



Border to Coast trail

WALES

Experience a **real trail riding expedition** through the idyllic Welsh countryside, with 6 days on horseback **covering over 100 miles**. Discover the unmarked tracks and trails through wild, remote hills and valleys and ride through the rich green countryside of Wye Valley, and the sandy beaches of the Dovey Estuary. **Experience the real Wales**, staying overnight at small local inns and traditional guest houses. There is no back-up vehicle on this ride, meaning you will carry your clothes and personal items in expedition bags – **a real adventure on horseback!**

Trail Riding	6 days/5 nights	From £1,999	
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ITINERARY

Highlights

- Explore Wales on a special 6-day itinerary, starting on the English border all the way to the sea
- Embark on a real riding expedition over unmarked trails, with no back-up vehicle assistance
- Stay in quirky Welsh guesthouses and enjoy the hospitality of the locals
- A shorter version of this trail is also available (with vehicle assistance): see the Welsh Prince trail.

Day 1 — 1 : EUROPE - CLYRO - BUILTH WELLS - 5-6 hours riding

Arrival at 8.30am at the stables on the border between Herefordshire and Wales. If required, you may arrive a day early and we can help organise accommodation. We recommend international travellers to arrive in London or Birmingham and rent a car or take a train to Hereford, where a taxi can be arranged.

Start your day by meeting your guide and fellow riders, before being partnered with your horse for the week. Prepare your saddle bags and get ready for your first day on the trail. On this trail riding holiday, all your belongings will come with you and you will be given special waterproof expedition saddlebags. Please see the packing list for notes on weight limitations.

A full day in the saddle where you will explore the open tracks of the Begwns and Llanbedr hill, passing through the Village of Painscastle where one of the biggest battles in Welsh History took place in 1198. After lunch, cross up and over Aberedw Hill to arrive at the horse's accommodation for the night. Feed and untack before a short taxi ride into the agricultural town of Builth Wells, where you will spend the night.

Day 2 — 2 : BUILTH WELLS - MYNYDD EPPYNT- ABERGWESYN - 6-7 hours riding

A delicious Welsh breakfast to start your morning. After a short drive to where your horses are staying, you will feed, groom and prepare them for their big day ahead. Another full day's trail is in store for you. Climb up to Pant-y-llyn lake high above Builth Wells, and follow the northern stretch of the

MynyddEpynt down to Abergwesyn, where the horses will stay the night. A short taxi ride will take the group to the town of Llanwrtyd, where you will stay at a local inn.

Day 3 — 3 : ABERGWESYN- STRATA FLORIDA- PONTRHYDFENDIGAID - 6-7 hours riding

After a good night's rest, you will be ready for another full day of riding. Today's route will take you through the mid part of the Cambrian Mountains where you will ride across an extremely remote terrain. Here you can enjoy the blissful peace of the Welsh countryside. Follow the ancient monk roads and cross large rivers and fords, where your horses can enjoy a quick splash. Eventually, you will ride downwards to the historic Abbey at Strata Florida to stay the night at nearby Pontrhydfendigaid. Horses will stay a short walk away with a local farmer.

Day 4 — 4 : PONTRHYDFENDIGAID-FFAIR RHOS- PONTERWYD - 6-7 hours riding

After a quick breakfast you will ready yourself for another big day, where you will cover around 20 miles of beautiful Welsh countryside. Start your ride through the small Village of Ffair-Rhos and out across a deserted valley, passing the remains of an ancient market village. Enjoy a peaceful ride through the Bwlchgwallter forest before crossing the bridge over the Dologau waterfall. Pose for a photo under the old masonry Arch built in 1810 to mark the Golden Jubilee of George III. After lunch, follow the river out onto open moorland and down into the village of Ponterwyd, where you will stay the night.

Day 5 — 5 : PONTERWYD- CEULANAMAESMAWR – CARDIGAN BAY - 6-7 hours riding

Today's ride will take you along the old mountain road up past Dinas Reservoir, you will ride onwards before reaching a crossing in the dam at Nant-y-moch reservoir. Here, at the base of Plynlimonis the highest point of the Cambrian Mountains. Get your first glimpse of the sea before heading down into the valley in Ceulanamaesmawr. Follow the bridleways looking out over Cardigan Bay before arriving at your final overnight stop.

