



Menorca - Pearl of the Mediterranean

SPAIN

This **horse riding holiday** allows riders unique access to the unspoilt Menorcan coast and its turquoise waters. Follow the Camí de Cavalls, an ancient coastal trail encircling the island of Menorca. Immerse yourself into Menorca's diversity, the scents that are carried on the breeze and the intense colours of its skies and beaches.

Trail Riding	 7 days / 5 days riding	 From £2,270	
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ITINERARY

Highlights

- Ride through the beautiful Menorca countryside, the most untouched Balearic island, declared as a World Biosphere Reserve in 1993
- Set dates are scheduled at a particularly nice time of year: April, September and October with average temperatures of 20 ° - 25 ° c
- Swim in small creeks
- Ride wonderful Menorcan or Andalucian horses
- Enjoy local speciality dishes and sumptuous picnics
- Stay in quality accommodation and view the charming local architecture along the way
- Canter along the beaches and through the surf

Day 1 — 1: EUROPE - MAHON - CIUTADELLA SANT IGNASI

Fly to Mahon, most likely through Madrid or Barcelona (flight not included)

You will be collected at the airport and transferred to the country hotel Hotel Rural Son Juaneda (or similar). Depending on the arrival time of the group, you will hopefully meet the horses and have a short ride to match you to a horse and adjust to the tack. The horses will be transferred from their stables to the point of departure of the ride.

Dinner in the country hotel or at a restaurant in the beautiful town of Ciutadella.

Day 2 — 2: SANT IGNASI-CALA MORELL-SON ANGEL - 27 KM RIDING


 Hotel Saint Ignasi

Transfer to Eugues de Flo, near Torre del Ram, where the ride will depart from. Firstly you will discover the arid and dry area of Menorca, one of the wildest parts of the island, with a very unique landscape. The only traces of human presence you see are lighthouses, the remains of shepherds huts and corrals

and some archaeological sites. You will ride inland and along the coast towards Cala Morell. Stop for a picnic lunch at the Caves of Cala Morrell and see a necropolis (from 1500- 300 BC). A short afternoon ride along the coast before heading south to Son Angel, home to the horses and your guide, Toni.

Dinner and night at the same hotel as last night (or similar)

Day 3 — 3: SON ANGEL–ELS ALOCS-SANT VICENT - 24 KM RIDING

 Ca Na Xini

A short transfer back to the stables at Son Angel. This morning you ride in and out of the Mediterranean sea at Tramuntana, an area that is extraordinarily rich with endemic wild plants. Ride along the coast and across beautiful beaches, all of which are different. You will stop for a picnic lunch at Els Alocs. Some parts of this ride are quite rough and riders may need to dismount, or you may ride on some alternative inland paths to avoid the difficult passages. After lunch, you will see the most attractive beaches complimented by the deep turquoise sea. Ride inland to the finca Sant Vicent, where you will finish today's ride and where the horses will spend the night.

Transfer to Es Mercadal (or similar) where you will have dinner and overnight.

Day 4 — 4: SANT VICENT–CAP DE CAVALLERIA–SES SALINES - 21 KM RIDING

 Hôtel Port Fornells

Transfer to Sant Vicent and start riding through sand dunes. This is an area which is rich in birdlife, with a great biodiversity and geological interest. Ride to Binimel là, Cala Mica, and the beach of Cavaleria. Ride up the cliff to Cap Cavaleria, which offers the most spectacular views. Ride to the Eco-museum at the top where you will stop for lunch. In the afternoon, ride to Cala Tirant, before riding along a small road to get to Ses Salines. Dinner and overnight at the Hostal Port Fornells (or similar). The horses will be in a field close by that has great views out to sea and to the village of Fornells.

