

+44 (0) 1905 388977

info@equus-journeys.com

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# White Villages of Alpujarras

### SPAIN

The mountains of Southern Spain offer some of the best **horse riding in Europe**. Between the snow-capped Sierra Nevada Mountains and the delights of Granada, this trail ride takes you through the valleys of the Alpujarras and landscapes of outstanding natural beauty. Ride through the authentic white Andalusian villages along winding lanes and recall the Moorish past. There are two itineraries with 4 or 3 days riding, for a short **riding break** or a full riding holiday.

**Trail Riding** 

😤 6 days / 4 days riding (or 5 days / 3 days riding)

From £1,256





# ITINERARY

# Highlights

- Ride for 4 or 6 days in the Sierra Nevada Natural Park, see the amazing diversity of terrain, views and flora
- Ride through the beautiful villages of the Alpujarras and see the typical Andalusian architecture (Caipileria, Bubion, Cadiar)
- Appreciate stunning views of the snowy peaks of the Sierra Nevada
- Stay in small family-run hotels and guest houses, comfortable and full of charm
- Forget the pressures of daily life, ride your horse for hours and meet only the occasional shepherd or farmer
- No fences or tarmac roads as the ride generally follows old bridle paths, a wonderful sense of freedom which is rarely found in Europe today.

# Day 1 — 1: EUROPE - GRENADA - CAPILEIRA

### ( Hotel Finca Los Llanos

Fly to Granada (flight not included).

You will be met at 6.30 pm at the airport and introduced to your guide. You will be transferred to Capileira (1436 m), a typical white Andalusian village in the heart of the Sierra Nevada Natural Park.

Dinner and accommodation this evening at the Finca Los Llanos. You can relax by the pool, if you wish.

If your flight lands after 6:30 pm then a private transfer will be arranged at an extra cost. Please see "dates and prices".

# Day 2 — 2: BUBIÓN - TREVÉLEZ - 5 hours riding

(🛃 Hotel La Fragua

Long route: You will be transferred (2km) to the equestrian centre in Bubión (1300 m) where you will meet your horses. Start your ride towards the village of Trevélez, the highest village in Spain (1700m) and famous for its cured hams and river trout. The ride follows a path to Ravin de la Sangre. There will be opportunities for some canters whilst taking in the panoramic views accross to The Sierra Contraviesa. Follow an old bridle path as you descend down to Trevélez in time for lunch which will be taken in a local tapas bar. Dinner and overnight at hotel la Fragua.

Short route: After breakfast, introduction of the horses and departure for a morning ride enjoying the beautiful panorama of the Poqueira Valley. Back to Bubión, where we arrive for lunch. Free afternoon to sightseeing the villages of the Poqueira Valley. Dinner at a local restaurant and accommodation at the hotel Finca Los Llanos\*\*\* in Capileira. Four hours on horseback.

# Day 3 - 3: TREVÉLEZ - LOS BÉRCHULES - 5 hours riding

### (<sup>z</sup><sup>z</sup><sup>z</sup> Hotel El Cercado

Long route: Ride across the bridge and follow a rocky and steep path that leads you to the top of the slope. You will have a wonderful panoramic view of the chain of the Alpujarras and mountain tops. Descend along a dirt track that leads to Los Berchules (1319m) from where you enjoy the diversity of landscapes. Once again you should experience the beauty of the Sierra Contraviesa and Sierra Gádor. On a clear day it is possible to look south across the sea to Morocco and north to the highest mountain peak in Spain. Picnic lunch en route.

Dinner and overnight at El Cercado. Time to relax by the pool if you so wish.

Short route: After breakfast walk to the riding centre. Introduction of the horses. We will start by climbing up along bridle paths with views of the villages of the Poqueira through the Blood Ravine with views now of the villages of La Taha Valleys and Portugos. Along a bridle path through a forest of holm oaks we

arrive to the track that leads us to Trevelez. Picnic en route. During the ride there are some opportunities for gallops with a magnificent panoramic view of the Sierra Contravies a and Lújar opposite us. Descend to Trevélez by a bridle path where we will arrive in time for some beers with tapas. Trevélez, famous for its hams and considered the highest village in Spain at an altitude of 1,700m. Dinner and accommodation at the hotel La Fragua \*\*. A five hour ride.

