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# The Riders of Essaouira

#### **MOROCCO**

This horseback trail ride crosses several landscapes: Argan forests, sand dunes, wild beaches and ocean cliffs offering panoramic views across the ocean. After exhilarating beach rides the trail ends at the little fishing village of Essaouira, famed for it's white alleyways. Morocco as you have never seen it!

Trail Riding \Bar{B} 8 days / 5 riding \Bar{B} From £990 \Bar{D} \Bar{D} \Bar{D}







#### **ITINERARY**

## Highlights

- Ride traditional Moroccan Barb and Arabian stallions which are well schooled and well balanced.
- $\hbox{-} Temperate \ climate, particularly \ pleasant \ during \ the \ summer \ months.$
- Gallops on long deserted beaches. The coastline is known for being windy so is not popular with sunbathers, meaning that the beaches are perfect for riders.
- One night in a riad in the medina of Essaouira with free time to explore the city.
- Two nights in Marrakech to discover the city and its medina
- High level of service whilst camping during the ride

## Day 1 - 1: LONDON - MARRAKECH

International flight to Marrakech from the UK (not included).

You will be met on arrival at the airport and transferred to your hotel where you meet the rest of the group over dinner. Welcome in the airport and transfer to your hotel.

## Day 2 - 2: MARRAKECH - IMSSOUANE - TISSILA - 2 hours riding

(zz Moroccan Camp

You will be met in the hotel reception at c. 8am for the road transfer bus to Imssouane (c. 4h30 drive). There you will meet the equestrian team and have lunch. You will then have your first short ride to ensure everyone is happy with their horses. This ride crosses an Argan forest - a typical Moroccan tree famous for its Argan oil - before reaching your campsite at Tissila.

Please note that this trail may also run in reverse.

## Day 3 — 3: TISSILA - TIMZGUIDA - TAFADNA - 6 hours riding

(zz Moroccan Camp

Today is a long days ride as you meander between the forest and the beach. You continue riding through the Argan forest, passing typical Moroccan villages along the coastline. Ride along the river channel of oueds which is sacred to local Berbers before arriving at Tafadna beach. Camp near to a fishing village.

## Day 4 — 4: TAFADNA - IFTANE - 5-6 hours riding

( Moroccan Camp

Start the day by riding along the cliff with only the sea on the horizon. Descend to the beach for lunch and then in the afternoon ride to the tomb of a marabou. Camp is set up on the cliffs of Iftane high above the ocean.

## Day 5 — 5: IFTANE - SIDI KAOUKI - 5 hours riding

(zz Moroccan Camp

Todays ride follows narrow paths and pleasant tracks with a succession of beaches and forests before riding through sand dunes. Continue riding inland through more Argan forests until, at the end of the afternoon, arriving on Sidi Kaouki beach for a final fast gallop. Camp on the beach.

## Day 6 — 6: SIDI KAOUKI - GHASSOUAL - ESSAOUIRA - 2 hours riding

You leave the ocean behind and ride through thuyas woodland to the little city of Ghassoual. After this morning ride there is time for lunch and to say goodbye to your horses nefore being transferred to Essaouira (c. 30 min drive). After settling into your hotel there is free time to explore this city. Dinner is either a the hotel or in a restaurant within the medina with your guide.

## Day 7 — 7 : ESSAOUIRA - MARRAKECH

The morning is again free to explore Essaouira, its harbour and medina. After lunch in Essaouira you transfer back to Marrakech (c. 2h30 drive) for a final night in a hotel and dinner in town.

## Day 8 — 8: MARRAKECH - LONDON

Transfer to Marrakech airport for your flight back to the UK.

DATES & PRICES					
DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS		
09/06/2024	16/06/2024	£1,000	Guaranteed departure		
16/06/2024	23/06/2024	£1,000	Open		
23/06/2024	30/06/2024	£1,000	Open		
30/06/2024	07/07/2024	£1,000	Open		
07/07/2024	14/07/2024	£1,060	Open		
14/07/2024	21/07/2024	£1,060	Open		
21/07/2024	28/07/2024	£1,060	Open		
28/07/2024	04/08/2024	£1,060	Open		
04/08/2024	11/08/2024	£1,060	Open		
11/08/2024	18/08/2024	£1,060	Open		
18/08/2024	25/08/2024	£1,060	Open		

25/08/2	01/09/202	£1,060	Open	
01/09/2	08/09/2024	£1,060	Open	
08/09/2	15/09/2024	£1,060	Open	
15/09/2	024 22/09/202	£1,060	Open	

