



## Northern Lights farm stay

### ICELAND

A **trail ride in Iceland** visiting the best-known sights (Secret Lagoon, Geysir Hot Spring, Gullfoss Waterfall) and with the chance to view the Northern Lights in the night sky. The ideal introduction to the Icelandic horse and the amazing landscapes of Iceland, whilst only being away from home for a long weekend. Get ready to experience the unique tranquillity of the Icelandic countryside and, if you are lucky, the magic of the Aurora Borealis. A fantastic short **riding tour** in Iceland.

Centre based holidays	 4 days / 3 days riding	 From £1,193	
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### ITINERARY

## Highlights

- Become part of the family life of local farmers
- Experience the magical Icelandic horse on fine riding paths
- Relax at the Secret Lagoon in its mineral rich waters
- Visit the famous Gullfoss Waterfall and Geysir hot springs
- Watch the night sky in the hope of seeing the Northern Lights (weather permitting - sightings cannot be guaranteed), and enjoy the blazing colours of the Icelandic fall.

## Day 1 — 1: Reykjavík – Kálfhóll - No riding

 Kálfhóll

Flight to Reykjavik. Please note flights are not included.

It is extremely important that your flight lands before 4pm. If you cannot take an earlier flight, you should arrive a day early and spend the night in Reykjavik.

On your arrival into Reykjavik airport, you can take the Flybus to the BSI (transfer on your own account), where you will be picked up by your guide at 6pm. You will be transferred to Kálfhóll farm where you will meet your hosts and have a hearty dinner at the farm. After dinner step outside and look skywards to hopefully see the Northern Lights.

## Day 2 — 2: Kálfhóll - Þjórsá – Secret Lagoon - Approx. 2h riding

This morning, you will drive to the horses where the guide will introduce the Icelandic horse and its special gaits before you start our ride along the mighty river Þjórsá, (longest river in Iceland 212 km). A perfect first riding day where you get to know the Icelandic horse and the way of riding in a relaxed atmosphere. Not far from your trail the queen Hekla (volcano) watches over you.

After the ride, you will visit the Secret Lagoon where you can relax in the mineral rich water.

Dinner and overnight at Kálfhóll farm.

## Day 3 — 3: Kálfhóll – Southern Countryside - Approx. 2-3h riding

Start the day with a short ride in the winter fields by the farm before you have lunch. Ride through lava and moss-covered terrain and enjoy the views. After a short break near the river, you saddle up again and head back through the beautiful countryside to have a lovely dinner. There is nothing better after a wonderful day in the saddle than to relax in the steamy hot tub, watching the clear sky and hope for the Northern Lights to show up.

Overnight at Kálfhóll farm.

## Day 4 — 4: Kálfhóll – Þjórsá – Geysir – Gullfoss – Þingvellir - Reykjavik - Approx. 2h riding

After breakfast, you enjoy your last ride along the Þjórsá river and take in the breathtaking winter pastures one last time. After a light lunch, say goodbye to the horses and hop on to the bus to visit the Golden Circle, the three most impressive natural sights in South Iceland.

The Golden Circle consists of the Geysir geothermal area, golden waterfall Gullfoss and Thingvellir National Park.

Geysir is a geothermal area with boiling mud pits, the lively geyser Strokkur which spouts water 30 meters into the air every few minutes.

At Gullfoss, you will have a chance to witness the mighty waterfall, and you can feel the power from the water coming down the canyon as you stand near the cliffs. Then you will be driven to Thingvellir National Park and see an amazing nature and geological phenomena at Thingvellir. Since 2004 Thingvellir has been listed on UNESCO's World Heritage List for its geological uniqueness and historical significance.

Arrival back in Reykjavík at approx. 6pm. We recommend that you spend the night in Reykjavik (not included).

### DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS
06/10/2026	09/10/2026	£1,193	Guaranteed departure
13/10/2026	16/10/2026	£1,193	Guaranteed departure
20/10/2026	23/10/2026	£1,193	Guaranteed departure
03/11/2026	06/11/2026	£1,193	Guaranteed departure
10/11/2026	13/11/2026	£1,193	Guaranteed departure
17/11/2026	20/11/2026	£1,193	Guaranteed departure
01/12/2026	04/12/2026	£1,193	Guaranteed departure
08/12/2026	11/12/2026	£1,193	Guaranteed departure

## Price details

- Flights to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.

- Rates are per person, based on riders sharing a twin/double room.

- There is normally no single supplement for the riding days as you should be prepared to share. On some dates a single room (shared bathroom) can be organised with a supplement: €150/£130/\$175.

- Groups usually consist of 1 to 20 international riding guests plus guides.

- Transfers to and from Reykjavik airport are not included in the price for the trip. See [here](#) / for more info on how to get from the airport to the city centre.

- Accommodation in Reykjavik is not included, but we can book a hotel for you upon request.

- Children from 8 years of age can be accommodated provided they are good riders. Discounts are available for families of 3+ (two parents and one child aged 12+), and for children under the age of 12. Please contact us.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

## Price includes

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### SUPPORT TEAM

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1 English speaking horse guide

### LOGISTIC

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1 horse equipped with saddle and bridle

### INLAND TRANSPORTS

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Minibus

### ACCOMMODATION

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Twin/double room

### MEALS

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Full board from first dinner to lunch on D4

### EXTRA EQUIPMENT

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First aid kit

### EXTRAS

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Entrance fee to the secret lagoon

## Price doesn't include

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### MEALS

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Special diet supplement - please see above  
Beverages and personal extras

### TRANSPORT

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Return airport transfers (FlyBus shuttle)  
International flights

### EXTRA

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Tips to local team

### INSURANCE

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Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

# Optional

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## ACCOMMODATION

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Extra nights in Reykjavík: please contact us for the price

## EQUESTRIAN INFO

### Horses

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The Icelandic horse is a part of the history and saga of the country and is Vikings. It is characterised by its extra pace - the tölt, which is fast and very comfortable. Some are also capable of an additional Flying Pace, which is similar to trot, but much faster and used for racing. Icelandic horses are small, sociable, comfortable and energetic. Icelandic tack consists of simple snaffle bridles, often with drop nosebands and straight cut saddles similar to English style.

