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Sosian Lodge

KENYA

"Sosian", the Samburu word for "Wild Date Palm", offers luxury in the wild and some of the finest **centre-based riding safaris in Kenya**. It is the ideal place for those looking for a unique and intimate bush experience. This 24-000 acre private, working ranch and luxury lodge sits on the **Laikipia plateau**, 80 kms west of Mt Kenya, offering pure wilderness. Guests are accommodated in an elegant 1940's farmhouse that has been beautifully renovated and offers excellent **safari rides** as well as a large array of non-riding activities, including jeep safaris, walking safaris, cultural outtings, fishing, birding, and more!

Horseback Safari

 $\overline{\mathbb{Z}}$ 9 days (6 days riding)

From £3,536

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Family holidays from 10 y.o

Open to non-riders







ITINERARY

Highlights

- Feel at home in the wilderness with beautiful accommodation and endless safari adventure to keep you as busy or relaxed as you choose.
- Excellent riding and non-riding options, making this a brilliant holiday for mixed groups of riders and non-riders.
- A small, intimate safari experience: the lodge can only accommodate up to 14 riders at the same time.
- Discover varied ecosystems and a rich fauna: buffalo, giraffe, oryx, gazelle, eland, kudu, elephant, hippos, leopard and superb birding as well.

Day 1 - 1: HOME - NAIROBI

Overnight flight to Nairobi. If you choose a day flight, which arrives into Nairobi in the evening then you will need to overnight in a hotel in the city before transferring to the lodge the following morning.

Flights and potential hotel nights are not included but we can assist with this on request.

$\mathrm{Day}\,2-2$: NAIROBI - SOSIAN LODGE

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On arrival at Nairobi international airport you will be met and transferred to Wilson domestic airport to board your flight. On arrival at Loisaba you will be transferred by safari vehicle to Sosian lodge.

After being shown to your cottage, you can either relax for the afternoon or go for your first ride to blow the cobwebs away.

NB. Please note that this is a sample itinerary and the actual itinerary is flexible depending on your wishes.

Day 3 — 3: SOSIAN LODGE

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This programme is extremely flexible: you can choose to ride every day, or go for a walking safari, a jeep safari, go fishing or perhaps even go on a camel ride (yes, you read that correctly)! You are free, and very welcome, to organise your days as you please.

Whatever you choose, you are guaranteed an incredible experience. For your safety, you will be accompanied by professional, armed guides.

Activities at Sosian Lodge include:

- Riding safaris
- Game drives (night and day drives)
- Walking safaris
- Camel riding
- River and fishing
- Birding
- Cultural experiences and village visits
- Cattle ranching

Day 4 — 4: SOSIAN LODGE

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Horse riding is a wonderful way to see the bush and Sosian is one of the best places in Kenya to do this. The varied terrain makes it interesting riding, through rivers, along tracks and across more open country, where you can canter, jump and gallop. Riding is a peaceful and yet exciting way of becoming part of the landscape and experiencing the surroundings. Rides tend to be 2-3 hours in the morning and/or evenings, with groups no bigger than 8 riders. Guests are lead by an experienced guide, plus a back up rider/groom. We can also cater for young children and novice riders with short rides close to the lodge and simple lessons in the fenced arena.

Day 5 - 5: SOSIAN LODGE

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Your days are tailored to you, but an early morning ride to a bush brunch will not disappoint. Whilst the horses cool off under an acacia tree, you can enjoy delicious home cooked food to fuel you until your next meal! Sosian is blessed with large numbers of elephants as well as buffalo, hippo, giraffe, zebra, many antelope and all of the big cats. Leopard and lion sightings are regular and Sosian has also become known for its healthy populations of the endangered wild dog, with excellent viewing opportunities. Riding with wild dog is a rare and exciting privilege for those lucky enough to experience it.

