

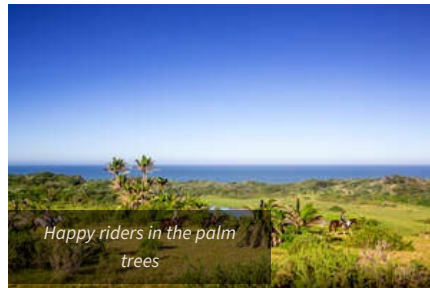


## Wild Coast extension

### SOUTH AFRICA

A fantastic alternative to the longer 7-day Wild Coast holiday, this **equestrian short break** in South Africa offers five days of relaxed riding adventures along the **Wild Coast**. A great choice for those short on time or wanting to combine this with one of our **African riding safaris**, for instance.

<b>Beach Ride</b>	<b>5 days / 4 days riding</b>	<b>From £885</b>	
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### ITINERARY

## Highlights

- Long canters that go on and on for miles along deserted and wild beaches
- Discover the stunning coastline of the Eastern Cape
- A chance to see dolphins and whales out at sea (peak viewing months for Southern Right whales and Humpbacks are July - November)
- Groups are usually limited to a maximum of 8 riders
- Comfortable accommodation

For a full week itinerant trail ride, please see our "Wild Coast" itinerary.

### Day 1 — 1 : JOHANNESBURG - EAST LONDON - KEI MOUTH - 1-2 hour riding

On arrival at East London airport, you will be transferred to Kei Mouth. We recommend flight SA471 from Johannesburg arriving in East London between 11.35 and 12:00. You will be collected from East London airport and should arrive in Kei Mouth, at about 13:00.

A light lunch will be served at the Kei Mouth Guest Lodge. Change into your riding clothes before meeting the horses. This afternoon you will ride for on an hour or a little longer to blow away the travelling cobwebs and give the guides a chance to assess your riding and make sure that they have the right horses allocated. Down by the river mouth you will have your first chance to canter along the beautiful beaches that this area is famous for.

Overnight and dinner at Kei Mouth Guest Lodge.

### Day 2 — 2: KEI MOUTH RIVER - WAVECREST - 4-5h riding

Wavecrest Hotel

Your overnight adventure trail begins! A full day riding along the coast, and the scenery is simply stunning. There is a good chance of spotting dolphins in the surf as you canter along the beautiful stretches of beach. Lunch is a saddlebag picnic with the chance to soak up the sun and enjoy the sea before

heading to your hotel in the afternoon.

## Day 3 — 3: Wavecrest - 3 hours riding

 Wavecrest Hotel

Departure time this morning is dictated by the tide. A fantastic three-hour ride across country awaits you, through rolling hills and traditional villages. You will ride along stretches of beach at low tide – the gallops are exhilarating. There will be a river crossing at the start or the end of the ride (tide dependent) which will complete this magical morning. You will be back at the hotel in time for lunch or if the weather and tide are favorable, this will be a picnic lunch.

This afternoon you will have a choice of activities, you can take a boat trip up the river and explore the stunning mangrove estuary of the Nxaxo river, go walking or just relax at the spa or in the jacuzzi. This afternoon is totally flexible as there are so many options to consider.

Overnight and dinner at Wavecrest Hotel.

## Day 4 — 4: WAVECREST - KEI MOUTH - 3 hours riding

Today you start our journey back to Kei Mouth. You ride inland this morning, crossing the river high up and away from the tides' influence. The slay paths and track offer great canterers as you wind our way back to the beach. Then you head towards Kei Mouth and the pontoon crossing before dropping the horses off at the paddocks before a late lunch at one of the local restaurants. Then it is a time to wander back to the guest house, and your final night on the Wild Coast.

Overnight and dinner at Kei Mouth Guest House

## Day 5 — 5: - EAST LONDON - JOHANNESBURG

On your last morning, you will explore the cliffs and village of Morgan Bay and have one last canter down the beach. You will be able to shower and change before departure.

You will be collected at 14:00 for flights departing after 17:00 or you can be dropped off at another address as arranged (we can organise an extension: safari in the Kruger, riding safari in Botswana, a visit to Victoria Falls, or even a relaxing beach holiday in Mozambique!).

### DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
16/01/2023	20/01/2023	£995		Guaranteed departure
30/01/2023	03/02/2023	£995		Guaranteed departure
13/03/2023	17/03/2023	£995		Guaranteed departure
20/03/2023	24/03/2023	£995		Guaranteed departure
27/03/2023	31/03/2023	£995		Guaranteed departure
03/04/2023	07/04/2023	£995		Guaranteed departure
10/04/2023	14/04/2023	£995		Guaranteed departure
17/04/2023	21/04/2023	£995		Guaranteed departure
24/04/2023	28/04/2023	£995		Guaranteed departure
01/05/2023	05/05/2023	£995		Guaranteed departure
15/05/2023	19/05/2023	£995		Guaranteed departure
22/05/2023	26/05/2023	£995		Guaranteed departure
29/05/2023	02/06/2023	£995		Guaranteed departure
12/06/2023	16/06/2023	£995		Guaranteed departure

19/06/2023	23/06/2023	£995	Guaranteed departure
26/06/2023	30/06/2023	£995	Guaranteed departure
10/07/2023	14/07/2023	£995	Guaranteed departure
17/07/2023	21/07/2023	£995	Guaranteed departure
24/07/2023	28/07/2023	£995	Guaranteed departure
07/08/2023	11/08/2023	£995	Guaranteed departure
14/08/2023	18/08/2023	£995	Guaranteed departure
21/08/2023	25/08/2023	£995	Guaranteed departure
04/09/2023	08/09/2023	£995	Guaranteed departure
11/09/2023	15/09/2023	£995	Guaranteed departure
25/09/2023	29/09/2023	£995	Guaranteed departure
02/10/2023	06/10/2023	£995	Guaranteed departure
09/10/2023	13/10/2023	£995	Guaranteed departure
23/10/2023	27/10/2023	£995	Guaranteed departure
30/10/2023	03/11/2023	£995	Guaranteed departure
06/11/2023	10/11/2023	£995	Guaranteed departure
20/11/2023	24/11/2023	£995	Guaranteed departure
04/12/2023	08/12/2023	£995	Guaranteed departure
11/12/2023	15/12/2023	£995	Guaranteed departure

## Price details

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- Flights to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.
- Rates are per person, based on two riders sharing a twin or double room during the ride. Single rooms are provided if available and subject to availability only.
- Rides are confirmed for a minimum of 1 and a maximum of 6 riders.
- Airport transfers are an extra c. 1200 ZAR (c. £70) per person per transfer at a set time. Transfers are payable locally in ZAR only and the cost is shared between the number of passengers.
- There is a maximum weight limit of 15 stones/95 kg - please contact us if you weigh more than this as it may be possible to pay a supplement for an extra horse.
- Please note that these prices are based on the South African Rand rate which can be volatile, we will confirm all prices to you upon booking.

### Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

## Price includes

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### SUPPORT TEAM

1 English-speaking horse guide

## **INLAND TRANSPORT**

Support vehicle and driver

## **ACCOMMODATION**

Double or twin rooms in guesthouses

## **MEALS**

Full board from lunch arrival day to breakfast on departure day

## Price doesn't include

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### **MEALS**

Beverages and personal extras

### **TRANSPORT**

Return airport transfers - See dates and prices

International or domestic flights

### **EXTRAS**

Staff gratuities

### **INSURANCE**

Visas and personal purchase

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

## Optional

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### **EXTRAS**

Trip extensions or additional activities

## EQUESTRIAN INFO

## Horses

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There is a stable of approximately 40 horses which are calm, energetic and sure-footed. Many are home-bred and have been bred by your host. They are a mixture of Arabs, Thoroughbreds, crossbreeds or local African horses such as Boeperds.

## Minimum riding ability

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### **MINIMUM RIDING ABILITY**

This trail is open to riders from low intermediate to experienced. At the minimum you should be able to control your horse at a walk and trot and be able to enjoy a nice controlled canter. Complete beginners are not accepted. You will ride out in groups of similar ability and we will not mix novice and experienced riders. Experienced riders will be in their own group to enjoy a faster pace and longer rides.

There is a maximum weight limit of 15 stones/95 kg - please contact us if you weigh more than this as it may be possible to pay a supplement for an extra horse.

### **PACE**

The riding is at mixed pace, with plenty of opportunities for long trots and canters along the beaches or on inland paths. You are divided in groups of similar ability and the pace of your ride depends on your riding levels.

### **TACKING ABILITY AND PARTICIPATION**

Your guides will feed, care for and saddle your horses, but you may wish to help untack at the end of the day.