Day 6 — 6 : CARDIGAN BAY - BORTH- CLYRO -EUROPE - 4-5 hours riding

Your final day in the saddle. Enjoy your last ride over the hills before heading down into the coastal plain & the seaside town of Borth. Take your horse for a short trot up the local high street before arriving on the beautiful open beach! Here you can really get a sense of your horse's speed and canter across the sand before enjoying a cooling splash in the sea. Take time to take in the surrounding landscape with a well-deserved ice cream. Say a final farewell to your horse and the team before heading home. Transfer to Clyro is organised for all riders at midday, arriving at around 3:00pm. Transfers from the stables can then be organised to the Hereford train station (see dates and prices).

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
12/06/2022	17/06/2022	£1,999		Full
19/06/2022	24/06/2022	£1,999		Guaranteed departure
26/06/2022	01/07/2022	£1,999		Full
24/07/2022	29/07/2022	£1,999		Guaranteed departure
31/07/2022	05/08/2022	£1,999		Full
07/08/2022	12/08/2022	£1,999		Guaranteed departure
21/08/2022	26/08/2022	£1,999		Guaranteed departure
28/08/2022	02/09/2022	£1,999		Guaranteed departure
04/09/2022	09/09/2022	£1,999		Guaranteed departure
11/09/2022	16/09/2022	£1,999		Guaranteed departure
25/09/2022	30/09/2022	£1,999		Guaranteed departure

Price details

- Flights to your destination are not included, but can be booked on request - please contact us for rates.

- Groups are composed of a minimum of 2 international riders and a maximum of 8 riders, plus guides.

- If you sign up to the ride as a solo rider, you will be charged a single room supplement of approx. €190/£165/\$225.

- Transfer information: If you are arriving by train, you will need to catch a taxi to Clyro, where the farm is located. The cost varies from £60-£80 and it needs to be prebooked. Please contact us for local taxi companies contact details.

- Rider weight limit: 92 Kgs, 14st 7lbs, 203 Lbs. Heavier riders please contact us.

- Teenagers aged 14+ are welcome on this ride, provided they meet the riding requirements and are accompanied by an adult.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English-speaking horse guide

LOGISTICS

1 horse equipped with saddle and bridle per rider

ACCOMMODATION

Double or twin room - Bed and Breakfast

MEALS

Full board from lunch on day 1 to breakfast on day 6

Price doesn't include

ACCOMMODATION

Single room supplement

TRANSPORT

Transfers to/from the train station. Rental car recommended

International flights

EXTRAS

Tips to the local team

Beverages at the bar, or any other personal extras

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

Visas and personal purchase

EQUESTRIAN INFO

Horses

The horses are a mixture of well bred, hardy breeds that are native to the UK. They are a herd of extremely fit, friendly and forward going trail horses and ponies. They live out all year round, working from 7 months of the year and enjoying a 5-month winter break. They love their job, and enjoy long rides through the Welsh countryside.

Minimum riding ability

MINIMUM RIDING ABILITY

You need to be a competent rider with the ability to ride in all three paces. You must be happy and confident cantering in open space.

Rider weight limit: 92 Kgs/ 14 stone 7lb/203 Lbs

PACE

The mixture of terrain means a varied riding pace each day – there will be lots of trotting to cover the distance and canters wherever the terrain allows. There will be points where it is necessary to dismount and walk on foot with your horse, such as steep downhill tracks which may be loose underfoot. On the final day of the trail, you can enjoy exhilarating canters on the sand.

TACKING ABILITY AND PARTICIPATION

You are required to groom, tack and untack your own horse during the week. You are also welcome to help with feeding and watering the horses if you wish.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

You will be riding between 6-7 hours each day, so riders must have a good level of current riding fitness. You must be physically fit enough to enjoy long trots and long days in the saddle on this riding expedition.

Previous experience of a multi-day trail ride is strongly recommended.

EQUESTRIAN EQUIPMENT

Each horse has its own individually fitted English tack, customised and fitted professionally to each horse. All horses are ridden in simple snaffle bits.

We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

Please note that there is no back up vehicle for this ride. Each rider is supplied with specially designed expedition saddle bags for spare clothes and personal belongings, and a smaller saddle bag for food and drinks. The amount of luggage each rider can take is roughly equal to one aircraft carry on sized bag/case. We also supply liners for your main expedition bags – these are 100% waterproof and will keep your belongings dry.

TRAVEL INFO

COMFORT

Accommodation is at B&Bs and Inns along the route. They are all basic, quirky, characterful, family run establishments that offer a warm welcome to trail riders.