Day 6 — 6: SOSIAN LODGE

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Fancy a break from the saddle today? Sosian is situated at a junction of many different tribal areas in Northern Kenya, a very diverse area rich in traditions and untouched by western development. Samburus, Pokots, Turkanas and many smaller tribes live in the area and by special arrangement guests at Sosian may pay a visit to a local village.

For the keener riders we can offer a 1-night fly camp with the horses. Leaving the lodge after lunch we ride approximately three hours north, exploring the rivers and escarpments along the way, arriving at our fly camp that evening, in time for a sundowner. With simple tents, a long drop loo and a traditional hot safari shower, guests can settle in for the night with a bush dinner and then fall asleep to the sounds of the African bush. The following morning we get up early, have some tea and then head out across the plains on the horses. Riding back southwards towards the lodge, we stop for a bush breakfast before riding back into the lodge in time for lunch at the pool and a chance to cool off after the long morning's ride.

Day 7 — 7: SOSIAN LODGE

You can choose to ride all day if you'd like or you are welcome to split your day into a morning ride and afternoon out of the saddle.

Walking is the most intimate way to explore the bush. Led by an experienced walking guide you will learn how to follow animal tracks, recognize dung, insects, flora and fauna and all the other tiny details that you might miss from a vehicle. We also have lions and wild dogs which are collared by the Laikipia Predator Project, which means we can go out with a tracker and find them. You don't have to be super-fit to enjoy walking, which can be from 20 minutes to 2 hours depending on how you feel.

Day 8 — 8: SOSIAN LODGE - NAIROBI

One last morning activity if your flight plans allow. Perhaps one last game drive? Game drives at Sosian are in open 4x4 land cruisers with specially raised seats to allow the best wildlife viewing. Early mornings and late afternoons are the best times to go, as the wildlife is most active when it is cooler. The middle of the day is also a wonderful time to look for herds of elephants cooling off and playing in the mud on the rivers.

Departure in the afternoon and flight to Nairobi. Transfer from Wilson airport to the international airport for your flight home.

Day 9 — 9: NAIROBI - HOME

Arrive home.

DATES & PRICES				
DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS	
01/06/2024	09/06/2024	£4,750	Open	
08/06/2024	16/06/2024	£4,750	Open	
15/06/2024	23/06/2024	£4,750	Open	
22/06/2024	30/06/2024	£4,750	Open	
29/06/2024	07/07/2024	£5,476	Open	
06/07/2024	14/07/2024	£5,476	Open	
13/07/2024	21/07/2024	£5,476	Open	
20/07/2024	28/07/2024	£5,476	Open	
27/07/2024	04/08/2024	£5,476	Open	
03/08/2024	11/08/2024	£5,476	Open	
10/08/2024	18/08/2024	£5,476	Open	
17/08/2024	25/08/2024	£5,476	Open	
24/08/2024	01/09/2024	£5,476	Open	
31/08/2024	08/09/2024	£4,750	Open	
07/09/2024	15/09/2024	£4,750	Open	
14/09/2024	22/09/2024	£4,750	Open	
21/09/2024	29/09/2024	£4,750	Open	
28/09/2024	06/10/2024	£4,750	Open	
05/10/2024	13/10/2024	£4,750	Open	
12/10/2024	20/10/2024	£4,750	Open	
19/10/2024	27/10/2024	£4,750	Open	

26/10/2024	03/11/2024	£4,750	Open
02/11/2024	10/11/2024	£3,536	Open
09/11/2024	17/11/2024	£3,536	Open
16/11/2024	24/11/2024	£3,536	Open
23/11/2024	01/12/2024	£3,536	Open
30/11/2024	08/12/2024	£3,536	Open
07/12/2024	15/12/2024	£3,536	Open
14/12/2024	22/12/2024	£3,698	Open
21/12/2024	29/12/2024	£5,718	Open
28/12/2024	05/01/2025	£5,718	Open

Price details

PLEASE NOTE - AVAILABILITY AT SOSIAN LODGE CAN CHANGE ON A DAILY BASIS. If no rooms are available over the listed dates, we may offer slightly different arrival/departure dates or offer rooms of a different standard. Please contact us for an accurate quotation.

