bathroom.

WiFi is available. In the summer months you can enjoy the pool.

MEALS

The Spanish and Catalan cuisines are varied and will give you a taste of the Mediterranean flavours.

Lunch will be mostly picnics of local, home-made food.

Typical Spanish dishes will be served for dinner every night. One drink per person included, additional drinks are payable locally.

Special diets can be accommodated with advance notice.

CLIMATE

During springtime temperatures generally reach 15-20°C, where as in summer the temperature rises at around 25°C (June). In Autumn temperatures are approx. 20 – 25°C. December temperatures can get to 15°C with cool evenings.

GUIDE AND LOCAL TEAM

Your main guides for this trail are very experienced and speak fluent English.

TIPS

Tips are welcome but not but not expected. You should tip what you feel is appropriate and you are comfortable with.

PACKING LIST

Head

- Riding helmets are mandatory and we recommend that you take your own to ensure a correct fit.
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the sun and dust

Upper body

- Thermal long-sleeved tops are a lightweight way of providing extra warmth if you need it
- Long sleeved shirts to provide protection from the sun
- T-shirts
- Lightweight fleece or jumper
- Warm polar fleece or equivalent
- Waterproof jacket - rain can be difficult to predict and it's better to be prepared.

Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Waterproof over trousers
- Casual clothes for the evenings (jeans or walking trousers)

Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps.
- Lightweight shoes for the evenings
- Several pairs of socks
- Gloves - your hands are particularly exposed to the sun, wind or rain whilst riding

Nightwear

- Pyjamas etc

Other useful items

- Swimsuit - there is a pool
- Small backpack for accessing items required during the day.
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding
- Water bottle (2 litres or 2 x 1 litre)
- Ear plugs (for light sleepers)

In your luggage

- Any liquids, such as shampoo, moisturiser, deodorant unless they are less than 100ml and all bottles can fit in a small, clear, plastic ziplock bag.
- Swiss army knife or equivalent

In your hand luggage

- Any valuables, such as your camera, ipod, ipad etc.
- Your riding hat

Medical kit

- Sunscreen and lip balm - should be high factor
- Insect repellent
- Any medication you regularly take
- Blister plasters in case of any rubs

- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

General information

- We recommend taking any valuables, such as your camera, iPod, iPad, medicines and glasses etc. in your hand luggage. Travelling in your riding boots and carrying your hat and some riding clothes is highly recommended - then if your luggage goes astray you are still able to ride!
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals.

VISA & HEALTH

Formalities

British citizens: other nationalities, please contact us.

Visas

If you hold a British Citizen passport, you don't need a visa to enter Spain.
The rules on travel will stay the same until 31 December 2020.

Visas from 1 January 2021

The rules for travelling or working in Europe will change from 1 January 2021:

- you will be able to travel to countries in the Schengen area for up to 90 days in any 180-day period without a visa as a tourist, to visit family or friends, to attend business meetings, cultural or sports events, or for short-term studies or training.
- if you are travelling to Spain and other Schengen countries without a visa, make sure your whole visit is within the limit. Visits to Schengen countries within the previous 180 days before you travel would count towards the 90-day limit
- The 90-day limit for visa-free travel will begin on 1 January 2021. Any days you stay in Spain or other Schengen countries before 1 January 2021 will not count towards the 90-day limit.

At border control for Spain, you may need to:

- show a return or onward ticket
- show you have enough money for your stay, and
- use separate lanes from EU, EEA and Swiss citizens when queueing
- Your passport may be stamped on entry and exit.

Passport validity

The rules on travel will stay the same until 31 December 2020.

Your passport should be valid for the proposed duration of your stay; you do not need any additional period of validity on your passport beyond this. This applies to the whole of Spain, including the Canary Islands and the Balearic Islands (Majorca, Menorca, Ibiza and Formentera).

Passport validity from 1 January 2021

From 1 January 2021, you must have at least 6 months left on an adult or child passport to travel to most countries in Europe (not including Ireland).

If you renewed your current passport before the previous one expired, extra months may have been added to its expiry date. Any extra months on your passport over 10 years may not count towards the 6 months needed.

Check your passport is valid for travel before you book your trip. You will need to renew your passport before travelling if you do not have enough time left on your passport.

Please visit for the FCO website for up-to-date information - <https://www.gov.uk/foreign-travel-advice/spain/entry-requirements>

ADDRESSES OF CONSULATES

- Paris | Ambassade d'Espagne
22, avenue Marceau
75381 Paris Cédex 08
Tél. : 01.44.43.18.00

Fax :

emb.paris@maec.es

- Ambassade de France en Espagne

Calle Salustiano Olozaga 9

28001 Madrid

Tél. : +34 91 423 89 00

Fax :

presse.madrid-amba@diplomatie.gouv.fr

Health

There are no vaccinations legally required to travel to Spain. Remember to take your EHIC card with you.

The health system in Spain is good. It's not exceptional, but certainly not bad. People who work in Spain are insured through a social security plan, which covers most of their needs. The only thing that is not included are dental treatments. There is also the possibility for a private insurance.

Pharmacies can be found in every town, and in bigger cities almost every street has one. Even at night it should not take you a long time to find a pharmacy that is open. Remember that more drugs are prescribed in Spain than any other country.

Insurance

It is a condition of your booking with Equus Journeys that you have travel insurance which covers you for the riding activities to be undertaken. Your travel insurance should cover you for medical expenses and repatriation. Your guides will require your travel insurance details before they allow you to ride and may refuse to let you ride if you cannot provide them. You should take your insurance documents with you.

Voltage

230 volts AC, 50Hz. Round two-pin plugs are in use.

Budget and money

Spain has adopted the Euro (EUR, symbol: €) as its official currency. One Euro is divided into 100 (euro)cents, which are sometimes referred to as eurocents, especially when distinguishing them from the US cents.

Euro banknotes come in denominations of €5, €10, €20, €50, €100, €200 and €500. The highest three denominations are rarely used in everyday transactions. All Euro banknotes have a common design for each denomination on both sides throughout the Eurozone. The Euro coins are 1 cent, 2 cents, 5 cents, 10 cents, 20 cents, 50 cents, €1 and €2. Some countries in the Eurozone have laws which require cash transactions to be rounded to the nearest 5 cents. All Euro coins have a common design on the denomination (value) side, while the opposite side may have a different image from one country to another. Although the image side may be different, all Euro coins remain legal tender throughout the Eurozone.

Telephone and jetlag

The international access code for Spain is +34. The emergency number for police, ambulance and the fire brigade is 112.

Time zone GMT +1