



# Equus Journeys

HORSEBACK TRAVEL & EQUESTRIAN TRADITIONS SINCE 1972

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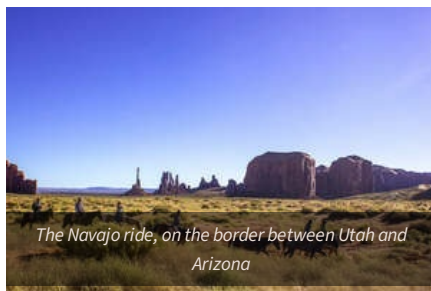
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## Navajo trail

### UNITED STATES

Follow the incredible, ancient Native-American **Navajo trail on horseback** across the Navajo reserve on the border of Utah and Arizona in the USA. Along the way, you will travel through impressive sandstone parks with stunning vistas - the majestic Monument Valley, the labyrinthian Slot Canyon and the naturally-formed Rainbow bridge. Out here vast open spaces contrast with narrow, winding canyons on this unique **horseback trail in USA**. Experience the old Wild West on horses descended from mustangs and roam through this region of wild and historic beauty.

<b>Trail Riding</b>	 <b>11 days / 7 days riding -</b>	 <b>From £0</b>	
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### ITINERARY

## Highlights

- See some of the greatest natural wonders of the West: Lake Powell, Monument Valley, Canyon Chelly, Canyon del Muerto
- Ride through Navajo territory and gain an insight into the culture of the people who inhabited the region
- Experience breathtaking canyons towards an infinite horizon and welcome the night under radiant sunsets in an magnificent spectrum of colours
- A Navajo guide will accompany the ride and provide first-hand knowledge about the sites encountered along the route and the Navajo culture.

## Day 1 — 1: EUROPE - LAS VEGAS - ST GEORGE

Fly from Europe to St George. There are no direct flights from the UK, but same-day flights are usually available through Phoenix.

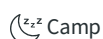
You can also fly directly to Las Vegas, then take a shuttle bus tonight (3 hours - to book on <https://saltlakeexpress.com/>).

Flights are not included. We can help with your travel arrangements, please contact us if you require assistance with your flights.

Night in St George to recuperate from the jetlag before the start of your ride the next day. The cost of this hotel is not included but we can book it for you on request - please contact us. We recommend staying at the Red Lion where your pick up is scheduled the following day.

Please note: the following programme may change and evolve depending on weather conditions and authorisations.

## Day 2 — 2: SAINT GEORGE - CHELLY CANYON



After breakfast (payable locally), you will be met at the Red Lion hotel by your guide (c. 9.00 am). Yourself, the other riders, the horses and the

equipment will be driven to Chelly canyon (approx. 6 hours), with a break for lunch at Kayenta.

You will spend the night camping in a Navajo camp in the southern end of the Chelly canyon.

## Day 3 — 3: CHELLY CANYON - DEL MUERTO CANYON - 4-6 hours riding

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After breakfast you will mount up for your first day of riding, heading steadily down the Bat Trail into the canyon de Chelly on winding, challenging paths. Once on the canyon floor, the ground will be softer and will allow you to pick up the pace.

From the trail, you will get to see many of the sights unique to the Navajo reserve; Spider rock, the Anasazi ruins, hogans built by the Navajos and petroglyphs.

You will camp for the night where Chelly canyon and canyon del Muerto meet.

## Day 4 — 4: CANYON DEL MUERTO - MONUMENT VALLEY - 4-6 hours riding

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Following breakfast, you will set off again through canyon Del Muerto with its immense and rocky landscape. The canyon has born the name 'Del Muerto' since 1804, after the Spanish slaughtering of the Navajos in that same year. You will view Anasazi ruins and on the pathway leading you out of the canyon, you will pass by Navajos farms.

Mid-afternoon you will be taken by car through the Navajo reserve to the majestic Monument Valley where you will spend the night at a campside among the buttes of the valley.

