Equus Journeys
HORSEBACK TRAVEL & EQUESTRIAN TRADITIONS SINCE 1972

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Dressage holiday at Quinta Do Rol

PORTUGAL

Highly-trained **Lusitano horses**, a luxury family estate and a century-old wine country: welcome to Quinta do Rol, a beautiful equestrian estate located just an hour north of Lisbon. **Dressage programmes** include either one or two lessons a day on Lusitano schoolmasters, with optional **estate rides** and **beach trails** available. On your free time, you are welcome to use the Estate's amenities or just enjoy watching lessons with a glass of wine in hand. A paradise for **dressage lovers**!

Dressage stays	**7 days / 5 riding**	**From £1,399**		Open to non-riders


Learn from competent dressage instructors


You can swap a lesson for a lovely estate hack!


Quinta do Rol's idyllic surroundings

ITINERARY

Highlights

- Top quality Lusitano horses that will give you the chance to experience advanced dressage moves
- Comfortable accommodation and luxurious amenities, including a 20x40 indoor arena and 20x60 outdoor covered arena
- Quality instruction under the guidance of the head instructor Pedro Teixeira Farto.
- From mid-September to mid-June, experienced riders can opt in for an optional beach ride on Areia beach (at an extra cost).

Day 1 — 1 : LONDON - LISBON

On arrival at Lisbon airport, you will be transferred to the Estate. Please remember that transfers are not included and are payable locally (see dates and prices). Alternatively you can decide to rent a car, that you can also use to explore the countryside in your free time. The drive from the airport to the Estate is approx. 1 hour.

Check in from 4pm to 7pm - no check-in after that time.

Day 2 — 2 : DRESSAGE TUITION - 1 or 2 lessons

Quinta do Rol

The way you will spend your days depends on the number of lessons you have booked. You will have either pre-booked one or two lessons a day (see "dates and prices")

Lessons are always on a one-to-basis although there may be two riders and two instructors in the arena (headsets are used to avoid interference). You will normally warm-up with one instructor then switch to another instructor for the remainder of the lesson. Lessons usually last around one hour.

Experienced riders will also have the opportunity to swap one dressage lessons for a tour of the Estate on horseback, and get a glimpse of "Working Equitation", a traditional Portuguese riding discipline. These must also be arranged locally.

When not riding, guests can make use of the Estate's amenities (pool, tennis court...) or enjoy the surroundings if you have decided to rent a car. You are also very welcome to watch lessons from the indoor arena's viewing gallery.

Day 3 — 3 : DRESSAGE TUITION - 1 or 2 lessons

Quinta do Rol

1 or 2 lessons a day.

Day 4 — 4 : DRESSAGE TUITION - 1 or 2 lessons

Quinta do Rol

1 or 2 lessons a day.

Day 5 — 5 : DRESSAGE TUITION - 1 or 2 lessons

Quinta do Rol

1 or 2 lessons a day.

Day 6 — 6 : DRESSAGE TUITION - 1 or 2 lessons

Quinta do Rol

1 or 2 lessons a day.

Day 7 — 7 : LISBON - LONDON

After breakfast, you will be transferred to the airport (transfer not included and payable locally)

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS
29/11/2026	05/12/2026	£1,645	Guaranteed departure
06/12/2026	12/12/2026	£1,399	Guaranteed departure
13/12/2026	19/12/2026	£1,399	Last seats
03/01/2027	09/01/2027	£1,487	Guaranteed departure
10/01/2027	16/01/2027	£1,487	Guaranteed departure
17/01/2027	23/01/2027	£1,487	Guaranteed departure
24/01/2027	30/01/2027	£1,487	Guaranteed departure
31/01/2027	06/02/2027	£1,487	Guaranteed departure
07/02/2027	13/02/2027	£1,487	Guaranteed departure
14/02/2027	20/02/2027	£1,487	Guaranteed departure
21/02/2027	27/02/2027	£1,487	Guaranteed departure
28/02/2027	06/03/2027	£1,746	Guaranteed departure
07/03/2027	13/03/2027	£1,746	Guaranteed departure

