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# Cross-country training at Castle Leslie

#### **IRELAND**

Perfect for **hunters and eventers**, this programme involves up to 3 hours training every day with a focus on cross-country jumping. **Castle Leslie**, located in Co. Monaghan, Ireland, is one of Europe's finest equestrian playgrounds and boasts an impressive **cross-country course**. After your ride, enjoy a variety of activities including walking, fishing or clay-pigeon shooting, and relax in your cosy room at the Lodge. All levels are welcome and itineraries can be personalised.

Centre based holidavs 6 days (5 days riding) or 4 days (3 days riding)

From

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Family holidays from 11 y.o

Open to nonriders







# **ITINERARY**

# Highlights

- Impressive equestrian facilities, with excellent indoors/outdoors arenas and over 300 cross-country jumps
- A personalised programme to suit all riding abilities, from novice to experienced riders
- Highly qualified and competent instructors, all BHS approved
- A great selection of horses suitable for riders of all levels

# Day 1 — 1: UK - DUBLIN OR BELFAST - CASTLE LESLIE - 1 hour riding

(zzz The Lodge at Castle Leslie

Castle Leslie is easily accessible from either Dublin or Belfast airport.

You can either request a private transfer from the airport, take a bus to the closest city (Monaghan) or rent a car.

After you settle into your room at The Lodge, depending on your arrival time, you may like to take a walk around the estate. Your first assessment lesson will be at 4.15 pm: it is a good opportunity to discuss your requirements for the week ahead with your instructors.

Your package includes half-board accommodation, with dinners (2 course meals) at Conor's Bar.

PLEASE NOTE - The following programme is tailored for competent riders who have previous cross-country experience. However, all riding abilities are welcome to Castle Leslie and we would be happy to create an itinerary in keeping with your requirements and riding skills. Activities are weather-dependent and might change to work around weather conditions. Lessons scheduled below are just an example and we will construct an itinerary to suit your flight times and other activities you may like to do while in Ireland.

# Day 2 - 2: CASTLE LESLIE - 3 hours riding

( Zzz The Lodge at Castle Leslie

After a leisurely breakfast, head to the stables for your 10 a.m. Estate ride (2 hrs). You will have the chance to catch of glimpse of the impressive cross-country course that unrolls across the grounds of the Castle.

After lunch (to your own account), a jumping lesson is planned at around 3 p.m. All instructors at Castle Leslie are experienced and BHS qualified, and will be able to help refine any riding issues you may have.

After your lesson, you may like to relax in the spa or avail of one of the many activities on offer at the Castle: clay pigeon-shooting, kayaking, fishing... Activities and access to the spa are at an extra cost, payable locally. Please contact us for a full list of activities.

Dinner at Conor's Bar and night at the lodge.

# Day 3 - 3: CASTLE LESLIE - 3 hours riding

(zzz The Lodge at Castle Leslie

In the morning, another ride takes you around the stunning Castle grounds for around 2 hrs. There are over 21 miles of bridleways for you to enjoy, with good canters to be had.

Lunch (to your own account) will be followed by a jumping lesson to consolidate yesterday's skills.

In the afternoon, you may want to explore the surroundings, as the area teems with local attractions and opportunities for outdoors pursuits.

Dinner at Conor's Bar and night at the lodge.

# Day 4 - 4: CASTLE LESLIE - 3 hours riding

(zz The Lodge at Castle Leslie

Now that you are familiarised with the horses and the instructors, it is time to get ready for your first cross-country training session. This morning, you are likely to ride in the indoors arena, focusing on your technique and position over indoors cross-country jumps.

The afternoon ride (2 hrs) will see you tackle Castle Leslie's renowned cross-country course! Probably one of the best courses in the country, there are jumps for all levels of riding and more than enough fences for thrill-seekers.

Dinner at Conor's Bar and night at the lodge.

# Day 5 - 5: CASTLE LESLIE - 3 hours riding

(zzz The Lodge at Castle Leslie

In the morning, another cross-country jumping lesson awaits. With over 300 jumps around the Estate, you may like to try out new jumps or combinations or go over your favourite jumps again.

Every rider knows that good flatwork is key to a successful course. This afternoon, a 1h lesson will focus solely on your skills over the flat.

If you wish, you may book an additional lesson at any time - why not try side-saddle riding? (subject to availability, at an extra cost).

Dinner at Conor's Bar and night at the lodge.