## Day 5 — 5: MONUMENT VALLEY - RAINGOD MESA - 4-6 hours riding

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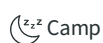
You will ride through hills of red sand, mesas (table top shaped formations) of Little Monument Valley. Your destination will be Raingod mesa where you will set up your camp. There will be an opportunity to stop at the visitor centre and to purchase Navajo Indian jewelry.

You will spend 2 days on the Navajo reserve discovering their culture and craft-making. The Navajo are a Native American people of the Southwestern United States. They are the second largest federally recognized tribe in the United States with 300,460 enrolled tribal members as of 2015. The Navajo Nation constitutes an independent governmental body that manages the Navajo reservation in the Four Corners area, including Arizona, Utah, and New Mexico. The Navajo language is spoken throughout the region with most Navajo speaking English as well.

The open landscape will give you stunning views and on the horizon, the setting sun lights up the cliffs in pink and ochre hues.

## Day 6 — 6: RAINGOD MESA - MONUMENT VALLEY - RAINGOD MESA - 4-6 hours riding

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Starting the day with a glorious sunrise, you will ride past the popular Totem pole and through beautiful sand dunes. On horseback you will reach the summits of some of the unusual rock formations ever present through the valley. It is after these types of rocky formations or 'monuments' that the valley is named. You will ride between sand dunes, canyons and hillocks formed by the continual erosion of the plateau.

Stop for lunch at ancient ruins, and the afternoon should provide opportunities for long canters across valleys and through drainages.

At the end of the day's ride, you will head back to the camp, have a dinner and spend the night.

## Day 7 — 7: RAINGOD MESA - NAVAJO MOUNTAIN - 4-6 hours riding

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Your last morning to enjoy the beautiful sunrise at Raingod Mesa. Around noon you will load your horses and transfer to Navajo mountain on the border of Utah and Arizona. The mountain is sacred to the Navajo people and its form is similar to a hogan, the primary, traditional dwelling of the Navajo people.

The landscape here is craggy and the ground quite difficult to ride. The challenges presented by this hostile landscape are the reason why the Navajo were able to survive the Spanish invasion. You will see some hogans dating back to the period of this conflict. You will ride through a labyrinth of arches

and vaults of multicoloured rocks on meandering paths.

You will set up camp in the northern part of the Navajo mountain.

## Day 8 — 8: COLORADO RIVER - NAVAJO MOUNTAIN CAMP - 4-6 hours riding

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Today you will ride from camp into the canyons formed by the erosion of the water's path through the rock. Some sections will have to be walked on foot and there will be some climbing. This is a very scenic section of the trail with several vantage points over the vast Colorado river plateau. Lunch looking down on lake Powell.

Return to the Navajo Mountain Camp for a farewell dinner.

## Day 9 — 9: PIUTE CANYON - LAKE POWELL - 4-6 hours riding

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From the campsite, it will be a half-day ride to Hawkeye arch, in some of the most remote parts of the reservations. Return back to camp and plan on arriving back in St George by 7:00pm.

Hotel not included.

## Day 10 — 10: SAINT GEORGE - LAS VEGAS - EUROPE

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You will be free to make your own plans for breakfast and then you will travel to Las Vegas airport by the 'St George Express' shuttle (3 hours). This service is not included but we can help with this on request.

ATTENTION: On arrival at Las Vegas be aware that there is an hour's time difference between Las Vegas and St George. From there, you will catch your flight back to Europe. Make sure to book a flight that takes off after 14:00.

## Day 11 — 11: EUROPE

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Arrival in Europe.

### DATES & PRICES

We are currently updating our dates and prices they will be online soon. If you want details of this holiday, please do not hesitate to contact us.

## Price details

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No departure for this destination. Please contact our travel advisers for more information.

- International flights are not included.

- Hotel nights in St George (before and after the ride) as well as potential shuttle transfers from/to Las Vegas are not included. We are happy to help with this upon request.

- Price is based on shared double room accommodation and a shared tent. If you would prefer not to share your tent during the trail you will be charged approx. £65 for the trip.

- Groups are made up of 6 - 12 international riders plus guides.