## TRIP CONDITIONS AND REQUESTED EXPERIENCE

You need to be physically fit for long hours in the saddle in the African sun.

## EQUESTRIAN EQUIPMENT

The saddles are comfortable for riders with a high pommel and shallow seat which permit a good seat - most also have a sheepskin seatsaver on top. Each saddle also has a small saddle bag sufficient for carrying bottles of water and sunscreen necessary for the entire riding day.

We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

## TRAVEL INFO

### COMFORT

Kei Mouth Guest Lodge is near to the stables, so a great base. It's a short walk from the Kei River and the ferry crossing and also from the beach. There are three ensuite twin/double bedrooms.

Wavecrest has the most amazing setting on the banks of the estuary of the Nxaxo River. This area is known for its breathtaking scenery. The ensuite rooms overlook the river, beach and sea. Alternative accommodation depending on availability is Trennery's hotel that operates to the same standards.

### MEALS

Meals are provided by each hotel you stay at.

Breakfast is usually buffet style and includes cereals, bread, tea and coffee, fruit.

Lunch may be a picnic carried in your guides saddlebag or something light at the hotel.

Dinner usually consists of three courses and is local fare - hearty and tasty. Fish is often available!

Guests will be required to pay for all extra soft drinks, wine, beer and any other beverage when out for lunch, at restaurants and at the hotel bars. There is a bottle store just around the corner from the guest lodge if other drinks are required.

Vegetarians and special diets can be catered for to a certain degree but must be advised at the time of booking.

### CLIMATE

The rainy season is between November and the end of March, with some storms at the end of the day. The warmest months are January and February: expect around 26°C. The South African winter (July/August) is cooler with 10°C during the day on average.

May: temperatures between 13°C-23°C during the day

June/July/August/September: the South African winter (July/August) is cooler with an average of 20°C during the day.

October: between 14°C-22°C

November: lovely riding weather with temperatures between 16°C and 23°C

December: 17°C - 25°C

### GUIDE AND LOCAL TEAM

Julie-Anne and her team of guides are your hosts on this riding holiday. They will share with you their love for their horses and this beautiful part of South Africa.

### TIPS

We would recommend approximately £10 per guest per day which you can give to your guide to distribute amongst the team

### PACKING LIST

Head

- Hard hats are compulsory and we recommend you take your own to ensure a correct fit.

- Sunhat for when not riding

- Sunglasses - with a cord attached so they don't fly off when riding

- Buff or bandana

Upper body

- Long sleeved shirts provide protection from the sun

- T-shirts
- Fleece, jumper or jacket - the evenings can be cold
- Waterproof jacket - required all year round, but particularly during the winter months (May - October) when there can be rain or thunderstorms
- Casual clothes for the evening

#### Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Shorts for lazy lunchtimes
- Casual clothes for the evening

#### Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps. We don't recommend taking your favourite long leather boots in case they get damaged (they can also be hot!)
- Sandals, flip-flops or trainers for when not riding
- Gloves - your hands are particularly exposed to the sun whilst riding

#### Nightwear - pyjamas

#### Other useful items

- Swimsuit - for the pools - the sea is generally not safe for swimming
- Binoculars for spotting dolphins/whales along the coastline
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding

#### In your hand luggage

- Any valuables, such as your camera, ipod, ipad etc.
- Your riding hat

#### Medical kit

- Sunscreen and lip balm - must be high factor
- Insect repellent, preferably containing deet
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...

#### Miscellaneous

- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- Any liquids in your hold luggage, such as shampoo, moisturizer, over 100ml should be decanted into small, clear, plastic ziplock bag. We recommend biodegradable washing products where possible.
- In your hand luggage take any valuables, such as your camera, ipod, ipad etc.
- Travelling in your boots/ hiking shoes and carrying your hat and some riding clothes in you hand luggage is highly recommended - then if your luggage goes astray you are still able to ride!

## VISA & HEALTH

### Formalities

To enter South Africa, a passport valid for at least 30 days after the intended date of departure is required by all UK, Australian, USA, Canadian and other EU nationals.

Passports must have at least two blank facing pages for entry stamps - visitors have been refused entry by airport immigration officials for flouting this regulation.

Yellow fever certificates are required if your journey starts from or passes through a country with yellow fever (such as Zambia/Victoria Falls). Visas for South Africa are not required by UK, Australian, USA, Canadian and other EU nationals for stays of up to 90 days except:

- Nationals of Cyprus, Hungary, Poland and Slovakia, who may stay visa-free for up to 30 days.
- Nationals of Bulgaria, Croatia, Estonia, Latvia, Lithuania, Romania and Slovenia, who do require a visa.