Day 5 — 5: SES SALINES (transfer to) TORRE D'EN GALMES–SANT TOMÀS–BINIGAUS VELL - 19 KM RIDING

 Hôtel Binigaus Vell

This morning riders and horses will be transferred to Torre d'en Galmes, on the south western part of Menorca. This is where you start your Southern ride. At Torre d'en Galmes you visit the the largest "Talayotico" site on the island. The Talayots were watch towers built by pre Roman settlers. Continue your ride south to reach the Camíde Cavalls at Llucalari. From Llucalari you ride around Son Bou, through some farmlands discovering different vegetation characteristic of the wetlands, until you reach Sant Tomas. You will stop at the restaurant Es Bruc for lunch. In the afternoon, head inland, visiting the spectacular cave Cova des Coloms, also called the Cathedral, given its dimensions. Ride to the stables of the country hotel Binigaus Vell (or similar) Dinner and overnight at Binigaus Vell. (or similar)

Day 6 — 6: BINIGAUS VELL–MACARELLA–MORVEDRA NOU - 31 KM RIDING

 Hôtel Binigaus Vell

From Binigaus, you ride south, back to the Camí de Cavalls. Ride inland around deep gorges, called Barrancos, like the barranco de Trebalúger. After riding through Cala Mitjana, and Cala Galdana, one of the few beaches on the island where you will see a hotel, you arrive at the unspoilt Cala Macaralleta. Have lunch near Macaralleta, at Torralbet, where you can taste a selection of the Menorcan pork products (sobrassada, carn l xua, cuixot) and cheeses. Your afternoon will be spent riding through the unspoilt beach of Cala en Turqueta and then inland to reach Morvedra Nou where the ride ends. A farewell dinner this evening and overnight at the hotel.

Day 7 — 7: MORVEDRA NOU–MAHÓN

After breakfast transfer back to the airport in Mahon on time for your flight back home.

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
09/04/2023	15/04/2023	£2,270		Open
23/04/2023	29/04/2023	£2,270		Open
07/05/2023	13/05/2023	£2,270		Open

01/10/2023	07/10/2023	£2,270	Full
15/10/2023	21/10/2023	£2,270	Full

Price details

- Flights or transportation to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.
 - Rates are per person, based on two riders sharing a twin or double room during the ride.
 - Groups are composed of a minimum of 6 riders and a maximum of 10 international riders, plus guides.
The ride may go ahead with 5 riders for an added cost of €350/£305/\$355, per person; if there are only 4 riders €500/£435/\$505, per person. The ride will not go ahead with less than 4 riders.
 - There is a single supplement of c. €250/£230/\$300 if you end up in a single room - this is payable locally to your guide when you arrive (cash).
- There is a maximum rider weight of 90kg/ 14st/ 198 lbs.
- Rides cannot be arranged from May - mid September as riding on the beaches is prohibited during the tourist season.
- Please Note
The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.
The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English speaking horse guide

LOGISTIC

1 horse equipped with saddle and bridle
1 assistant with vehicle

ACCOMMODATION

Double/ triple room in hotel standard 4*

MEALS

Full board from first diner D1 to last breakfast D7, with wine
Tapas before the lunch from D2 to D6

Price doesn't include

MEALS

Beverage and personal extra
Lunch on day 1 and 7 is not included in the price

TRANSPORTS

Airport transfers
International flights

EXTRA

Tips to local team
Touristic sites fees (museum, castle)

INSURANCE

Cancellation and travel insurances are not included. Please note that insurance is mandatory. We recommend to take out an insurance policy as soon as

your travel is booked in case of cancellation.

Optional

ACCOMMODATION

Single room supplement

EQUESTRIAN INFO

Horses

The horses are Menorquina crosses and Andalucians. The Menorquina horses have been officially recognised as a breed since 1987, but have existed since the 1st century AD. The breed originates from a mixture of Arabs, thoroughbreds and Andalusians. They are either black or dark bay in most cases and are a truly stunning breed. The Menorcan horse is known for its kindness and its cooperation. It is a horse that is forward going and energetic yet very calm and docile. Ride in English general purpose leather saddles. Seat savers and saddle bags are provided.