- Maximum weight of dressed rider : 95kg/ 15st/ 210lbs

- Gratuities are included.

- An electronic travel authorisation (ESTA) is required to enter the USA. It is your responsibility to organise this. Please visit <https://esta.cbp.dhs.gov/> and contact us if you need help.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and

replaced by another of a similar standard.

## Price includes

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### SUPPORT TEAM

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1 English-speaking horse guide

### LOGISTICS

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1 horse equipped with saddle and bridle per rider

1 groom

1 cook

1 vehicle and driver

1 local team

### INLAND TRANSPORT

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Transfers from day 2 to day 10

Boat the last day

### ACCOMMODATION

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2 person tents and foam mattresses

### MEALS

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Full board from lunch on day 2 to lunch on D9

### EXTRAS

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Gratuities to the guides are included in the price

## Price doesn't include

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### MEALS

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Beverages and personal extras

Dinners and breakfasts in St Georges on day 1 and day 9 are not included - you can expect to pay around £17 (24\$) for a buffet lunch. Also not included is lunch on day 2 in Kayenta.

### ACCOMMODATION

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Accommodation in St George - before and after the ride

### TRANSPORT

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Visa fee (ESTA) - this must be arranged in advance

Airport transfers and potential shuttle transfer from Las Vegas to St George and back.

International flights that we can book for you upon request

### INSURANCE

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Cancellation and travel insurance are not included. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked in case of cancellation.

## Optional

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### ACCOMMODATION

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Single tent supplement - see dates and prices for details.

The horses you will be riding are working horses including mustangs, paints and quarter horses. They are well trained, forward going, confident and sure footed.

## Guide & local team

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Originally from this area, the Heaton family will lead you on this expedition. Mel, the patriarch of the family, has formed a strong relationship with the Navajos over many years. His relationship with them allows the Heaton family to organize this wonderful horseback trail.

## Minimum riding ability

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### MINIMUM RIDING ABILITY

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You need to be an experienced rider who is used to riding across varied terrain for several hours. There are some long riding days and the pace can be fast at times. There are some areas of difficult terrain.

### PACE

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There are long stretches of walking as the horses need to conserve their energy to complete the whole ride, but there are plenty of opportunities for fast riding as soon as the ground allows it.

### TACKING ABILITY AND PARTICIPATION

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Everyone is expected to assist in caring for the horses (tacking up, un-tacking etc) and setting up camp (erecting tents and helping prepare meals) and washing up.

### TRIP CONDITIONS AND REQUESTED EXPERIENCE

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You need to be physically fit. There are some long days (up to 8 hours riding) at the start of the ride. The ground is uneven and you have to be able to trust your horse to find his way. This ride is not recommended for riders who are scared of heights. The camp is also basic.

You should have previous experience of a long trail ride over several days and it is advantageous if you have experience of remote camping too.

### EQUESTRIAN EQUIPMENT

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Supplied material:

- Tent and foam mattress
- Saddle bags
- Western saddle / equipment
- GPS balise for emergency.

For you to bring (optional) :

- Front saddle bags
- Rope to fix your jacket at the back of the saddle.

\* We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

Comfort of the ride:

Basic. The material will be transfered from camp to camp (toilet, drinking water)

A hot shower is possible in Monument Valley

## TRAVEL INFO

### COMFORT

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In Saint George, you will be staying in a 3 star hotel in double or triple bedded rooms.

Whilst on the trail you will be camping in two-man tents with foam mattresses (provided). You will need to bring your own sleeping bag. Toilets will be available.

### MEALS

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Meals are outside.

Heavy breakfasts of sweet and salty food.

Lunch from your saddle bags prepared by you in the morning.

Dinner is warm and typical American fare: BBQ meat, vegetable, salad, potatoes.

Water and soda at your disposal.

Alcohol is prohibited on Navajo land.