## Price details

- Flights to your destination (international/domestic) are not included, but can be booked on request please contact us for rates.
- Rates are per person, based on two riders sharing a twin or double room/tent.
- Groups are composed of a minimum of 3 international riders and a maximum of 10 riders, plus guides.
- Please note: the ride will also confirm for 2 riders on payment of a supplement of c. €440/£380/\$460 per person. Once the group has reached 3 people, we will remove this supplement from your invoice and refund you if you have already paid it.
- There is no single supplement if you are willing to share a room/tent with another guest of the same sex. To guarantee your own room/tent there is a single supplement of €140/£120/\$150.
- Transfer is included for an arrival in Marrakech before 4:00 pm on the first day (transfer is leaving at 5:00 pm) and after 12:00 noon from Marrakech on the last day. For flights not matching the transfer times, a private transfer can be organised at an extra cost of €25/£20/£30 each way.
- Rider weight limit: 90 kilos, 14st1lbs. Heavier riders please contact us.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

## Price includes

### **SUPPORT TEAM**

1 English-speaking horse guide

1 groom

### LOGISTIC

1 cook

1 horse equipped with saddle and bridle per rider

1 vehicle and driver

### **INLAND TRANSPORTS**

Transfers from the airport if your arrival date/ times match the rest of the group. Otherwise count appr. £15/transfer. Private bus or Landrover

### **ACCOMMODATION**

2 person tents and foam mattress

Double/triple room in hotel standard 3/4\* in Marrakech

#### **MEALS**

Filtered or bottled water

Full board from dinner on day 1 to last breakfast on day 8

## **ADDITIONAL EQUIPMENT**

First aid kit

## Price doesn't include

#### **MEALS**

Lunches are not included on day 1 and day 8 depending on your departure time

Beverages (except during the trek) and personal extras

### **TRANSPORTS**

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International flights

#### **EXTRA**

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Small group supplement. See the price details above

#### **EXTRA**

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Tips to local team

#### **INSURANCE**

Cancellation and travel insurances are not included. Please note that insurance is mandatory. We recommend to take out an insurance policy as soon as your travel is booked in case of cancellation.

## **Optional**

### **ACCOMMODATION**

Single room/tent supplement (see price details)

#### **EQUESTRIAN INFO**

## Horses

The horses are all Barb Arabs or Arabian stallions. They are tough and keen but sensible and sure-footed across the varied terrain. As they are stallions, they do need be handled with softness and you do have to maintain distance from the other riders, but they are well schooled. Their average height is 15 hands.

## Guide & local team

You will be guided by local Moroccans who are familiar with the horses and the landscape. They will be accompanied by grooms. At least one of the guides will speak English but the grooms may only speak French and Arabic.

## Minimum riding ability

#### MINIMUM RIDING ABILITY

You need to be a competent rider, capable and in control in all paces. You must be able to rise to the trot and canter in a forward seat. It is also important to be a confident rider as you will be riding stallions.

Please note that the horses are only c. 15hh so if you weigh over 90kg or are taller than 6ft 5inches then please contact us before booking so that we can check there is a suitable mount for you.

#### **PACE**

There is a lot of walking on this trail, however there are opportunities to trot and canter each day where the terrain allows. The long beaches with hard sand are perfect for gallops.

Please note that canters are always in single file due to the fact you are riding stallions.

#### TACKING ABILITY AND PARTICIPATION

You will be expected to assist with grooming, tacking up and untacking your horse each day whilst out on the trail. It would also be appreciated if you could help with camp tasks such as putting up tents or watering and feeding the horses.

## TRIP CONDITIONS AND REQUESTED EXPERIENCE

You need to be physically fit for long hours in the saddle (c. 6 hours) in the African sun and at high altitudes. The climate is pleasant, particularly from June to October. Temperatures are cooler along the coast than inland due to ocean winds but it can still be hot and very sunny in summer. Some short storms)can occur.

Having previous experience of riding a trail of several days would be an advantage but it is not compulsory. Guests who do not ride regularly are requested to get fit prior to the ride. It is of particular importance to ensure you are comfortable and balanced when riding at speed across rough terrain and open spaces.

Visiting a new country offers the opportunity to meet other cultures with different mentalities, therefore it is important to accept these differences and respect the local way of life.

## **EQUESTRIAN EQUIPMENT**

Forestier trail riding saddles and comfortable tack.

Saddlebags are provided.

We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit.