14/03/2027	20/03/2027	£1,746	Guaranteed departure
21/03/2027	27/03/2027	£1,746	Guaranteed departure
28/03/2027	03/04/2027	£1,746	Guaranteed departure
04/04/2027	10/04/2027	£1,746	Guaranteed departure
11/04/2027	17/04/2027	£1,746	Guaranteed departure
18/04/2027	24/04/2027	£1,746	Guaranteed departure
25/04/2027	01/05/2027	£1,746	Guaranteed departure
02/05/2027	08/05/2027	£1,746	Guaranteed departure
09/05/2027	15/05/2027	£1,746	Guaranteed departure
16/05/2027	22/05/2027	£1,746	Guaranteed departure
23/05/2027	29/05/2027	£1,746	Guaranteed departure
30/05/2027	05/06/2027	£1,746	Guaranteed departure
06/06/2027	12/06/2027	£1,746	Guaranteed departure
13/06/2027	19/06/2027	£1,746	Guaranteed departure
20/06/2027	26/06/2027	£1,746	Guaranteed departure
27/06/2027	03/07/2027	£1,746	Guaranteed departure
04/07/2027	10/07/2027	£1,487	Guaranteed departure
11/07/2027	17/07/2027	£1,487	Guaranteed departure
18/07/2027	24/07/2027	£1,487	Guaranteed departure
25/07/2027	31/07/2027	£1,487	Guaranteed departure
01/08/2027	07/08/2027	£1,487	Guaranteed departure
08/08/2027	14/08/2027	£1,487	Guaranteed departure
15/08/2027	21/08/2027	£1,487	Guaranteed departure
22/08/2027	28/08/2027	£1,487	Guaranteed departure
29/08/2027	04/09/2027	£1,487	Guaranteed departure
05/09/2027	11/09/2027	£1,746	Guaranteed departure
12/09/2027	18/09/2027	£1,746	Guaranteed departure
19/09/2027	25/09/2027	£1,746	Guaranteed departure
26/09/2027	02/10/2027	£1,746	Guaranteed departure
03/10/2027	09/10/2027	£1,746	Guaranteed departure
10/10/2027	16/10/2027	£1,746	Guaranteed departure
17/10/2027	23/10/2027	£1,746	Guaranteed departure
24/10/2027	30/10/2027	£1,746	Guaranteed departure
31/10/2027	06/11/2027	£1,746	Guaranteed departure
07/11/2027	13/11/2027	£1,746	Guaranteed departure

14/11/2027	20/11/2027	£1,746	Guaranteed departure
21/11/2027	27/11/2027	£1,746	Guaranteed departure
28/11/2027	04/12/2027	£1,746	Guaranteed departure
05/12/2027	11/12/2027	£1,487	Guaranteed departure
12/12/2027	18/12/2027	£1,487	Guaranteed departure

Price details

- Please note that from 2027 there are no lessons on Sunday.

- Flights to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.

- Rates are per person, based on two riders sharing a twin or double room.

- Arrival dates are flexible and you may arrive any day you like. The normal package includes 6 nights but a shorter package (3 nights) is also available, please contact us.

- Prices quoted include one lesson per day (5 in total) but you can have up to 10:
> 6 nights, 10 lessons (low season): €2085/£1795/$2370 per person in 2026, or €2245/£1920/$2595 per person in 2027
> 6 nights, 10 lessons (high season): €2450/£2125/$2865 per person in 2026 €2640/£2255/$3050 per person in 2027

- A single supplement is payable if you end up in a single room or to guarantee single occupancy: €240/£210/$280 in 2026/2027

- Transfers to/from Lisbon airport are payable locally at €125 or €130 per car, each way (maximum 3 guests). It is possible to transfer from the city centre, in which case the transfer is €130 or €135 in 2027 per car, each way.
Please note the check in is until 7pm.

- Bookings in the low season benefit from a 15% discount. See seasonality below.
- Non-riders are welcome and a non-riding package is €1200/£1025/$1385 in 2026, or €1290/£1100/$1490 in 2027
- Children aged 6 and above are welcomed on this holiday and benefit from a 15% discount. They will be given 25min lessons (on a lead rope).