## CLIMATE

Arizona has a dry climate, with little rainfall. Temperatures vary greatly from place to place, season to season, and day to night. Average daily temperatures at Yuma, in the southwestern desert range from 43° to 67°F (6° to 19°C) in January, and from 81° to 106°F (27° to 41°C) in July. At Flagstaff, in the interior uplands, average daily January temperatures range from 14° to 41°F (-10° to 5°C), and average daily July temperatures range from 50° to 81°F (10° to 27°C).

The state receives more than 80% of possible sunshine, among the highest in the US.

## TIPS

Tips are compulsory in USA.

Tips are already included (10%) but you are welcome to leave a little extra if you were particularly happy with the service provided.

## PACKING LIST

Please note: nights can be cold in this part of the USA. Please make sure you pack accordingly and have a sleeping bag with the sufficient comfort factor.

### Head

- Equus Journeys strongly recommend that you wear a riding helmet and that you take your own to ensure a correct fit. There are many lightweight options available nowadays
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana
- Warm hat for cold nights when camping

### Upper body

- Thermals (long or short sleeved)
- Long sleeved shirts provide protection from the sun and are an extra layer
- T-shirts
- Lightweight fleece or jumper
- Warm fleece or jumper (and a spare in case one gets wet)
- Warm and waterproof jacket - it can rain at any time of year and the evenings can be particularly cold
- Swimming costume - for swimming/bathing in rivers/hot springs

### Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Thermals
- Casual trousers for the evenings, such as jeans or tracksuit bottoms
- Waterproof over trousers

### Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps as an extra layer against inclement weather. We don't recommend taking your favourite long leather boots in case they get damaged
- Waterproof shoes/boots can be useful for abundant dew in the mornings or when it rains
- Trainers or equivalent light shoes for moving around the camp in the evenings
- Several pairs of warm, thick socks
- Gloves - your hands are particularly exposed to the sun, cold or rain whilst riding. Waterproof gloves can be particularly useful

### Nightwear

- Sleeping bag. You need at least a comfort factor down to minus 5 celsius, but would recommend at least minus 8 or 10 celsius
- Sleeping bag liner - silk, cotton or fleece - adds an extra layer
- Pyjamas or tracksuits or thermals for sleeping in

### Other useful items

- Towels - camping ones will both dry and pack more easily
- Small backpack for accessing items required during the day (carried by support crew)
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding

- Headtorch or small torch for moving around camp at night - bring spare batteries and bulbs
- Water bottle (2 litres or 2 x 1 litre)
- Swiss army knife (or equivalent)
- Field glasses
- Wet Wipes or equivalent (for when washing facilities aren't available)
- Toilet paper and a lighter to burn it with
- Small plastic bags for rubbish
- Ear plugs (for light sleepers)

#### Medical kit

- Any medication you regularly take
- Sunscreen and lip balm - should be high factor
- Insect repellent, preferably containing DEET
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Water purification tablets
- Antiseptic wipes
- Handwash gel

#### Our Recommendations

- Please don't take a hard sided suitcase. Your luggage should be soft sided with a capacity of 60-80 litres. We recommend taking a backpack or similar.
- Backpacks cannot be worn whilst riding. We recommend a small bum bag or a coat with pockets so that you can carry small items with you during the day (passport, camera, sunscreen, lipbalm etc)
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- Tall riders may benefit from taking a pair of long stirrup leathers with them (the local stirrups are adjustable but are sometimes limited in length)
- Even if foam mattresses are provided, you may pack your own inflatable mattress for comfort's sake.
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- Please take your rubbish home with you. There are no recycling facilities, so take your used batteries, aerosols etc back home and dispose of them appropriately. Try to leave excess packaging material at home before travelling
- In your hold luggage put any liquids, such as shampoo, moisturiser, deodorant unless they are less than 100ml and all bottles can fit in a small, clear, plastic ziplock bag. We recommend biodegradable washing products where possible.
- In your hand luggage place any valuables, such as your camera, ipod, ipad etc.

## SUSTAINABLE TOURISM

1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
2. **Reduce plastic waste.** Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
4. **Choose your experiences carefully.** Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
6. **Share!** Raise awareness among your family and friends about sustainable tourism.

For more information please [see this page](#).