- International and domestic flights are not included but can be booked upon request.
- Prices are based on sharing a twin/double room in a lodge room. Reserve entry fees are included.
- Return transfers from Nairobi to Sosian are included (road transfer from JKIA airport to Wilson airport, and light aircraft transfer to Sosian and back).
- Dates are flexible and you can arrive/depart on any day and stay for as long as you like. The above dates are purely to show an example. The rates are based on a 6-night stay and as such benefit from a long-stay rate the nightly rate for shorter stay might be a little higher. Please contact us for a quote.
- Genuinely solo travellers will be given a single room at no extra cost.
- There are discounts for children sharing rooms with their parents. Please contact us. The minimum age for bush riding is 10 yo unless child is particularly experienced. Short lead rein hacks and lessons in arena available to younger children.
- We can offer the fly-camp experience on request for an additional cost of \$100/€85/£70 per person (2023), or \$150/€140/£120.
- Hotel accommodation in Nairobi is not included there are many hotel options available and we can quote according to your preference and budget.

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English-speaking horse guide

INLAND TRANSPORT

Transfers from Nairobi to Sosian Lodge

ACCOMMODATION

Double or twin room in cottage and lodge rooms

MEALS

Full board on safari

EXTRAS

Activities including shared game drives (day and night), guided bush walks, horse riding, fishing, birding, camel rides, village visits, etc.

Conservation fees

Late departure on last day (after 12 noon)

Flying Doctors (AMREF policy) - please note this does not substitute the travel insurance.

Price doesn't include

MEALS

Meals in Nairobi as necessary

ACCOMMODATION

Possible night in Nairobi depending on your airline schedule

TRANSPORTS

International flights

EXTRAS

Tips to the local team

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation Visas and personal purchase

Optional

ACCOMMODATION

Single room supplement - varies depending on the season and room type, please contact us.

EQUESTRIAN INFO

Horses

The Lodge has 26 horses (including children's ponies), many of which are bred at Sosian. Sosian has always ensured a varied string of well-schooled and well-mannered horses. The horses are generally thoroughbred or thoroughbred cross, with the tough native ponies originating from Ethiopia. Besides being stabled at night to protect them from lions, the Sosian horses otherwise live a very natural existence running as a herd during the day.

Guide & local team

Managing the stables is Charlotte who, until moving to Kenya in 2004, had evented and hunted in the UK her whole life. Coming from a racing and eventing family, Charlotte has grown up on the Pony Club and British Eventing circuits. Together with her team of 5 grooms they make sure that all the horses are well schooled, fit, sound and in good condition at all times.

Sosian head guide, plus one groom will always accompany guests riding, and all are experienced riding guides in the bush.

Minimum riding ability

MINIMUM RIDING ABILITY

Riders must have considerable riding experience and be confident at all paces, so that they can handle a horse in open country and cope with close encounters with big game should it arise.

Rider weight limit: 90kg/14st1lb/200lbs

PACE

The pace is mixed to include walk, trot, canter and gallop. When watching game, you will be mainly walking, but there are opportunities for faster riding where the terrain allows.

TACKING ABILITY AND PARTICIPATION

The horses are tacked for you and you can help untack and bring the horses back to their paddock.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

Riding is generally 2-3 hours in the mornings and/or afternoons and riders can spend up to 6 hours per day in the saddle. If you wish to ride all day, you must be riding fit in order to copie with long hours in the saddle.

You ride in groups of approx. 6-8 riders per ride, although private groups can be larger.

EQUESTRIAN EQUIPMENT

Horses are ridden in English tack.