Minimum riding ability

MINIMUM RIDING ABILITY

It is not necessary to be an expert rider but it is essential that you have lots of outdoor riding experience. You must be able to manage a horse at all paces and be familiar and comfortable handling a horse on the ground. There are some difficult passages and very steep rocky places, the horses are extremely sure footed and know the terrain. You should be able to keep calm, trust the horses and ride properly over the difficult passages. You must be able to mount from the ground.

There is a maximum rider weight of 90kg/ 14st/ 198 lbs.

PACE

Although the pace of the ride is slow, there is some very challenging terrain to navigate. There are opportunities for trots and canters on the beaches.

TACKING ABILITY AND PARTICIPATION

Horses will be ready for the riders to get on every morning and will be taken care of during the ride.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

A good level of fitness is required, as you will be in the saddle for 4-6 hours. You must be able to mount from the ground.

A trail riding experience is a plus, but not a requirement. You must be an experienced rider, confident at all paces and be able to mount outdoors.

EQUESTRIAN EQUIPMENT

Leather and Wintec saddles.

We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

TRAVEL INFO

COMFORT

Menorca's country hotels are filled with charm and built in the local architectural style. They are very comfortable, some are luxurious 4* country hotels and nearly all have swimming pools.

A support vehicle will meet the riders at lunch time to deliver the picnic. Breakfast, lunch and dinner are included on the trail. Dinner will be at the country hotels where you stay. The usual schedule for meals is breakfast 8.30am, lunch at around 2.00pm, followed by a siesta. Dinner is usually served at 9.00pm. Drinks at the hotel bars are not included.

MEALS

Meals are delicious and this is your opportunity to taste the local food. Picnics are served at the table and always very tasty, including tapas.

The Spanish live on a different schedule, with breakfast served at around 08.30, lunch at 14.00, traditionally followed by a siesta. Dinner is usually around 21.00.

CLIMATE

Menorca is one of the Balearic Islands in the Mediterranean. It knows mild temperatures, relatively rainy winters and hot, sunny summers. It can get pretty windy so better to be prepared and bring a wind-breaker.

Spring and early autumn are great times to visit Menorca with relatively cooler temperatures (around 20°C on average) and very little rainfall.

GUIDE AND LOCAL TEAM

Maria Elena is a qualified trail leader certified by the Spanish Riding Federation. After many years spent working for the Marketing department of an American corporation, she decided to change careers and to dedicate herself to her passion for travels and horses. She speaks fluent French and English. She has ridden in several countries herself, including Tunisia, Argentina, the USA, Australia and Botswana.

TIPS

Tips are welcome and recommended - usually 10%, but you should tip what you feel comfortable with.

PACKING LIST

Head

- Riding helmets are mandatory and we recommend that you take your own to ensure a correct fit.
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the sun and dust

Upper body

- Long sleeved shirts to provide protection from the sun
- T-shirts
- Lightweight fleece or jumper
- Warm polar fleece or equivalent
- Waterproof jacket - rain can be difficult to predict, even in Menorca, and it's better to be prepared.

Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Waterproof over trousers
- Casual clothes for the evenings

Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps
- Lightweight shoes for the evenings
- Several pairs of socks
- Gloves - your hands are particularly exposed to the sun, wind or rain whilst riding

Nightwear

- Pyjamas etc

Other useful items

- Swimsuit - there are pools on some nights
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding
- Water bottle (2 litres or 2 x 1 litre)
- Ear plugs (for light sleepers)

In your luggage

- Any liquids, such as shampoo, moisturiser, deodorant unless they are less than 100ml and all bottles can fit in a small, clear, plastic ziplock bag.
- Swiss army knife or equivalent

In your hand luggage

- Any valuables, such as your camera, ipod, ipad etc.
- Your riding hat

Medical kit

- Sunscreen and lip balm - should be high factor
- Insect repellent
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

Our Recommendations

- Backpacks cannot be worn whilst riding. We recommend a small bum bag or a coat with pockets so that you can carry small items with you during the day (passport, camera, sunscreen, lipbalm etc)
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- Any liquids in your hold luggage, such as shampoo, moisturiser, over 100ml should be decanted into small, clear, plastic ziplock bag. We recommend biodegradable washing products where possible.
- In your hand luggage take any valuables, such as your camera, ipod, ipad etc.