Rider weight limit: 90 kg / 14.1 st / 198 lbs

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2026/2027 - Low Season
Please note that a low season rate will be applicable for bookings between the following dates:
01 Jan – 28 Feb
01 Jul – 31 Aug
01 Dec – 31 Dec
Please Note
The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.
The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

English speaking instructors

LOGISTIC

1 dressage horse (you will not be riding the same horse during your stay)

ACCOMMODATION

Accommodation in a guesthouse

MEALS

Full board from dinner on the first night to breakfast on the last day

Price doesn't include

MEALS

Beverage and personal extra

TRANSPORT

Return airport transfers
International flights

EXTRA

Tips to local team

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

Optional

ACCOMMODATION

Single room supplement

EXTRAS

Additional lessons, trip extensions, etc

EQUESTRIAN INFO

Horses

There is a selection of 20 horses to suit any abilities. All are well-behaved pure-bred Lusitanos and the instructors will match you with the right horse, whether you are a novice rider, or a competent rider looking to experience high school dressage moves.

Guide & local team

Several instructors are available : Miguel Pereira, Georgina Rogers, João Gouveia, Carlos Rosa. All are competent instructors and speak good English.

Minimum riding ability

MINIMUM RIDING ABILITY

Riders of all abilities are welcomed at Quinta do Rol. However, riders who have some prior experience of dressage will get the most out of this holiday.

Rider weight limit: 90 kg / 14.1 st / 198 lbs

PACE

Depending on your experience you will work in all three paces and may include movements such as shoulder-in, travers, half pass, piaffe etc. The estate rides are a quiet affair and focused on enjoying the landscape and scenery.

TACKING ABILITY AND PARTICIPATION

A team of grooms will be preparing your horse for you. You are not expected to help with anything.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

No special difficulties, but a prior knowledge of basic dressage is a plus. You will get more out of the tuition if you have some experience of basic

dressage terms, such as shoulder-in. That being said, all levels of riders are welcome and will learn at their own pace.

The beach and estate rides are only suitable for competent riders.

EQUESTRIAN EQUIPMENT

Riding helmets are mandatory and we recommend you bring your own to ensure a proper fit.
Spurs can be provided.
Dressage tack.

TRAVEL INFO

COMFORT

The main estate is located a few minutes' walk from the equestrian facilities, across a country road.

There are four spacious cottages with private rooms located at walking distance from the main house and the stables. Each cottage has 1-4 ensuite rooms and is equipped with a fireplace and TV as well as A/C.
All rooms have Wi-Fi.

Amenities on the estate include a swimming pool (not heated), a gym area as well as tennis and basketball courts.

Laundry service is availability at an extra cost.

MEALS

Breakfast: continental breakfast (bread, jam, fruit salad, yogurt, ham, cheese, juice, tea/coffee).
Lunch and dinner have a variety of traditional Portuguese dishes (three course meals).
Drinks (juice, soft drinks, wine) are not included and payable locally.
One bottle of wine per room is offered as a welcome drink.

Vegetarian/GF diets and allergies can be accommodated with prior notice.

CLIMATE

Portugal has a pleasant climate with mild temperatures all year round:
Winter: 12 - 15c
Spring: 20 - 25c
Summer: 30 - 35c
Autumn: 15 - 20c
There is rarely rain during the summer months, but rain is common in winter and can occur in spring also.

TIPS

Tips are appreciated but not expected. You should give what you feel is appropriate and you feel comfortable with.

PACKING LIST

Please pack carefully and sensibly: the following guide is here to give you an idea of what to bring. This list must be adapted depending on the season and individual needs.

Head
- Riding helmet

Upper Body
- Half or long-sleeved cotton shirts or T-shirt in a quick-drying material
- A light raincoat that you are comfortable in
- A lightweight fleece or jumper
- A swimsuit

Legs
- 2 pairs of jodhpurs or riding trousers

- 1-2 pairs of trousers

Hands and feet
- Short boots and half chaps are the best option as they are easier to transport, but if you are used to riding in your long boots and want to wear them this is fine.
- Lightweight shoes for the evenings
- Several pairs of socks
- Gloves

Other useful items
- Toiletries
- Small medical kit - antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..

Our Recommendations
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals

SUSTAINABLE TOURISM

1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
2. **Reduce plastic waste.** Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
4. **Choose your experiences carefully.** Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
6. **Share!** Raise awareness among your family and friends about sustainable tourism.

For more information please see this page .