Helmets are mandatory. We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

TRAVEL INFO

COMFORT

Sosian is an elegant yet informal lodge offering a friendly home-from-home atmosphere. Today the original ranch house is now the centre piece of Sosian Lodge, made up of a large sitting room, dining room, bar and billiards room, with an expansive wrap around veranda, offering undisturbed views of the bush beyond. The bedrooms (eight in total) are spaced out across the lodge gardens. The swimming pool is a popular place at Sosian and is the ideal way to cool off after a long & dusty game drive!

There is reliable wifi available in the main mess area. Phone signal can be intermittent.

MEALS

The lodge offers an outstanding dining experience. Being so remote, popping into town is not always very easy, so over the years they have nurtured their own extensive kitchen garden, and have become largely self sufficient, growing their own salads and vegetables. They also rear their own pigs and source high quality, farm fresh beef, chicken and lamb from our neighbours.

The lodge can cater for any dietary requirements for all the family.

CLIMATE

The weather in Kenya is fine all year round with little seasonal variation.

The long rains fall in April and May and the short rains in November. During the day it will get hot while at night temperatures can drop quite sharply and it can feel cold.

February, March, and April are the hottest months with an average of 20-21° C in the day and maximum of up to 27° C.

The temperatures in May are around 19 ° C.

The coldest months are June, July, August with temperatures between 16 and 17° C with a maximum of 25° on better days .

Temperatures in September are around 18° C.

October, November, December and January have daytime temperatures around 19-20 $^\circ$ C and 26 $^\circ$ C on better days.

TIPS

If you wish to leave a tip at the end of your stay this is at your own discretion. Tips are accepted in any denomination and there is a tip box at each property into which you may place your chosen amount. This is then shared amongst all staff, both back and front of house who all work hard to make your stay special. Recommended amounts are \$15-20 per room per night. Driver guides are tipped separately and directly and a recommended amount is \$15-20 per day.

PACKING LIST

NB: Please be aware that Kenya has a strict law against single use plastic bags, which have been banned since 2017. Please do not use them for any of your packing and do not bring them into the country.

There is a 15kg luggage limit, but toiletries, towels, dressing gowns and hairdryers are all provided and there is a laundry service.

Head

- -Equus Journeys strongly recommend that you wear a riding helmet and that you take your own to ensure a correct fit.
- Sunhat for when not riding
- Sunglasses with a cord attached so they don't fly off when riding
- Buff or bandana

Upper body

- Long sleeved shirts provide protection from the sun and thorns
- T-shirts
- Fleece, jumper or jacket the evenings can be cold
- Waterproof jacket the rains can be difficult to foresee and it's better to be prepared.
- Casual clothes for the evening

Legs

- Lightweight, comfortable riding trousers or jodhpurs we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Shorts for lazy lunchtimes
- Casual clothes for the evening

Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps to protect against thorns. We don't recommend taking your favourite long leather boots in case they get damaged
- Sandals, flip-flops or trainers for moving around the lodge and camp
- Gloves your hands are particularly exposed to the sun whilst riding

Nightwear

Other useful items

- Swimsuit for plunge pools
- Binoculars for viewing game
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding
- Insect repellent and bite relief cream

Medical kit

- Sunscreen and lip balm must be high factor
- Insect repellent, preferably containing deet
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Anti malarial tablets and Yellow Fever Certificate if required (check with your doctor)

Our Recommendations

- Please don't take a hard sided suitcase. Your luggage should be soft sided, particularly for light air transfers. There is usually a luggage limit of 15kgs for the light aircraft transfer.
- Wherever possible you should wear neutral colours, such as beige, brown or natural bush colours for riding as bright colours, such as red, yellow or white can startle the wildlife and they will see you long before you've seen them
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage then if your luggage goes astray you are still able to ride!

SUSTAINABLE TOURISM

- 1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
- 2. Reduce plastic waste. Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.

- 3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
- 4. Choose your experiences carefully. Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
- 5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
- 6. Share! Raise awareness among your family and friends about sustainable tourism.

For more information please see this page.