### **TRAVEL INFO**

#### COMFORT

Essaouira: riad/villa with twin or triple rooms, each with private bathroom.

Marrakech: 3 or 4 star hotel with twin or triple rooms.

Whilst camping, you stay in two person tents with mattresses (you must bring your own sleeping bag). There is a communal tent for dining, a shower tent with hot water (morning/evening) and a toilet tent.

Please note: the camping authorisations are submitted in advance to the local authorities. They are not always processed on time before the ride, which may result in a change of accommodation from camping to (basic) gite accommodation.

#### **MEALS**

A cook travels with you and prepares all of the meals. You will usually have a cold lunch and a hot evening meal when camping. Meals are typical Moroccan cuisine.

Water is provided but you should bring your own bottle.

Special diets can be accommodated, however please note that some foods can be difficult to find in Morocco. Certain diets may incur a supplement (gluten-free diets can be accommodated at a supplementary charge of €100/£90/\$110 for instance). All dietary requirements must be specified at the time of booking.

#### **CLIMATE**

Being a coastal city, Essaouira enjoys a mild climate throughout the year. There are often coastal breezes along the Atlantic coast to cool things down too.

Temperatures are c. 30c during the day in summer and c. 22c in spring and autumn. In winter the wind can make it feel colder, The sea temperature is usually 20-22c between June and October.

Marrakech has a Mediterranean climate which is usually hot summers and a clear blue sky, with cold winters. The best season to visit this city is Spring/Autumn when the temperatures are pleasant all day (22-30c).

### TIPS

It is customary, as a sign of thanks to tip the local team. We recommend a tip of €50/£45, but you should give what you feel comfortable with. We recommend giving the tips to your guide who can distribute them amongst all of the staff members.

### **PACKING LIST**

Head

-Equus Journeys strongly recommend that you wear a riding helmet and that you take your own to ensure a correct fit.

- -Sunhat for when not riding
- Sunglasses with a cord attached so they don't fly off when riding
- Buff or bandana

#### Upper body

- Long sleeved shirts provide protection from the sun and dust
- T-shirts
- Fleece, jumper or jacket the evenings can be cold
- Waterproof jacket the rains can be difficult to foresee and it's better to be prepared. Layering is key to cope with the fluctuations in temperature between day and night
- Casual clothes for the evening

#### Legs

- Lightweight, comfortable riding trousers or jodhpurs we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Shorts for lazy lunchtimes
- Casual clothes for the evening

#### Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps as long chaps/long boots can get very hot.
- Sandals, flip-flops or trainers for moving around the camp
- Gloves your hands are particularly exposed to the sun whilst riding

#### Nightwear

- Thermals are a good option for sleeping in, or a t-shirt and shorts for warmer nights
- A woolly hat when camping (desert nights can be cold)
- Sleeping bag we recommend a comfort factor of 2-5c (Oct-Nov and Feb-April) and minus 5 minus 8 for Dec/Jan. We also recommend taking a silk or fleece liner for an extra layer

#### Our Recommendations

- Please don't take a hard sided suitcase. Your luggage should be soft sided and you should pack it into two bags if it weighs more than 15kg so it's easier for the team to transport between camps
- Take a second, smaller bag to pack things you may need during the day such as a book or suncream then you can easily access it during the long lunch break
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage then if your luggage goes astray you are still able to ride!

### Other useful items

- Swimsuit
- Towel. Camping towels will pack lighter and dry more easily
- Sarong (for going to/from the shower tent)
- Water bottle (1.5 litre or two x 1 litre)
- Hand sanitiser
- Wet wipes for when showers aren't possible
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding
- Headtorch or small torch for moving around camp at night
- Toilet paper and small plastic bags for taking rubbish away

## In your luggage

- Any liquids, such as shampoo, moisturiser, deodorant unless they are less than 100ml and all bottles can fit in a small, clear, plastic ziplock bag.
- Small penknife

## In your hand luggage

- Any valuables, such as your camera, ipod, ipad etc.
- Your riding hat

#### Medical kit

- Sunscreen and lip balm must be high factor
- Insect repellent
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Rehydration sachets (dioralyte or similar)
- Spare prescription glasses/contact lenses
- Ear plugs, particularly if you are a light sleeper

- Micropur or similar water purification tablets

#### **SUSTAINABLE TOURISM**

- 1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
- 2. **Reduce plastic waste.** Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
- 3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
- 4. Choose your experiences carefully. Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
- 5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
- 6. Share! Raise awareness among your family and friends about sustainable tourism.

For more information please see this page.