# Day 4 – 4: LOS BÉRCHULES - CÁDIAR - 3,5 hours riding

(<sup>z</sup><sup>z</sup> Hotel Alqueria de Morayma

Long route: From Los Berchules descend to Narila. You will visit a small Spanish stud, breeding P.R.E horses (Spanish Pure Breed). Continue your ride on horseback through the village of Cadiar (919m) and onto the beautiful Alqueria Morayama hotel, a small boutique hotel. Dinner and overnight at the hotel.

Short route: We will start by climbing up along a bridle path with views of the village of Trevelez, to the track which will take us to the Bina Ravine where after few meters we take the Sulayr path to climb through oak woods again to the top of the Loma del Jabalí, with stunning views of the Trevélez and Guadalfeo valleys. Later on we ride to Las Alcubillas for a picnic. With an altitude of 2.240 m is the highest point of our itinerary for this journey with a magnificent panoramic vista of the foothills of the Sierra Contraviesa and Lújar opposite. On a clear day, you can even see right across the Mediterranean to Africa. We ride now by a track and along a bridle path descending through pine woods with views of the villages of the Poqueira Valley that leads us to Bubion. Farewell dinner and accommodation at the hotel Finca Los Llanos\*\*\* in Capileira.

# Day 5 - 5: CADIAR - BUBIÓN - 6 hours riding

# (<sup>z</sup><sup>z</sup> Hotel Finca Los Llanos

Long route: Crossing the Guadalfeo river, you will join the path that will lead to Lobras, Nieles and Càstaras. You will continue until we reach the impressive gorge of Las Carihuelas de Busquístar, where you will descend to cross the Trevélez river, and you will follow the path which leads to the village of Busquistar for lunch. After lunch there will two more hours riding to Capileira to your hotel Finca los Llanos. Farewell dinner at a local restaurant.

Short route: Breakfast and departure home.

# Day 6 — 6: CAPILEIRA - GRENADA - EUROPE

After breakfast, transfer to the airport in time for your flight.

### **DATES & PRICES**

# Price details

Important: Not all departures have the same duration.

- Flights or transportation to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.

- Rates are per person, based on two riders sharing a twin or double room during the ride.

- Groups are composed of a minimum of 4 riders and a maximum of 5 international riders, plus guides.

- If you sign up as a solo rider and there is no one to share your room with, a single room supplement applies:

-6-day programme:€170/£145/\$190

- 5-day programme: €120/£105/\$135

- Transfer information:

> Transfers are organised at set times from Granada (at 6:30 pm) and are €60/£55 per person each way (based on two riders minimum and payable locally). Transfer for a single rider: €135/£115 each way.

If you arrive in Granada after 6:30 pm, a taxi will be pre-booked and will be payable locally.

> It is possible to organise a transfer from Malaga at an extra cost, but please note there is an excellent bus service between Malaga and Granada: https://www.alsa.com/en/web/bus/home. There is also a good high speed train between Madrid and Malaga. Transfers from/to Malaga at set times (at 4.30 pm): €90/£80 per person, per journey, based on two riders sharing (payable locally). Transfer for a single rider: €200/£175 each way.

- Children are welcome from 8 years of age provided they are competent riders and accompanied by their parents. Children from 15 years can come unaccompanied with parental consent, a good standard level and autonomy required.

- A shorter version of this trail is available (5 days/3 days riding). Please enquire for further details.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

# **Price includes**

### SUPPORT TEAM

1 English-speaking horse guide

### LOGISTIC

vehicle and driver
horse equipped with saddle and bridle

#### **INLAND TRANSPORTS**

Private bus

#### ACCOMMODATION

Double room in hotel standard 2/3\*

### MEALS

Full board from dinner on day 1 to breakfast on the final day

#### **EXTRA EQUIPMENT**

First aid kit

# Price doesn't include

### MEALS

Beverages and personal extras Meals on arrival and departure days may not be included depending on your flights

# TRANSPORT

International flights

### EXTRAS

Tips to the local team Optional visit of a Ham drying cellar

### INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

# Optional

# ACCOMMODATION

Single room supplement

# TRANSPORT

Airport transfers - see above Private airport transfers

**EQUESTRIAN INFO** 

# Horses

There are a selection of horses to suit different riding levels and great care is taken in the selection of horses according to the riding abilities and preferences of each individual. The horses are Andalucian and Andalucian cross Arabs, they are balanced, accustomed to the terrain, forward going and sure footed. Horses are ridden in comfortable English saddles.