MEALS

Food is all home-made using locally sourced ingredients where possible.

All accommodation places can cater for any dietary requirements.

Breakfasts are taken at the guest houses and are typical UK breakfasts.

Lunches: picnic lunches consisting of a sandwich, crisps, snack bar/cake, fruit and a drink

Dinners are taken at local pubs and public houses.

Special diets can be accommodated. Please let us know in advance.

CLIMATE

The British weather can be quite unpredictable and you should be ready for rain and sunshine in the same day!

Summers are cool, usually 20°C on average.

Winters can be very rainy, but are never too cold.

GUIDE AND LOCAL TEAM

All guides are full time, and have an extensive knowledge of our horses, routes and the hills. They are relaxed, friendly & professional.

TIPS

At your discretion

PACKING LIST

Please note that you are limited to around 6-8 kilos of clothing on this ride, as all your belongings will be carried with you in special expedition saddlebags. Please pack only what you need. The following list is a recommendation and outlines things you might need, depending on the season.

Head

- Helmets are mandatory. Equus Journeys strongly recommend that you take your own to ensure a correct fit.
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana

Upper body

- Long sleeved shirts provide protection from the sun
- T-shirts
- Fleece, jumper or jacket - the evenings can be cold
- Waterproof jacket - indispensable!
- Casual clothes for the evening

Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Waterproof riding pants might be a good idea
- Casual clothes for the evening

Hands and Feet

- Comfortable riding boots. We recommend short boots or hiking boots with half chaps but you may wish to take long chaps to protect against thorns. We don't recommend taking your favourite long leather boots in case they get damaged. Boots with a smooth sole are not recommended.
- Sandals, flip-flops or trainers for the evenings
- Gloves - your hands are particularly exposed to the sun or rain whilst riding

Other useful items

- Small bum bag to be worn whilst riding
- A soothing cream may be useful to treat areas irritated by long hours in the saddle
- Backpacks are not to be worn whilst riding. Everything should be kept either in pockets or in a bum bag : lip balm, sun screen, small camera, glasses, rope etc.
- Water bottle (1.5 litres or 2 equivalent)
- Headtorch or small torch for moving around at night - bring spare batteries and bulbs
- Toiletries
- Toilet paper and a lighter to burn it after use
- Swiss army knife or equivalent (in checking-in luggage!!)
- Small plastic bags for your rubbish
- Ear plugs (may be useful)
- Camera and high capacity memory card. Spare battery

Medical kit

- Sunscreen and lip balm - should be high factor
- Insect repellent
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..
- 10cm wide bandage
- Painkillers
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

Please do not bring:

- Inflatable air jacket
- Wellingtons, fashion boots, ponchos
- Footwear with a smooth sole

General information

- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- In your hand luggage carry any valuables, such as your camera, ipod, ipad etc.
- Travelling in your riding boots and carrying your hat and some riding clothes is highly recommended - then if your luggage goes astray you are still able to ride!

VISA & HEALTH

Formalities

Your passport must be valid for the duration of your stay in the United Kingdom (at least six months remaining validity is required for onward travel to many other countries).

You should check with your local travel advisory as entry requirements depend from your nationality.

ADDRESSES OF CONSULATES

- Ambassade du Royaume-Uni en France
35, rue du Faubourg Saint-Honoré
75008 Paris
Tél. : 01.44.51.31.00
Fax :
- Ambassade de France au Royaume-Uni
58 Knightsbridge SW1X 7 JT
Londres
Tél. : +44 20 70 73 1000
Fax :
ecrire.londres-fslt@diplomatie.gouv.fr

Health

You should be up to date on routine vaccinations while traveling to any destination. Some vaccines may also be required for travel.

Insurance

It is a condition of your booking with Equus Journeys that you have travel insurance which covers you for the riding activities to be undertaken. Your travel insurance should cover you for medical expenses and repatriation. Your guides will require your travel insurance details before they allow you to ride and may refuse to let you ride if you cannot provide them. You should take your insurance documents with you.

Voltage

In Wales the standard voltage is 230 V and the frequency is 50 Hz. In Wales the power plugs and sockets are of type G (3 prongs).

Budget and money

The currency in Wales is the pound sterling (£) and Wales has the same major banks as the rest of the UK. There are 1p, 2p, 5p, 10p, 20p, 50p, £1 and £2

coins and £5, £10, £20 and £50 notes.