### Guide & local team

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Hannes will open up the doors of his Icelandic horse farm to you and will be your host you for this equestrian short break. He speaks excellent English.

Horse breeding at the farm is a family affair: his parents, Gestur and Margrét started the business here in Kálfhóll many years ago. Gestur now takes care of the horses, and Margrét cooks dinner for the guests. They don't speak much English but are friendly people.

### Minimum riding ability

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#### MINIMUM RIDING ABILITY

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To participate in this trail, you should be able to control your horse at walk and have some experience trotting.

Rider weight limit is 110kg/17,3 st/242lb

#### PACE

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The pace is a mix between walk and tölt - a characteristic gait of Icelandic horses. There will be plenty of opportunities to experience this pace, which can be fast or slow depending on the terrain.

#### TACKING ABILITY AND PARTICIPATION

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You may be asked to assist with tacking and untacking your horse, but you will be shown what to do (the Icelandic saddles are positioned further back than you are used to!).

#### TRIP CONDITIONS AND REQUESTED EXPERIENCE

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You need to be prepared for inclement weather - it can be cold in Iceland in Autumn/winter and so we recommend taking plenty of warm clothing.

#### EQUESTRIAN EQUIPMENT

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Saddle bags are provided, as are rain coats.

Hard hats are mandatory. We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

## TRAVEL INFO

#### COMFORT

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During your ride, you will stay in Kálfhóll farm.

There are double to quadruple rooms available. Toilets and showers are available.

While phone coverage at the farm can be limited, Wifi is usually available.

Please understand that accommodation in Iceland is usually basic, with little privacy, small rooms and limited showers.

## MEALS

Lunches are simple and usually hot soups and sandwiches.  
Dinners are generous and hearty (fish or lamb, usually).

Alcoholic beverages are not included in the tour price and are hard to get in the highlands. They can be bought at a reasonable price in the Duty Free Store at Keflavik Airport upon arrival.

**Dietary requests can usually be accommodated if mentioned in advance - please inform your travel advisor upon booking. Please keep in mind that there aren't many products available for vegan/gluten-free diets in Iceland, so you may benefit from bringing your own.**

## CLIMATE

The general climate in Iceland is temperate and cool, but as this ride runs only in the autumn the weather is likely to be colder than the UK. There is the possibility of rain and wind, so you should wrap up warm, but clear, warm days are still possible.

## TIPS

Tips are welcome but not expected. You should tip what you feel is appropriate and you are comfortable with.

## PACKING LIST

**There are some important packing considerations for a riding holiday in Iceland. The Icelandic horses have had no contact with other equine species and are not vaccinated. They do not have any resistance to diseases which are common elsewhere in the world and so it is important to take precautions to prevent the spread of infections.**

- You should NOT take the following products into Iceland: saddles, bridles, halters, saddle pads, whips, brushes or any leather products which have been in contact with a horse.

- Your riding clothes must be thoroughly cleaned at least 5 days before departure (riding breeches, jumpers, coats, gloves) and should be washed in temperatures of at least 40c.

- Items which cannot be washed at 40c, such as riding hats or leather boots must be thoroughly disinfected at least five days before departure:

1. Wash in detergent.
2. Dry thoroughly
3. Spray with a 1% solution of Virkon detergent (10g per litre of water)

Please visit the [Icelandic veterinary authority website](#) to learn more.

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**Please pack carefully and sensibly: the following guide is here to give you an idea of what to bring. This list must be adapted depending on the season and individual needs.**

### Head

- A riding helmet is compulsory and we recommend that you take your own to ensure a correct fit.
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the elements
- Warm hat for cold evenings/days

### Upper body

- Thermals in case of cold weather
- Long sleeved shirts provide protection from the sun or extra warmth
- Down jacket or gilet for cold evenings
- T-shirts
- Lightweight fleece or jumper
- Warm polar fleece or equivalent
- Waterproof jacket

### Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub.
- Waterproof over trousers
- Casual clothes for the evenings (jeans or walking trousers)
- Thermal trousers

### **Hands and Feet**

- Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps. We don't recommend taking your favourite long leather boots in case they get damaged. It is recommended your boots are waterproof as you may be crossing rivers and they can get wet.
- Sandals/flip-flops
- Several pairs of warm socks
- Gloves

### **Nightwear**

- Slippers (you will have to remove your shoes inside the accommodation)
- Eye mask

### **Other useful items**

- A fly net against bugs
- Swimsuit - for hot tubs
- Bumbag for carrying your camera and small items whilst riding
- Wet Wipes or equivalent (for when washing facilities aren't available)
- Ear plugs (for light sleepers)

### **Medical kit**

- Sunscreen and lip balm - should be high factor
- Insect repellent
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

### **Our Recommendations**

- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day.
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- Carry a copy of your passport and insurance documentation with you.

## **SUSTAINABLE TOURISM**

1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
2. **Reduce plastic waste.** Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
4. **Choose your experiences carefully.** Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
6. **Share!** Raise awareness among your family and friends about sustainable tourism.

For more information please [see this page](#) .