# Guide & local team

Rafael, a local from Madrid, is a graduate in political sciences. At the age of 22, he decides to settle in a small village at the heart of the Sierra Nevada National Park, where he starts his equestrian venture. A way of life that allows him to combine his passions: horses, the great outdoors, good music and good food!

# Minimum riding ability

# MINIMUM RIDING ABILITY

These rides are suitable for competent riders. You should be able to control a horse outside at all paces and over varied terrain. You should be able to mount and dismount without assistance.

There is a maximum rider weight of 90kg/14st/198 lbs.

# PACE

There are plenty of opportunities to trot and canter, but the terrain in the heart of the mountains dictates when we can do this.

# TACKING ABILITY AND PARTICIPATION

You will tack and untack your horse and assist with feeding and watering if you would like.

### **TRIP CONDITIONS AND REQUESTED EXPERIENCE**

You will need to be reasonably fit as you will be required to lead your horse on some of the steep descents, and will need to be comfortable walking on rough ground.

Previous trail riding experience over several days is an advantage, but is not required.

### **EQUESTRIAN EQUIPMENT**

Very comfortable trail riding saddles.

Helmets are compulsory. We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

#### **TRAVEL INFO**

### COMFORT

Stay in small, family-run hotels, in twin-bedded rooms with en-suite bathrooms. They are comfortable, clean, pleasant and friendly. Some hotels have a swimming pool.

#### MEALS

Local meals and beverages.

# CLIMATE

Summers are dry and hot - around 30-35°C

Due to the altitude, winters can be cold (down to -4°C). Snow is not uncommon in this part of the country.

### TIPS

It is customary to leave a tip, usually around 10% of the bill - although this is often already. You may wish to leave a tip with the guide who can split it amongst all members of the team - this is not obligatory and is entirely at your discretion.

#### **PACKING LIST**

Head

- A riding helmet is compulsory and we recommend that you take your own to ensure a correct fit. Helmet makers (GPA, HKM, LAS Helmets, Lamicell,

- Troxel, Equithème) now offer horse-riding helmets that are ventilated, strong, light and comfortable.
- Sunhat for when not riding
- Sunglasses with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the sun, wind or rain
- Warm hat for cold evenings/days

#### Upper body

- Thermals in case of cold weather
- Long sleeved shirts provide protection from the sun or extra warmth
- Down jacket or gilet for cold evenings
- T -s hirts
- Lightweight fleece or jumper
- Warm polar fleece or equivalent (plus a spare in case one gets wet)
- Waterproof jacket rain can be difficult to predict and it's better to be prepared. In the mountains the weather can change quickly

#### Legs

- 2 pairs of lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub

- Waterproof over trousers
- Casual clothes for the evenings (jeans or walking trousers)
- Thermal trousers for cold days or for sleeping in
- A swimming costume may be useful as some hotels have a pool
- Non-irritant cotton or synthetic underwear

Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps. We don't recommend taking your favourite long leather boots in case they get damaged

- Lightweight shoes or trainers for the evenings
- Sandals/flipflops
- Several pairs of warm socks
- Gloves your hands are particularly exposed to the sun, wind or rain whilst riding

### Nightwear

- Pyjamas or tracksuits for sleeping in

Other useful items

- Water bottle (1.5 litres or 2 equivalent)
- Headtorch or small torch for moving around at night bring spare batteries and bulbs
- Toiletries
- Ear plugs (may be useful)
- Camera and high capacity memory card. Spare battery

### Medical kit

Make sure any allergies (to medication or otherwise) and clearly stated in your medical kit

- Any medication you regularly take
- Painkillers
- Imodium or similar anti-diarrhea medication
- Vitamin C tablets
- Sunscreen and lip balm should be high factor
- Insect repellent
- Eye drops
- Hydrating/ soothing cream
- Plasters
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..
- 10 cm wide bandage
- Spare prescription glasses/contact lenses
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

#### General information

- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- In your hand luggage carry any valuables, such as your camera, ipod, ipad etc.

- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day (camera, sunscreen, lipbalm etc)

- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!

# SUSTAINABLE TOURISM

- 1. **Travel light**. It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
- 2. Reduce plastic waste. Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
- 3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
- 4. Choose your experiences carefully. Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
- 5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
- 6. Share! Raise awareness among your family and friends about sustainable tourism.

For more information please see this page.