Other passport holders are advised to contact the embassy/high commission for visa requirements.

IMPORTANT INFORMATION RE: TRAVELLING WITH CHILDREN

South Africa has relaxed its requirements for travelling with children under the age of 18. Visa exempt children (including UK Nationals visiting for tourism purposes) entering South Africa accompanied by an adult are required to present only a valid passport on arrival, regardless of whether the child is travelling with both parents, one parent, or an adult who is not a biological parent (for more information, please see the Immigration Act in conjunction with the advisory from the South African Department of Home Affairs). This includes children travelling as part of school groups.

Contact South African Immigration for what is required for other circumstances.

## ADDRESSES OF CONSULATES

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- South African High Commission  
South Africa House  
Trafalgar Square  
WC2N 5DP London  
Tél. : +44 (0) 20 7451 7299  
Fax : +44 (0) 20 7839 5670
- Paris | Ambassade d'Afrique du sud  
59, Quai d'Orsay  
75343 Paris Cedex 07  
Tél. : 01.53.59.23.23  
Fax :  
info@afriquesud.net
- Ambassade de France en Afrique du Sud  
250, Melk street  
New Muckleneuk  
0181 Pretoria  
Tél. : +27 (0) 12 425 1600  
Fax : +27 12 425 1609  
france@ambafrance-rsa.org

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## Health

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We recommend that you talk to your doctor as they have access to the most up-to-date information.

There are no vaccinations legally required to travel to South Africa, however, you need a yellow fever vaccination if you have travelled to a country where that disease is widely prevalent, such as Zambia/Victoria Falls. So although Yellow Fever is not a problem in South Africa, you will need to carry a certificate of vaccination if you are arriving from an infected country.

Like with most countries, it's advisable to have general injections regarding diseases like Hepatitis A and typhoid. Most travellers are already vaccinated against DTP (Diphtheria, Tetanus, Polio) and Hepatitis A, especially if you travelled already to countries outside the western world. If you are staying longer than 3 months or have a particular risk you might consider a rabies vaccination. Vaccination against Tuberculosis as well as Hepatitis B are also sometimes recommended for stays longer than 3 months.

Malaria, although not prevalent in most of the country, is a serious disease which must not be underestimated. If you are travelling in the eastern quarter of the country (towards Kruger National Park), take anti-malarial medication such as Malarone, especially when travelling during the warmer and wetter summer season (October to April/May). Also wear long-sleeved shirts and use insect repelling containing DEET.

Very occasionally there are reports of African Tick Bite Fever in guests returning from South Africa. Cover up when riding/walking through the bush and check yourself for ticks. If you experience flu-like symptoms on return to the UK it is worth mentioning to your doctor that you have visited a rural part of Africa. The disease is easily treated with antibiotics.

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## Insurance

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It is a condition of your booking with Equus Journeys that you have travel insurance which covers you for the riding activities to be undertaken. Your travel insurance should cover you for medical expenses and repatriation. Your guides will require your travel insurance details before they allow you to ride and may refuse to let you ride if you cannot provide them. You should take your insurance documents with you.

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## Voltage

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220/230 volts AC, 50Hz. Plugs have three fat round pins.

## Budget and money

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The currency of South Africa is the Rand, often called the 'buck', and it's divided into 100 cents. The sign for it is R and the financial code is ZAR. It was introduced in 1961 to coincide with the establishment of the Republic of South Africa, replacing the South African pound. Notes come in R10, R20, R50, R100, and R200 denominations. Coins of 5, 10, 20 and 50 cents exist, as well as R1, R2 and R5.

## Telephone and jetlag

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GMT +1

South Africa's country code is 27. Telephone numbers in South Africa are 10 digits, including the local area code. There are also some prefixes like 0800 (toll free), 0860 (charged as local call) and 0861 (flat-rate calls).

Roaming agreements exist with international mobile phone companies and coverage extends to most of the country except the very remote areas. GPRS for data coverage is also widespread. Airport kiosks can sell you a phone or local SIM card if you show some ID.

Internet cafes are common in towns throughout the country and wireless is available at airports and in up-market hotels. Most hotels charge for connectivity and it can be cheaper to find the nearest internet café.