# Day 6 — 6: CASTLE LESLIE - 2 hours riding

Right after breakfast, enjoy your last cross-country ride. This is your last opportunity to work on your skills and ask your last questions to Castle Leslie's instructors before the end of your training programme.

You are transferred to the airport of your choice (Dublin/Belfast) after your ride.

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS
12/05/2024	17/05/2024	£1,715	Full
19/05/2024	24/05/2024	£1,715	Full
26/05/2024	31/05/2024	£1,715	Full
02/06/2024	07/06/2024	£1,715	Full
09/06/2024	14/06/2024	£1,715	Full
16/06/2024	21/06/2024	£1,715	Full
23/06/2024	28/06/2024	£1,715	Full
30/06/2024	05/07/2024	£1,715	Full
07/07/2024	12/07/2024	£1,715	Full
14/07/2024	19/07/2024	£1,715	Full
21/07/2024	26/07/2024	£1,715	Full
28/07/2024	02/08/2024	£1,715	Full
04/08/2024	09/08/2024	£1,715	Full
11/08/2024	16/08/2024	£1,715	Full
18/08/2024	23/08/2024	£1,715	Full
25/08/2024	30/08/2024	£1,715	Full
01/09/2024	06/09/2024	£1,715	Full
08/09/2024	13/09/2024	£1,715	Full
15/09/2024	20/09/2024	£1,715	Full
22/09/2024	27/09/2024	£1,715	Full
29/09/2024	04/10/2024	£1,715	Full
06/10/2024	11/10/2024	£1,715	Open
13/10/2024	18/10/2024	£1,715	Open
20/10/2024	25/10/2024	£1,715	Open
27/10/2024	01/11/2024	£1,715	Open
03/11/2024	08/11/2024	£1,715	Open
10/11/2024	15/11/2024	£1,715	Open
17/11/2024	22/11/2024	£1,715	Open
24/11/2024	29/11/2024	£1,715	Open
01/12/2024	06/12/2024	£1,715	Open
08/12/2024	13/12/2024	£1,715	Open
15/12/2024	20/12/2024	£1,715	Open
22/12/2024	27/12/2024	£1,715	Open

PLEASE NOTE - There is a minimum stay of 3 nights and longer stays are possible. Please enquire with us for availability with your preferred dates.

- Flights are not included. Rates are based on a 3 or 5-day package, with half-board accommodation in the lodge, riding activities as mentioned in the itinerary included. These packages can also be booked for 3, 4, 5 or 6 or 7 nights and incorporate the same elements, please contact us for a personalised quotation.
- This programme is based on two people sharing at the Lodge. If you sign up to the ride as a solo rider and there are no other riders likely to share your room, you will be charged a single room supplement of approx. €570/£500/\$610. You will then be reimbursed if a sharer is found for you at a later date.
- Lessons are in groups of 6 riders maximum
- Tips, extra activities and extra activities are not included
- Transfers from/to Dublin or Belfast airport are not included are payable locally:

Transfer from Dublin or Belfast (1 pax), one way: €140 (approx. £105/\$140)

Transfer from Dublin or Belfast (2-5 pax) per person, one way: €60 (approx. £35)

Transfer from Dublin or Belfast (6+ pax) per person, one way: €50 (approx. £25)

Alternatively you can also take a bus from Dublin or Belfast to Monaghan and a taxi can be arranged between the station and the Castle. Please contact us for the fare.

- If there is no availability on your preferred dates, please do contact us as self-catering cottages are also available.
- Children 7-11 yo and non-riders are welcome and benefit from a discount, please see below for details.
- Non-riders are also welcome. Their programme includes 5 nights Bed & Full Irish Breakfast and a choice of a 2-course meal in Conor's bar each night or a main course in Snaffles Restaurant. Starting from €1290/£1130/\$1370 for 5 days (sharing)

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

# Price includes

#### **SUPPORT TEAM**

1 or 2 BHS qualified instructor(s)

# **LOGISTIC**

1 horse equipped with saddle and bridle

# **ACCOMMODATION**

Double room at the lodge, half-board. Dinners are either a Conor's bar (two course meal) or Snaffle restaurant (one course meal)

# **EXTRA EQUIPMENT**

First aid kit

# Price doesn't include

### **MEALS**

Beverage and personal extra

#### **TRANSPORTS**

Transfers to and from Dublin or Belfast airport International flights bookable on request

# **EXTRA**

Tips to local team

# **INSURANCE**

Cancellation and travel insurances are not included. Please note that insurance is mandatory. We recommend to take out an insurance policy as soon as your travel is booked in case of cancellation.