VISA & HEALTH

Formalities

British citizens: other nationalities, please contact us.

Visas - The rules for travelling or working in European countries changed on 1 January 2021:

- you can travel to countries in the Schengen area for up to 90 days in any 180-day period without a visa. This applies if you travel as a tourist, to visit family or friends, to attend business meetings, cultural or sports events, or for short-term studies or training
- if you are travelling to Spain and other Schengen countries without a visa, make sure your whole visit is within the 90-day limit. Visits to Schengen countries within the previous 180 days before you travel count towards your 90 days

At Spanish border control, it is likely you will need to use separate lanes from EU, EEA and Swiss citizens when queueing. Your passport may be stamped on entry and exit unless you can demonstrate that you are resident of Spain and are returning to your place of residence.

Passport validity

From 1 January 2021, you must have at least 6 months left on an adult or child passport to travel to most countries in Europe (not including Ireland).

If you renewed your current passport before the previous one expired, extra months may have been added to its expiry date. Any extra months on your passport over 10 years may not count towards the 6 months needed.

Check your passport is valid for travel before you book your trip. You will need to renew your passport before travelling if you do not have enough time left on your passport.

Please visit for the FCO website for up-to-date information - <https://www.gov.uk/foreign-travel-advice/spain/entry-requirements>

ADDRESSES OF CONSULATES

- Paris | Ambassade d'Espagne
22, avenue Marceau
75381 Paris Cédex 08
Tél. : 01.44.43.18.00
Fax :
emb.paris@maec.es
- Ambassade de France en Espagne
Calle Salustiano Olozaga 9
28001 Madrid
Tél. : +34 91 423 89 00

Fax :
presse.madrid-amba@diplomatie.gouv.fr

Health

UK Citizens: A UK Global Health Insurance Card (GHIC) gives you the right to access state-provided healthcare during a temporary stay in the European Union (EU).

<https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>

It's important to take out appropriate travel insurance for your needs. A GHIC is not an alternative to travel insurance and you should have both before you travel. It does not cover all health-related costs, for example, medical repatriation, ongoing medical treatment and non-urgent treatment.

There are no vaccinations legally required to travel to Spain.

The health system in Spain is good. It's not exceptional, but certainly not bad. People who work in Spain are insured through a social security plan, which covers most of their needs. The only thing that is not included are dental treatments. There is also the possibility for a private insurance.

Pharmacies can be found in every town, and in bigger cities almost every street has one. Even at night it should not take you a long time to find a pharmacy that is open. Remember that more drugs are prescribed in Spain than any other country.

Insurance

It is a condition of your booking with Equus Journeys that you have travel insurance which covers you for the riding activities to be undertaken. Your travel insurance should cover you for medical expenses and repatriation. Your guides will require your travel insurance details before they allow you to ride and may refuse to let you ride if you cannot provide them. You should take your insurance documents with you.

Voltage

230 volts AC, 50Hz. Round two-pin plugs are in use.

Budget and money

Spain has adopted the Euro (EUR, symbol: €) as its official currency. One Euro is divided into 100 (euro)cents, which are sometimes referred to as eurocents, especially when distinguishing them from the US cents.

Euro banknotes come in denominations of €5, €10, €20, €50, €100, €200 and €500. The highest three denominations are rarely used in everyday transactions. All Euro banknotes have a common design for each denomination on both sides throughout the Eurozone. The Euro coins are 1 cent, 2 cents, 5 cents, 10 cents, 20 cents, 50 cents, €1 and €2. Some countries in the Eurozone have laws which require cash transactions to be rounded to the nearest 5 cents. All Euro coins have a common design on the denomination (value) side, while the opposite side may have a different image from one country to another. Although the image side may be different, all Euro coins remain legal tender throughout the Eurozone.

Telephone and jetlag

The international access code for Spain is +34. The emergency number for police, ambulance and the fire brigade is 112.

Time zone GMT +1