

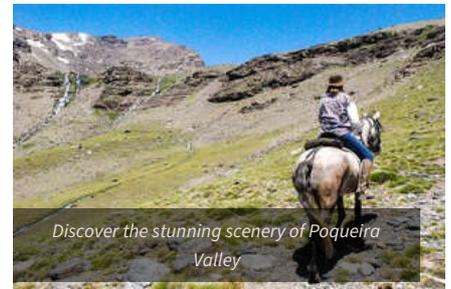


High Peaks of Sierra Nevada

SPAIN

A **horse riding holiday** that takes you high into the spectacular mountains in southern Spain following some of the highest bridle paths at an altitude of 1,600 to 3,478 meters. Accessible only by horse or on foot, ride through some of the most spectacular, varied and demanding terrain in the Sierra Nevada mountains. After **riding** on this challenging route you will be rewarded with breathtaking views of the sea and the surrounding peaks.

Trail Riding	 5 days / 3 days riding	 From £745	
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ITINERARY

Highlights

- Ride through valleys filled with mediterranean almond and walnut groves up to the cold deserted mountain tops
- Stunning views of the Sierra Nevada and the surrounding Sierra ranges
- Follow ancient Moorish drovers' paths, riding at some of the highest altitudes in Spain
- Stay in small charming family run hotels and guest houses
- Ride beautiful Andalusian horses through amazing countryside
- Picnic at the foot of Mulhacén, which at 3,478 m in altitude is the highest peak of the peninsula.

Day 1 — 1: LONDON - GRANADA - CAPILEIRA

Fly to Granada (flight not included, but available on request) You will be met on arrival at the airport and introduced to your guide. Please note the pick-up is scheduled for 18:30 and you should try to arrive before that time, however we can also organise private transfers. It is also possible to fly to Malaga - please contact us.

You will be transferred to Capileira (1436m), a typical white Andalusian village in the heart of the Sierra Nevada Natural Park. Dinner and accommodation this evening at the Finca Los Llanos. You can relax by the pool, if you wish.

Day 2 — 2: BUBION - TREVELEZ - 5 hrs riding

 Hotel La Fragua

You will be transferred to the equestrian centre where you will meet the horses and start your ride into this mountainous region.

A very exciting day awaits. You start riding up along bridlepaths to the Barranco de la Sangre (Blood Ravine) riding through stunning scenery and enjoying the beautiful panorama of the Poqueira Valley in the Natural Park of the Sierra Nevada, declared Reserve of the Biosphere by UNESCO. The views over

sierras Lújar, Contraviesa and Gádor are truly stunning, so don't forget to look up and take in the wonderful views that surround you every step of the way. Continue climbing to the track that leads your group to Trevélez with views of the villages of La Taha Valley before stopping for a relaxing picnic.

There should be the opportunity to have a good gallop along a track as you come out of the wooded area. You will start to climb up again, giving you beautiful views from horseback of the Valle del Rio Trevélez, del Guadalfeo to the Mediterranean. On clear days, you can also see the African coast.

Follow logging roads back down to the village of Trevelez. Trevelez is known for its hams and also for its altitude - it is the highest village in Spain (1,750 m altitude to the Barrio Alto). Dinner and overnight at the La Fragua.

There will be opportunities to visit some ham drying houses.

Day 3 — 3: TREVELEZ - SIETE LAGUNAS - TREVELEZ - 5 hrs 30 riding

 Hotel La Fragua

After a hearty breakfast, you meet the horses again for the second day of your trip.

Today, you will ride towards the snowy peaks of the National Park in the Sierra Nevadas, crossing the ravines where the melted ice water flows, until you reach the idyllic Siete Lagunas (3,200m). Stop for your picnic at the foot of Mulhacén, which at 3,478 m in altitude is the highest peak of the peninsula. After a short rest, you will start to descend back to Trevélez, where you will spend the night. Dinner and accommodation at the hotel La Fragua.