# Optional

#### **ACCOMMODATION**

Single room supplement Room upgrade (please consult us)

#### **EQUESTRIAN INFO**

# Horses

An excellent selection of Irish draughts, Irish sport horses and cobs, ranging from 14'2 to 17'. Some are suitable to nervous riders while others will be perfect for riders looking for a challenge.

Rider weight limit: 16 stone/100 Kgs/224 lbs

# Guide & local team

All the instructors at Castle Leslie are all fully qualified and BHS approved.

# Minimum riding ability

# **MINIMUM RIDING ABILITY**

No particular conditions. The listed programme is tailored to competent riders with previous jumping experience, but we are able to organise holidays for riders of all abilities. Please contact us for full details.

Children aged seven years old or older are welcome to ride.

### **PACE**

The pace of the rides and lessons will be dictated by your riding abilities. There is plenty of excellent riding for good riders, while less experienced riders will ride according to their skills.

#### TACKING ABILITY AND PARTICIPATION

Your horse will be looked after for you but you are welcome to help should you want to.

# TRIP CONDITIONS AND REQUESTED EXPERIENCE

No particular conditions. The listed programme is tailored to competent riders with previous jumping experience, but we are able to organise holidays for riders of all abilities.

# **EQUESTRIAN EQUIPMENT**

You ride in English tack.

It is compulsory to wear a helmet at all times, and it must comply with the official regulations (fixed peaks are not acceptable when cross-country jumping).

Body protectors are mandatory for jumping and cross-country jumping.

The centre has helmets and a selection of body protectors to lend, however we always recommend you bring your own. The below riding great is provided on a complimentary basis to all guests:

· Skull and Peaked hats to the correct standard (Snell E2001, SEI AST M 95,

AST MF1163 2004 and PAS 2015)

- $\cdot \, \text{Jodhpur boots} \,$
- · Long rubber riding boots

- · Riding Crops
- · Back Protectors to the correct standard (Beta Level 3)

### **TRAVEL INFO**

# **COMFORT**

Accommodation is normally in the Lodge, located close to the stables, with very comfortable and tastefully-decorated rooms. Upgrades to the Castle are available, please contact us.

Self-catering cottages are also available for groups or families at a very interesting rate.

#### **MEALS**

Half-board accommodation.

Breakfast: full Irish or continental

Dinner: two-course meals at Conor's bar or one one course meal in Snaffles restaurant.

# **CLIMATE**

The weather in Ireland is similar to that in the rest of the British Isles, although it is more likely to rain. You should always be prepared with a good quality raincoat and dress in layers as you might enjoy a glorious sunny day followed by one which is rather more wet and cold.

# **TIPS**

Tips are not mandatory but very welcome if you are pleased with the service provided.

# **PACKING LIST**

Head

- Helmets are mandatory. Your riding hat must comply with the official regulations (fixed peaks are not acceptable when cross-country jumping).

# Upper Body

- The weather can be unpredictable in Ireland so we recommend bringing tops you can wear in layers, T-shirts, sweatshirts and vests etc.
- Body protector
- Half or long-sleeved cotton shirts (to provide protection from the sun) or T-shirt in a quick-drying material
- A light raincoat that you are comfortable in
- A lightweight fleece or jumper
- A swimsuit

# Legs

- 2 pairs of jodhpurs or riding trousers
- 1-2 pairs of trousers suitable for dinner at the Conor's bar
- Cotton or synthetic underwear (non-irritant)

# Hands and feet

- Short jodhpur boots and half chaps are the best option as they are much cooler and easier to transport, but if you are used to riding in your long boots and want to wear them this is fine.
- Lightweight shoes for the evenings
- Several pairs of socks
- Gloves

# Other useful items

- Toiletries
- Small medical kit
- Sunscreen and lip balm
- Insect repellent
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..

Miscellaneous

- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- Any liquids in your hold luggage, such as shampoo, moisturizer, over 100ml should be decanted into small, clear, plastic ziplock bag. We recommend biodegradable washing products where possible.
- In your hand luggage take any valuables, such as your camera, ipod, ipad etc.
- Travelling in your boots/ hiking shoes and carrying your hat and some riding clothes in you hand luggage is highly recommended then if your luggage goes astray you are still able to ride!

#### **SUSTAINABLE TOURISM**

- 1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
- 2. **Reduce plastic waste.** Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
- 3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
- 4. Choose your experiences carefully. Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
- 5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
- 6. Share! Raise awareness among your family and friends about sustainable tourism.

For more information please see this page .