Day 4 — 4: TREVELEZ - BUBION - 5 hrs riding

 Hotel Finca Los Llanos

Follow a path to the Ravine Bina, after which you climb the steep path to Sulayr . The rise allows you to discover a different view of the village and the valley of Trevélez . The climb takes you to La Loma del Jabalí to enjoy a beautiful panoramic view of the Valley of the Rio Trevélez and Rio Guadalfeo Valley and the peaks of the Sierra Contraviesa . After a ride through the pine forests you get to Las Alcubillas for a picnic at 2,240m above sea level , the highest point of today's ride . Stunning views of the Sierra de Lujar , the peaks of the Sierra Contraviesa and the Mediterranean! Your ride ends by descending on logging roads along the valley of the Rio Poqueira and on to Bubion . Farewell dinner at a local restaurant and overnight at the Finca Los Llanos.

Day 5 — 6: BUBION - GRANADA - LONDON

After breakfast, transfer to Granada for your flight back home.

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	PRICE INCLUDING FLIGHTS	STATUS
26/06/2021	30/06/2021	£745		Open

Price details

- Flights are not included

- The group size will be from 2-12 riders plus your guide

- There is a supplement to request a single room of approx. £90. If you are willing to share, but end up in a single room, you have to pay a single supplement of approx. £67 (€75) on location. In 2020 this is €100/£88.

- Children are welcome 8 years of age, accompanied by their parents, as long as they are competent riders

- Transfers are included at set times from Granada (6:30 pm from the airport). It is possible to organise a transfer from Malaga at an extra cost, but please note there is an excellent bus service between Malaga and Granada: <http://www.alsa.es/compra-y-horarios>. From 2019 there is also a high speed train service between Madrid and Granada that might also be an interesting option.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English-speaking horse guide

LOGISTIC

1 horse equipped with saddle and bridle

1 assistant from 8/10 riders

1 support vehicle

INLAND TRANSPORT

Airport transfers

ACCOMMODATION

Double room in hotel standard 2/3*

MEALS

Full board from first diner to last breakfast

EXTRA EQUIPMENT

First aid kit

Price doesn't include

MEALS

Beverage and personal extra

Free meals on day 1 and 8 depending of your flights

TRANSPORTS

International flights

EXTRA

Tips to local team

INSURANCE

Cancellation and travel insurances are not included. Please note that insurance is mandatory. We recommend to take out an insurance policy as soon as your travel is booked in case of cancellation.

Optional

ACCOMMODATION

Single room supplement

TRANSPORT

Private airport transfers

Airport transfers from Malaga at set times (18:30)

EQUESTRIAN INFO

Horses

A good selection of horses to suit different riding levels and great care is taken in the selection of horses according to the riding abilities and preferences of each individual. The horses are Andalucian and Andalucian cross Arabs. They are balanced, accustomed to the terrain, forward going and sure footed. Horses are ridden in comfortable English saddles.

Minimum riding ability

MINIMUM RIDING ABILITY

These rides are suitable for competent riders. You should be able to control a horse outside at all paces and over varied terrain. You should be able to mount and dismount without assistance.

PACE

There are plenty of opportunities to trot and canter, but the terrain in the heart of the mountains dictates when we can do this.

TACKING ABILITY AND PARTICIPATION

You will tack and untack your horse and assist with feeding and watering if you would like.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

You will need to be reasonably fit as you will be required to lead your horse on some of the steep descents, and will need to be comfortable walking on rough ground. Be prepared for changing weather due to the altitude.

Previous trail riding experience over several days is an advantage, but is not required. If you do not ride regularly you should ride as much as possible before the ride.

EQUESTRIAN EQUIPMENT

Comfortable trail riding saddles.
Saddlebags.

Helmets are compulsory. We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

TRAVEL INFO

COMFORT

Stay in comfortable small hotels and boutique hotels, where you can enjoy amazing scenery. Take a dip in the swimming pool with panoramic views at Finca Los Llanos where you stay at the beginning and the end of the trail. All rooms are twin bedded and have an ensuite facilities.

MEALS

Meals consist of local food and drinks.

CLIMATE

Sierra Nevada has a mediterranean climate, due to the location's high elevation. Temperatures in the summer can reach 25°C with low precipitations.

GUIDE AND LOCAL TEAM

Rafael, a local from Madrid, is a graduate in political sciences. At the age of 22, he decides to settle in a small village at the heart of the Sierra Nevada National Park, where he starts his equestrian venture. A way of life that allows him to combine his passions: horses, the great outdoors, good music and good food!

TIPS

It is customary to leave a tip, usually around 10% of the bill - although this is often already. You may wish to leave a tip with the guide who can split it

amongst all members of the team - this is not obligatory and is entirely at your discretion.

PACKING LIST

Head

- A riding helmet is compulsory and we recommend that you take your own to ensure a correct fit. Helmet makers (GPA, HKM, LAS Helmets, Lamicell, Troxel, Equithème) now offer horse-riding helmets that are ventilated, strong, light and comfortable.
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the sun, wind or rain
- Warm hat for cold evenings/days

Upper body

- Thermals in case of cold weather
- Long sleeved shirts provide protection from the sun or extra warmth
- Down jacket or gilet for cold evenings
- T-shirts
- Swimsuit and towel - for swimming/bathing may come in useful!
- Lightweight fleece or jumper
- Warm polar fleece or equivalent (plus a spare in case one gets wet)
- Waterproof jacket - rain can be difficult to predict and it's better to be prepared. In the mountains the weather can change quickly

Legs

- 2 pairs of lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Waterproof over trousers
- Casual clothes for the evenings (jeans or walking trousers)
- Thermal trousers for cold days or for sleeping in
- A swimming costume may be useful for impromptu dips in the lake and washing in the river
- Non-irritant cotton or synthetic underwear

Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps. We don't recommend taking your favourite long leather boots in case they get damaged
- Lightweight shoes or trainers for the evenings
- Sandals/flipflops
- Several pairs of warm socks
- Gloves - your hands are particularly exposed to the sun, wind or rain whilst riding

Nightwear

- Pyjamas or tracksuits for sleeping in
- A sleeping bag for the nights in the mountain cabin

Our Recommendations

- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day (camera, sunscreen, lip balm etc)
- A soothing cream may be useful to treat areas irritated by long hours in the saddle
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!

Other useful items

- Water bottle (1.5 litres or 2 equivalent)
- Headtorch or small torch for moving around at night - bring spare batteries and bulbs
- Toiletries
- Protein or cereal bars for the longer stretches of riding
- Toilet paper and a lighter to burn it after use
- Swiss army knife or equivalent (in checking-in luggage!!)
- Small plastic bags for your rubbish
- Ear plugs (may be useful)
- Camera and high capacity memory card. Spare battery
- A pair of binoculars

Equipment provided

- Medical kit
- 1 pair of medium saddlebags
- Hard hat

Medical kit

Make sure any allergies (to medication or otherwise) and clearly stated in your medical kit

- Any medication you regularly take
- Painkillers
- Imodium or similar anti-diarrhea medication
- Vitamin C tablets
- Sunscreen and lip balm - should be high factor
- Insect repellent
- Eye drops
- Hydrating/soothing cream
- Plasters
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..
- 10cm wide bandage
- Spare prescription glasses/contact lenses
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

General information

- The airline allows only one bag to be checked-in per passenger. Make sure it weighs no more than 20kg; if it exceeds this weight, you will have to pay excess luggage fees at check-in
- Hand luggage is limited to 7kg (measuring 56 cm x 45 cm x 25 cm), it mustn't contain any sharp objects (knives, scissors, nail file or nail scissors, etc.) and the quantity of liquid allowed per passenger is limited to 100ml per container.

In your hold luggage

- Any liquids, such as shampoo, moisturiser, deodorant over 100 ml and all bottles can be decanted into small, clear, plastic Ziplock bags. We recommend biodegradable washing products where possible.
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- In your hand luggage carry any valuables, such as your camera, ipod, ipad etc.
- Travelling in your riding boots and carrying your hat and some riding clothes is highly recommended - then if your luggage goes astray you are still able to ride

VISA & HEALTH

Formalities

British citizens: other nationalities, please contact us.

Visas

If you hold a British Citizen passport, you don't need a visa to enter Spain.

The rules on travel will stay the same until 31 December 2020.

Visas from 1 January 2021

The rules for travelling or working in Europe will change from 1 January 2021:

- you will be able to travel to countries in the Schengen area for up to 90 days in any 180-day period without a visa as a tourist, to visit family or friends, to attend business meetings, cultural or sports events, or for short-term studies or training.
- if you are travelling to Spain and other Schengen countries without a visa, make sure your whole visit is within the limit. Visits to Schengen countries within the previous 180 days before you travel would count towards the 90-day limit
- The 90-day limit for visa-free travel will begin on 1 January 2021. Any days you stay in Spain or other Schengen countries before 1 January 2021 will not count towards the 90-day limit.

At border control for Spain, you may need to:

- show a return or onward ticket

- show you have enough money for your stay, and
- use separate lanes from EU, EEA and Swiss citizens when queueing
- Your passport may be stamped on entry and exit.

Passport validity

The rules on travel will stay the same until 31 December 2020.

Your passport should be valid for the proposed duration of your stay; you do not need any additional period of validity on your passport beyond this. This applies to the whole of Spain, including the Canary Islands and the Balearic Islands (Majorca, Menorca, Ibiza and Formentera).

Passport validity from 1 January 2021

From 1 January 2021, you must have at least 6 months left on an adult or child passport to travel to most countries in Europe (not including Ireland).

If you renewed your current passport before the previous one expired, extra months may have been added to its expiry date. Any extra months on your passport over 10 years may not count towards the 6 months needed.

Check your passport is valid for travel before you book your trip. You will need to renew your passport before travelling if you do not have enough time left on your passport.

Please visit for the FCO website for up-to-date information - <https://www.gov.uk/foreign-travel-advice/spain/entry-requirements>

ADDRESSES OF CONSULATES

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22, avenue Marceau
75381 Paris Cédex 08
Tél. : 01.44.43.18.00
Fax :
emb.paris@maec.es
- Ambassade de France en Espagne
Calle Salustiano Olozaga 9
28001 Madrid
Tél. : +34 91 423 89 00

Fax :
presse.madrid-amba@diplomatie.gouv.fr

Health

There are no vaccinations legally required to travel to Spain. Remember to take your EHIC card with you.

The health system in Spain is good. It's not exceptional, but certainly not bad. People who work in Spain are insured through a social security plan, which covers most of their needs. The only thing that is not included are dental treatments. There is also the possibility for a private insurance.

Pharmacies can be found in every town, and in bigger cities almost every street has one. Even at night it should not take you a long time to find a pharmacy that is open. Remember that more drugs are prescribed in Spain than any other country.

Insurance

It is a condition of your booking with Equus Journeys that you have travel insurance which covers you for the riding activities to be undertaken. Your travel insurance should cover you for medical expenses and repatriation. Your guides will require your travel insurance details before they allow you to ride and may refuse to let you ride if you cannot provide them. You should take your insurance documents with you.

Voltage

230 volts AC, 50Hz. Round two-pin plugs are in use.

Budget and money

Spain has adopted the Euro (EUR, symbol: €) as its official currency. One Euro is divided into 100 (euro)cents, which are sometimes referred to as eurocents, especially when distinguishing them from the US cents.

Euro banknotes come in denominations of €5, €10, €20, €50, €100, €200 and €500. The highest three denominations are rarely used in everyday

transactions. All Euro banknotes have a common design for each denomination on both sides throughout the Eurozone. The Euro coins are 1 cent, 2 cents, 5 cents, 10 cents, 20 cents, 50 cents, €1 and €2. Some countries in the Eurozone have laws which require cash transactions to be rounded to the nearest 5 cents. All Euro coins have a common design on the denomination (value) side, while the opposite side may have a different image from one country to another. Although the image side may be different, all Euro coins remain legal tender throughout the Eurozone.

Telephone and jetlag

The international access code for Spain is +34. The emergency number for police, ambulance and the fire brigade is 112.

Time zone GMT +1